

Texas Military Department Counseling Program

**Informed Consent for Treatment**

\*This intake packet (informed consent, biopsychosocial, and screener forms) *must* be completed and returned to Counselor **24 hours prior** to your scheduled session in order to commence treatment

**Overview:** The Texas Military Department Counseling Program provides short-term clinical services to Texas National and State Guard Service Members (SM). The Texas Military Department Counseling Program staff is independently licensed by state licensure boards to provide professional behavioral health services. They establish a professional relationship between themselves and the Service Member by providing clinical services that may include counseling, assessment, diagnosis, goal setting, crisis management, referral, case management and/or consultation. These services may be offered in an office, public venue or by Telehealth. Telehealth services include video conferencing and telephone calls.

**Client Rights and Responsibilities:**

1. To be treated fairly and with respect
2. To withhold or withdraw consent at any time
3. To stop therapy services at any time
4. To request referral to another counselor
5. To review my chart (following agency procedures)
6. To attend all scheduled sessions
7. To participate in counseling sessions
8. To treat the counselor fairly and with respect

**Attendance Policies:** The Texas Military Department Counseling Program strives to exceed the expectations of all our Service Members--we are dedicated to providing you with the best care and services possible. We also strive to meet your needs by providing convenient appointment times for in-person, telephone or video sessions. Appointments typically last for a "therapeutic hour" of 50-60 minutes. When we schedule an appointment, that time is reserved specifically for you and attendance, as well as arriving on time, for all scheduled appointments is considered important to the successful course of counseling. If there is a need to cancel or reschedule an appointment, we ask that you give **24 hours'** notice. When sufficient notice is not given, it does not give us sufficient time to contact another client who might benefit from the now vacant appointment time. If you encounter consistent scheduling difficulties, please discuss this with your counselor to help identify a solution. If there are **two** instances of failure to provide sufficient notice or arrival to session is 15 minutes or more late, please be aware that this could result in termination from Texas Military Department Counseling Program services.

**The Counseling Process, Benefits and Risks:** Effective counseling can improve your ability to handle or cope with marital, family, and other interpersonal concerns. Counseling can also enhance your own awareness of personal needs, feelings, goals, and other individual concerns. Some of the benefits of counseling may include, but are not limited to: increased maturity, improved self-esteem, and increased personal happiness. Additional benefits of counseling may be seen when specific problems or symptoms are resolved. In working to achieve these potential benefits, however, counseling will require you to make efforts to change and may at times lead to significant emotional discomfort. Remembering and resolving unpleasant events can arouse intense feelings of fear, anger, depression, frustration, and the like. Seeking to resolve interpersonal or relationship problems between family members, marital partners, and other persons can similarly lead to some discomfort, as well as changes in the relationships that were not originally intended. It is important to realize that sometimes relieving anxiety or pain means temporarily increasing the anxiety and pain. It is important to inform your counselor of such experiences so that he or she is aware and can help you to manage the process. Regarding legal or forensic-related requests for treatment, the Texas Military Department Counseling program does not provide any type of specialized counseling services. Concerning legal or related proceedings, including those related to divorce or child-custody, the Texas Military Program will release information with a court subpoena. Additionally, the Texas Military Counseling Program does not complete certain documentation or evaluations, such as but not limited to VA claims, military separation, or determination of fitness for duty. Regarding general access to treatment records, a client may request part or all their records to be used at their own discretion.

**Termination and Continuation of Care:** Texas Military Department Counseling services are voluntary and generally intended for short-term treatment, about 6 months or less unless determined clinically necessary to continue care. Services may be utilized more than once. However, if the cumulative treatment time surpasses one year, then referral to an outside provider for continued care may be discussed with your counselor. Both you and your counselor reserve the right to transfer/terminate services at any time. Such reasons may include but are not limited to treatment goals have been achieved, Texas Military Department Counseling Program is unable to appropriately meet the client's needs, or client does not adhere to responsibilities outlined in this consent. Upon termination of services, counselor will attempt to facilitate a discharge plan with client, including aftercare recommendations and referrals to external providers if needed. Even after terminating from

services, access to the 24/7 Counseling Line at 512-782-5069 remains available to you while you are in the Texas National and State Guard.

