

### **Squadron Priorities**

- 1. Readiness/Qualification/PME Training
- 2. Family Day Participation
- 3. October Exercise Prep

## **Commander's Priorities**

- 1. Family Day Participation
- 2. Fitness
- 3. October Exercise

## **Organizational Climate Survey**

Survey extended to June 26, 2016

Everyone needs to complete the MXS
Organizational Climate Survey during May Drill.
The CC takes your feedback serious and will brief
the results to the squadron over the summer.
You can access the survey by going to this Web
site:

https://www.deocs.net/user4/login/login02.cfm Access Code - 1578492xBsQuY

# **Fitness Assessments**

Arrive 15 minutes prior to your scheduled time!

If unable to attend your scheduled time due to another mandatory appointment, then show up for the next scheduled fitness assessment. Don't be a NO SHOW!

Bring current or expired 469 if applicable.

| Saturday, 0630  |                 |         |  |
|-----------------|-----------------|---------|--|
| Byars           | Cash            | Conroy  |  |
| Criger          | Fairless        | Fields  |  |
| Haemker         | Hobbs           | Johnson |  |
| Kennedy         | Kline           | Lopez   |  |
| Ogrodnik        | Putman, Nicolas | Ralston |  |
| Rinehart        | Robbins         | Russell |  |
| Saba            | Stoskopf        | Tillery |  |
| White           | Williams        |         |  |
| Saturday – 0930 |                 |         |  |
| Burt            |                 |         |  |

# **Schedule of Events**

## Saturday, 25 June

| 0730-0800 | MXS/CC Call               | MXS Classroom    |
|-----------|---------------------------|------------------|
| 0730-1100 | Immunizations             | Navy Clinic      |
| 0730-1200 | PHA Appointments          | Navy Clinic      |
| 0800-1000 | Fitness Testing           | CE MPR           |
| 0800-1100 | Gas Mask/QNFT Fit Testing | Bldg 1740        |
| 1000-1230 | SMSgt Eugene Retirement   | MXS Classroom    |
| 1300-1400 | October Deployers Meeting | MXS Classroom    |
| 1300-1600 | CDC/PME Testing           | MSF Testing Room |
|           |                           |                  |

## Sunday, 26 June - FAMILY DAY

| 0730      | Roll Call for "Stay Behinds" | MXS Classroom         |
|-----------|------------------------------|-----------------------|
| 0900-1200 | CDC/PME Testing              | MSF Testing Room      |
| 0930-1000 | Chapel Services              | Six Flags Picnic Area |
| 1000      | Roll Call for Six Flags      | Six Flags Picnic Area |

All Events and Appointment times are subject to change. Contact your supervisor for the most up-to-date information.

# Commander's Corner

Maintenance Professionals,

Over the past month, I did something that might surprise you...I went to mental health. Following my car wreck on 30 April, I experienced weeks of severe pain and sleepless nights. We never really know how a significant trauma will affect us mentally, whether in combat or in a vehicle. Initially, despite my situation, going to mental health did not occur to me. Instead, it took a friend's prompting. I was talking to another Lt Col in our wing and then he shared details of his own major car accident months before. He said, "You might want to give Ms. Lynn a call. You're dealing with a lot, and she had some great advice when I talked to her about my accident." So, I got in touch with Ms. Kathryn Lynn, our wing Mental Health Counselor, and she really did help.

#### A few lessons for us:

- 1) First, I went to mental health...and I am still the MXS/CC. If you didn't believe it before, I'm here to tell you it's a fact. My career wasn't affected at all, and the same is true for almost every other Airman who seeks mental health services.
- 2) Next, I didn't just go. A friend and wingman encouraged me to go. You are a friend and peer to MXSers I can't reach, even as the CC. Why? Because I'm not an E-4, an aircraft maintainer, a big mountain biker or (fill in the blank) like the person we need to reach, but <u>you are</u>. You have a circle of influence in this unit I don't have. By overlapping all of our circles, we create a great blanket of MXS resiliency.
- 3) Finally, if someone suggests you might benefit from visiting mental health or other support services, take the time to consider that recommendation seriously. We all have blind spots and sometimes others can see things we can't see.

The only true failure is NOT getting help when you need it. If you need to speak to a counselor for any reason, I strongly urge you to contact Ms. Lynn at 817-852-3597 or kathryn.a.lynn2.civ@mail.mil.