**Therapeutic Relationship and Contact Outside of the Office:** The client-counselor relationship is a purely professional one in which appropriate boundaries are maintained, despite the fact that close emotional bonds may develop over the course of treatment. As such, your counselor cannot be involved in a social relationship with you. Additionally, we will not accept invitations to weddings, birthdays, social media accounts, etc. If we run into each other in the community, we typically will not acknowledge you to maintain confidentiality. Because Texas Military Department Counselors' offices are placed within military installations, we may often cross paths with you at work. In those cases, we may acknowledge you by rank or professional job title but will not publicly disclose your participation in counseling services.

**Notice of Privacy Practices:** The Texas Military Department Counseling Program is committed to keeping medical, mental health, and substance use records protected and confidential under state and federal laws, regulations, and ethical mandates (including, but not limited to, 5 U.S.C. 7361, 7362, 7901, and 7904, 44 U.S.C. 3101, Privacy Act of 1974, and NGB Directives and Instructions\*). This notice is being provided to you as a requirement of the Texas Health and Safety Code, Title 7., Subtitle E., Chapter 611. Mental Health Records and two federal laws: the Health Insurance Portability and Accountability Act (HIPAA) 42 U.S.C. §1320d et seq., 45 C.F.R. Parts 160 & 164, and the Confidentiality of Alcohol and Drug Abuse Patient Records, 42 U.S.C. § 290dd-2, 42 CFR Part 2 ("Part 2"). We reserve the right to change the terms of this notice and will post the revised notice and, upon your request, we will give you a copy of the revised notice. The new notice would be effective for any health information that we hold at that time or receive from that time on.

#### *Your Rights Regarding Your Health Information*

- **Confidential Communications:** You may ask that we communicate with you in a particular way, or at a certain location, such as calling you at work rather than at home, to maintain your confidentiality. We cannot guarantee confidentiality when communicating via text or email.
- **Requesting Records:** You have the right to review or receive a copy of the information in your record, when you submit a written request. Under limited circumstances we may deny access to the record, or to portions of the record (for instance, if disclosing the information would endanger you or someone else); you may submit a written request for a review of that decision.
- **Requesting Addendum:** You have the right to request that we amend the records by submitting a request in writing that provides your reason for requesting the amendment. We may deny your request to amend a record; you may submit a written request for a review of that decision.
- **Requesting Restrictions:** You may request, in writing, that we limit our use or disclosure of your health information. We are not required to agree to your request, but if we do agree to it, we will honor your request except when specifically authorized by you, when required by law or in an emergency.

#### *How We Will Use and Disclose Your Health Information*

Disclosure of records shall be prohibited except with the written consent of the Service Member or as otherwise authorized by law and/or Department of Defense instruction. When the SM gives prior written consent to release information, this release specifically indicates the nature and scope of topics to be released, to whom information is to be released, the purpose of the disclosure, and the date on which the consent terminates. With your signed authorization to disclose information\*\*, we may use and disclose mental health, medical and substance use information about you:

- For treatment to manage or coordinate your services and/or continuity of care with your referring Provider.
- For an emergency contact.

\*\*If you choose to authorize use or disclosure, you can later revoke that authorization by notifying us in writing of your decision.

We may use or disclose healthcare information about you *without* your prior authorization for other certain situations per state, federal and Department of Defense requirements. Possible exceptions that mandate release of information are as follows:

- For suspicion of child, vulnerable adult or elder abuse or neglect.
- If a client poses a danger to self or others.
- If there is the possibility of serious risk to mission.
- The disclosure is made to medical personnel in a medical emergency.
- Case consultation with another licensed professional in the department.

- For program audit or evaluation, operations and/or reporting treatment outcomes with minimal PHI.
- In connection with lawsuits or other legal proceedings in response to a valid court order or subpoena.

*Service Member Requirement for Self-Reporting and Provider Mandated Command Notification*

Service Members may be required or mandated to self-report information to a military health care provider or commander. The Service Member is responsible for determining their need to self-report. This is independent of the mandated reporting responsibilities of military treatment providers such as the Texas Military Department Counseling Program. \*Department of Defense Instruction (DODI) 6490.00 requires that the provider report to command any serious risk of harm to self or others and any clinical determination of serious risk to mission. DODI 6490.00 does not replace state and federal laws and regulations regarding confidentiality but does supersede elements of the laws and regulations. Every effort will be made to review with the Service Member intention to notify command prior to the notification. Ideally, the notification will be completed in collaboration with the Service Member. To maintain the greatest amount of confidentiality possible, only the minimum of required information will be released to command. This information, however, may include diagnosis, specific symptoms and legal involvement or other information deemed as clinically necessary to meet the mandate.

**Telehealth Service Considerations:**

1. There can be partial or complete failure of equipment.
2. No permanent video or voice recording is kept of the Telehealth Services session.
3. Video conferencing can only be initiated by the Texas Military Department Counselor.
4. Email and text may be considered part of your medical record.
5. Telehealth Services may not be as complete as face -to - face services.
6. Texas Military Department Counselors will do their due diligence to ensure privacy of Telehealth sessions. Clients are expected to do their best to ensure they are in a safe and private environment for Telehealth sessions, i.e. not driving during sessions and being in a space with minimal distractions.
7. If the Texas Military Department Counselor believes the client would be better served by face-to-face services, the client will be referred to a mental health professional who can provide such services in their area.
8. Certain situations, including emergencies and crises are inappropriate for Telehealth Services sessions. Please contact 988, 911, or visit the nearest Emergency Room if a crisis arises.
9. Instant access to a counselor is not available by email or text services. Telehealth Services and contact via email and/or text are only available during normal business hours, unless other arrangements are specifically made with the Texas Military Department Counselor.
10. Email and text is not a forum for discussing very serious issues or counseling. Therefore, expect brief responses from us until we can talk during your next session. Texting and email should be reserved for appointment updates or minimal communication.
11. The 24/7 TMD Counseling Line, 512-782-5069, does not accept text nor have caller ID. Please leave a voicemail with your name **and** phone number.

**Electronic Communication:**

It may be necessary for you and your counselor to communicate through telephone, text, or email. Regarding the consent for contact, please select **one** of the following options:

I consent to all electronic communication (email, text, voicemail)

I agree to confidential information including that which falls under HIPAA to be left in messages. Exceptions to my consent for electronic communication are as follows:

I do not consent to electronic communication.

**NOTICE TO CLIENTS**

Texas Behavioral Health Executive Council investigates and prosecutes professional misconduct committed by marriage and family therapists, professional counselors, psychologists, psychological associates, social workers, and licensed specialists in school psychology.

Although not every complaint against or dispute with a licensee involves professional misconduct, the Executive Council will provide you with information about how to file a complaint.

Please call 1-800-821-3205 for more information.

Texas Behavioral Health Executive Council  
George H.W. Bush State Office Building 1801 Congress Ave., Ste. 7.300 Austin, Texas 78701  
<https://www.bhec.texas.gov/discipline-and-complaints/index.html> Main Line (512) 305-7700

If you believe that your rights have been violated, please contact the Texas Military Department Counseling Program Manager, the Texas Behavioral Health Executive Council or the Office of Civil Rights. Your services will not be affected in any way if you file a complaint.

To file a complaint with the Office of Civil Rights, call or write: Office of Civil Rights, U.S. Department of Health and Human Services, 200 Independence Ave. SW, Washington, DC 20201 or toll-free phone 1-877- 696-6775.

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I, the client, have read, understand, and consent to the above terms for counseling and agree to initiate clinical treatment with the Texas Military Department Counseling Program.

My signature below also indicates that I have read the notice of privacy policies included in this consent form and that I have been provided an opportunity to ask questions about the program’s privacy practices as they pertain to my protected health information.

Print Name of Service Member & D.O.B.