Most Respectfully,



Lt Col Walters

# Medical

|                                   | PHAs, Saturday                        |                |               |            |                  |  |
|-----------------------------------|---------------------------------------|----------------|---------------|------------|------------------|--|
| 0830                              | Hanna                                 | ıh             |               |            |                  |  |
| 0930                              | Hillrich                              | าร             | Shaw          |            |                  |  |
| 1000                              | Martin                                | ez             |               |            |                  |  |
|                                   | DOCTOR                                | APPOINT        | MENT, Saturd  | ay (       | 730              |  |
| Cooper (N                         | vloon)                                |                |               |            |                  |  |
| DOCTOR APPOINTMENT, Saturday 0815 |                                       |                |               |            | 0815             |  |
| Perrien (                         | (ellenberger)                         |                |               |            |                  |  |
|                                   | DOCTOR                                | APPOINT        | MENT, Saturd  | ay (       | 0900             |  |
| Nabors (0                         | Gibson)                               |                |               |            |                  |  |
|                                   | DOCTOR                                | <b>APPOINT</b> | MENT, Saturd  | ay (       | 0945             |  |
| Sigler (Va                        | tt)                                   | Smith (K       | (ellenberger) |            | Stoskopf (Walsh) |  |
|                                   |                                       |                |               |            |                  |  |
|                                   |                                       |                |               |            |                  |  |
|                                   | OTHER MEDI                            | CAL APPO       | INTMENTS, Sa  | tur        | day 0730         |  |
| Darnell                           |                                       | Henders        | on, Scott     |            | Karley           |  |
| Lopez                             |                                       | Martine        | ez Pierce     |            | Pierce           |  |
| Saba                              |                                       | Schneck        | k Sedlak      |            | Sedlak           |  |
|                                   | LAB A                                 | PPOINTM        | ENTS, Sunday  | 073        | 80               |  |
| Camenzind                         |                                       | Freemar        | n, C          | Griffin    |                  |  |
| Henderson, C                      |                                       |                |               |            |                  |  |
|                                   |                                       | OVERDU         | JE DENTAL     |            |                  |  |
| Boudwin                           |                                       | Burt           |               | Ca         | sh               |  |
| Conroy                            |                                       | Cooper         |               | DiazMuller |                  |  |
| Eugene                            |                                       | Fairless       |               | Fields     |                  |  |
| Freeman, C                        |                                       | Freemar        | n, W          | Gallegos   |                  |  |
| Haglund                           |                                       | Handley        |               | На         | nnah             |  |
| Karley                            |                                       | Kissinge       | r             | Kline      |                  |  |
| Loyd                              |                                       | Martine        | z             | Ogrodnik   |                  |  |
| Perrien                           | · · · · · · · · · · · · · · · · · · · | Ralston        |               | Robinson   |                  |  |
| Slaughter                         |                                       | Tillery        |               | W          | Vesoly           |  |

| WEB HA OVER                                     | DUE: https://imr.afms | .mil/imr/MyIMR.aspx |  |
|---|-----------------------|---------------------|--|
| Boudwin   | Eugene                | Loyd                |  |
| Salisbury                                       |                       |                     |  |
| WEB HA DUE: https://imr.afms.mil/imr/MyIMR.aspx |                       |                     |  |
| Burt  | Camenzind             | Gurrobat            |  |
| Harris  | Henderson, C          | Putman, Noah        |  |
| Roark   | Vetter                |                     |  |
|   |                       |                     |  |
|   |                       |                     |  |
|   |                       |                     |  |
|   |                       |                     |  |
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|   |                       |                     |  |

## **Announcements**

# NEW INFORMATION ASSURANCE FORMS REQUIRED MANDATORY SUSPENSE IS SEPTEMBER 30, 2016

As a result of a Communications Flight (CF) audit, it has come to the Wing's attention that all users within the wing are required to have the newest revision of the DD Form 2875 and AF Form 4394 for Information System access.

Due to the evolving requirements with handling Personally Identifiable Information (PII), the CF is required to minimize the PII that is held on forms in their file plan. The depreciated versions of the network access paperwork contain fields that record Member's Social Security Numbers. We are required to replace these forms with the versions that utilize EDIPI (DoDID) numbers in lieu of SSNs.

Users that currently have old versions of the above forms with SSNs versus DoDID, are required to submit new DD Form 2875's and AF Form 4394's so that their old forms may be purged from the file plan. Once complete and signed electronically, submit to your Supervisor for signature and routing.

BOTTOM LINE: If Comm does not have both of your updated forms before September 30, your account will be deactivated.

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# **UPCOMING FY16 DRILLS**

July 2016 RSD: 23-24

Aug 2016 RSD: 27-28

Sept 2016 RSD: 24-25

Oct 2016 WREX: 5-16

All Events and Appointment times are subject to change. Contact your supervisor for the most up-to-date information.

#### ATTENTION RECENT DEPLOYERS

Attached is a list of personnel that need to complete a Deployment Related Health Assessment. There are a total of 5 DHAs per deployment cycle. All recent deployers have been sent an e-mail with instructions on how to complete the DHA.

If you are completing a Post-Deployment Health Assessment, you need to complete the online questionnaire and contact the LHI Call Center at 1-855-544-4642 to finish the assessment. If you have DHA3 Appt, DHA4 Appt, or DHA5 Appt next to your name you have not contacted the Call Center. If you are a new deployer, you must complete the Pre-Deployment Health Assessment (DD 2795) before your Medical Appointment.

If you have any, questions please contact, MSgt Jannell T. Vaughn, Public Health NCOIC at 817-852-3713.

# **FAMILY DAY – JUNE 26**

Six Flags Over Texas – Arlington, Texas

Cost: \$39.99/person \$29.99/person - E1-E5

(Limit 4 at this price)

Package Price Includes: Admission to Six Flags, Meal Deal Voucher, and General Parking

Purchase tickets through your First Sergeant. Pay by cash or make checks payable to 136th Carswell Family GUARDians. Meal Deal Vouchers are available for \$11 to season ticket holders.

All members attending Family Day are required to be present for roll call in order to be paid. See your designated unit rep. Rally point is in the picnic area outside the main gate parking.

0930-1000: Chapel Service

1000: Roll Call – See MSgt Bishop/Maj Chrystal

1030: Gates Open

MXS POCs: MSgt Jon Rinehart, 817-881-0802

**MSgt Corey Perrien, 717-606-7798**