Signature of Service Member, Date Signed

Print Name of Texas Military Department Counselor, Credential(s)

Signature of Texas Military Department Counselor, Credential(s), Date Signed

Texas Military Department Counseling Program

**CLIENT SELF-REPORT BIOPSYCHOSOCIAL**

**Prior to completing this form, please review the Informed Consent for Treatment**

**Demographic Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Home#: \_\_\_\_\_ Mobile#: \_\_\_\_\_ Work#: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Address City County State Zipcode

Sex (In Deers): Female Male

What is your preferred method of contact? Email Phone

May we leave voicemails? Yes No If yes: Home Work Mobile

Rank: \_\_\_\_\_ Component: TXARNG TXANG TXSG Family Member

Brigade/Wing: \_\_\_\_\_ Years of Service: \_\_\_\_\_ Duty Status: M-Day AGR ADOS

If on current State Active Duty orders, please list mission:

Do you believe your current issues are military service related? Yes No

Commanding Officer Name & Contact #:

Ethnicity: Black/African American White/Caucasian Hispanic/Latino Other

Primary Language: English Spanish Other:

Marital Status (in DEERS): Single Married Separated Divorced Widowed

Emergency Contact Name:

Emergency Contact #: \_\_\_\_\_ Emergency Contact Address: \_\_\_\_\_

Employment: Full-Time Part-Time Looking for Employment Not Employed

Employer: \_\_\_\_\_

Insurance: Yes No If yes, insurance company: \_\_\_\_\_

Mental Health Benefits? Yes No

How were you referred to our program? BH Chaplain Commanding Officer

Community Resource FSS J9 SAPR Self Other

What is your reason for seeking counseling and what are you hoping to achieve?



Current military resources utilized:      VA      Peer Support Group      LOD in place/pending  
Vet Center      TX Substance Abuse Counselor      MEB Pending      Other:

Current or history of military-related disciplinary action(s)?      Yes      No

If yes, provide details (issues, date, disposition):

Current/pending or history of legal involvement or charges?      Yes      No

Current Psychiatric Treatment?      Yes      No

If yes, please provide details (diagnosis, psychotropic medications currently prescribed/taking):

History of outpatient mental health treatment?      Yes      No

If yes, please provide details (timeframes, diagnosis, treatment, was it helpful or not, etc.):

History of inpatient behavioral health hospitalization?      Yes      No

If yes, please provide details (timeframes, diagnosis, treatment, was it helpful or not, etc.):

Family history of mental health related concerns or conditions?

How would you describe your physical health?

Current medical conditions/issues (include any diagnosis and whether treated/managed well):

Current medications and/or supplements prescribed/taking:

History of brain injury, including TBI?      Yes      No

If yes, provide details:

Current alcohol and/or substance use?                      Yes                      No

History of alcohol and/or substance use?                      Yes                      No

If yes, provide details:

Family history of alcohol and/or substance misuse?                      Yes                      No

If yes, provide details:

Any other information that you feel is relevant for your counselor to know at this time:



## General Anxiety Disorder (GAD-7)

NAME:

DATE:

1. Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all sure	Several days	Over half the days	Nearly every day
• Feeling nervous, anxious, or on edge	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Not being able to stop or control worrying	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Worrying too much about different things	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Trouble relaxing	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Being so restless that it's hard to sit still	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Becoming easily annoyed or Irritable	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
• Feeling afraid as if something awful might happen	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
<i>Add the score for each column</i>				
<b>TOTAL SCORE</b> <i>(add your column scores)</i>				
	Not difficult at all	Somewhat difficult	Very difficult	Extremely difficult
2. If you checked off any problem on this questionnaire so far, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Scoring** Add the results for question number one through seven to get a total score.

If you score 10 or above you might want to consider one or more of the following:

1. Discuss your symptoms with your doctor,
2. Contact a local mental health care provider or
3. Contact my office for further assessment and possible treatment.

Although these questions serve as a useful guide, only an appropriate licensed health professional can make the diagnosis of Generalized Anxiety Disorder.

**A score of 10 or higher means significant anxiety is present. Score over 15 are severe.**

### GUIDE FOR INTERPRETING GAD-7 SCORES

Scale	Severity
0-9	None to mild
10-14	Moderate
15-21	Severe

Name:

Date:

## PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the **last 2 weeks**, how often have you been bothered by any of the following problems?

(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
2. Feeling down, depressed, or hopeless	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
3. Trouble falling or staying asleep, or sleeping too much	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
4. Feeling tired or having little energy	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
5. Poor appetite or overeating	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
9. Thoughts that you would be better off dead or of hurting yourself in some way	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

FOR OFFICE CODING 0 + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_  
=Total Score: \_\_\_\_\_

If you checked off **any** problems, how **difficult** have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	Somewhat difficult	Very difficult	Extremely difficult
_____	_____	_____	_____

Name:

Date:

### PCL-5

**Instructions:** Below is a list of problems that people sometimes have in response to a very stressful experience. Keeping your worst event in mind, please read each problem carefully and then select one of the numbers to the right to indicate how much you have been bothered by that problem in the past month.

In the past month, how much were you bothered by:	Not at all	A little bit	Moderately	Quite a bit	Extremely
1. Repeated, disturbing, and unwanted memories of the stressful experience?	0	1	2	3	4
2. Repeated, disturbing dreams of the stressful experience?	0	1	2	3	4
3. Suddenly feeling or acting as if the stressful experience were actually happening again (as if you were actually back there reliving it)?	0	1	2	3	4
4. Feeling very upset when something reminded you of the stressful experience?	0	1	2	3	4
5. Having strong physical reactions when something reminded you of the stressful experience (for example, heart pounding, trouble breathing, sweating)?	0	1	2	3	4
6. Avoiding memories, thoughts, or feelings related to the stressful experience?	0	1	2	3	4
7. Avoiding external reminders of the stressful experience (for example, people, places, conversations, activities, objects, or situations)?	0	1	2	3	4
8. Trouble remembering important parts of the stressful experience?	0	1	2	3	4
9. Having strong negative beliefs about yourself, other people, or the world (for example, having thoughts such as: I am bad, there is something seriously wrong with me, no one can be trusted, the world is completely dangerous)?	0	1	2	3	4
10. Blaming yourself or someone else for the stressful experience or what happened after it?	0	1	2	3	4
11. Having strong negative feelings such as fear, horror, anger, guilt, or shame?	0	1	2	3	4
12. Loss of interest in activities that you used to enjoy?	0	1	2	3	4
13. Feeling distant or cut off from other people?	0	1	2	3	4
14. Trouble experiencing positive feelings (for example, being unable to feel happiness or have loving feelings for people close to you)?	0	1	2	3	4
15. Irritable behavior, angry outbursts, or acting aggressively?	0	1	2	3	4
16. Taking too many risks or doing things that could cause you harm?	0	1	2	3	4
17. Being "superalert" or watchful or on guard?	0	1	2	3	4
18. Feeling jumpy or easily startled?	0	1	2	3	4
19. Having difficulty concentrating?	0	1	2	3	4
20. Trouble falling or staying asleep?	0	1	2	3	4



## WEISS FUNCTIONAL IMPAIRMENT RATING SCALE – SELF REPORT (WFIRS-S)

Name: \_\_\_\_\_ Date: \_\_\_\_\_ DD MM YY

*Circle the number for the rating that best describes how your emotional or behavioural problems have affected each item in the last month.*

		Never or not at all	Sometimes or somewhat	Often or much	Very often or very much	n/a
<b>A</b>	<b>FAMILY</b>					
1	Having problems with family	0	1	2	3	n/a
2	Having problems with spouse/partner	0	1	2	3	n/a
3	Relying on others to do things for you	0	1	2	3	n/a
4	Causing fighting in the family	0	1	2	3	n/a
5	Makes it hard for the family to have fun together	0	1	2	3	n/a
6	Problems taking care of your family	0	1	2	3	n/a
7	Problems balancing your needs against those of your family	0	1	2	3	n/
8	Problems losing control with family	0	1	2	3	n/a
<b>B</b>	<b>WORK</b>					
1	Problems performing required duties	0	1	2	3	n/a
2	Problems with getting your work done efficiently	0	1	2	3	n/a
3	Problems with your supervisor	0	1	2	3	n/a
4	Problems keeping a job	0	1	2	3	n/a
5	Getting fired from work	0	1	2	3	n/a
6	Problems working in a team	0	1	2	3	n/a
7	Problems with your attendance	0	1	2	3	n/a
8	Problems with being late	0	1	2	3	n/a
9	Problems taking on new tasks	0	1	2	3	n/a
10	Problems working to your potential	0	1	2	3	n/a
11	Poor performance evaluations	0	1	2	3	n/a

## Client Name & Date:

		Never or not at all	Sometimes or somewhat	Often or much	Very often or very much	n/a
<b>C</b>	<b>SCHOOL</b>					
1	Problems taking notes	0	1	2	3	n/a
2	Problems completing assignments	0	1	2	3	n/a
3	Problems getting your work done efficiently	0	1	2	3	n/a
4	Problems with teachers	0	1	2	3	n/a
5	Problems with school administrators	0	1	2	3	n/a
6	Problems meeting minimum requirements to stay in school	0	1	2	3	n/a
7	Problems with attendance	0	1	2	3	n/a
8	Problems with being late	0	1	2	3	n/a
9	Problems with working to your potential	0	1	2	3	n/a
10	Problems with inconsistent grades	0	1	2	3	n/a
<b>D</b>	<b>LIFE SKILLS</b>					
1	Excessive or inappropriate use of internet, video games or TV	0	1	2	3	n/a
2	Problems keeping an acceptable appearance	0	1	2	3	n/a
3	Problems getting ready to leave the house	0	1	2	3	n/a
4	Problems getting to bed	0	1	2	3	n/a
5	Problems with nutrition	0	1	2	3	n/a
6	Problems with sex	0	1	2	3	n/a
7	Problems with sleeping	0	1	2	3	n/a
8	Getting hurt or injured	0	1	2	3	n/a
9	Avoiding exercise	0	1	2	3	n/a
10	Problems keeping regular appointments with doctor/dentist	0	1	2	3	n/a
11	Problems keeping up with household chores	0	1	2	3	n/a
12	Problems managing money	0	1	2	3	n/a
<b>E</b>	<b>SELF-CONCEPT</b>					
1	Feeling bad about yourself	0	1	2	3	n/a
2	Feeling frustrated with yourself	0	1	2	3	n/a
3	Feeling discouraged	0	1	2	3	n/a
4	Not feeling happy with your life	0	1	2	3	n/a
5	Feeling incompetent	0	1	2	3	n/a
<b>F</b>	<b>SOCIAL</b>					
1	Getting into arguments	0	1	2	3	n/a
2	Trouble cooperating	0	1	2	3	n/a
3	Trouble getting along with people	0	1	2	3	n/a
4	Problems having fun with other people	0	1	2	3	n/a
5	Problems participating in hobbies	0	1	2	3	n/a
6	Problems making friends	0	1	2	3	n/a
7	Problems keeping friends	0	1	2	3	n/a
8	Saying inappropriate things	0	1	2	3	n/a
9	Complaints from neighbours	0	1	2	3	n/a

## Client Name & Date:

		Never or not at all	Sometimes or somewhat	Often or much	Very often or very much	n/a
<b>G</b>	<b>RISK</b>					
1	Aggressive driving	0	1	2	3	n/a
2	Doing other things while driving	0	1	2	3	n/a
3	Road rage	0	1	2	3	n/a
4	Breaking or damaging things	0	1	2	3	n/a
5	Doing things that are illegal	0	1	2	3	n/a
6	Being involved with the police	0	1	2	3	n/a
7	Smoking cigarettes	0	1	2	3	n/a
8	Smoking marijuana	0	1	2	3	n/a
9	Drinking alcohol	0	1	2	3	n/a
10	Taking "street" drugs	0	1	2	3	n/a
11	Sex without protection (birth control, condom)	0	1	2	3	n/a
12	Sexually inappropriate behaviour	0	1	2	3	n/a
13	Being physically aggressive	0	1	2	3	n/a
14	Being verbally aggressive	0	1	2	3	n/a

<b>DO NOT WRITE IN THIS AREA</b>	
A. Family	
B. Work	
C. School	
D. Life skills	
E. Self-concept	
F. Social	
G. Risk	
<b>Total</b>	

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