



27 MARCH 2025

# LONE STAR

## TF INFO

The Pulse uses your TF input.

Send content submissions and requests to: [ols-ict@sg.tmd.texas.gov](mailto:ols-ict@sg.tmd.texas.gov)

## CHAPLAIN'S CORNER

### Loving Others

Verse Matthew 22:39, "Love your neighbor as yourself."

As we strive to love our neighbors, we remember that we are not doing so by our strength but through God's grace and power. When we lean on Him, we are empowered to love in ways that might seem impossible.

Loving our neighbors requires us to look beyond ourselves and put others first, just as Jesus did. It means showing mercy, offering grace, and being willing to make sacrifices for others' well-being. As we reflect God's love, we become a light in the world, drawing others closer to Him.

Prayer: Dear God, Thank You for Your love and for calling us to love our neighbors as ourselves. Help us to see others through Your eyes with compassion and kindness. Teach us how to serve and care for those around us, even when it's complicated or inconvenient. Fill our hearts with Your love so that it overflows into our actions, reflecting Your goodness to the world. Give us the strength to love all people, just as You have loved us.

By Chaplain Garcia

# PULSE



## NEWS UPDATES



[US Army wants to aggressively amass cheap rockets.](#)

[Chinese satellites rehearsing "dogfighting" maneuvers in low Earth orbit.](#)

[6 Day Op: ICE and law enforcement arrest 370 connected to transnational organized crime, gangs, and egregious illegal alien offenders.](#)

## MILITARY ONE SOURCE

Tax Consultants are available

Monday – Sunday: 0700-1100 (ET) / 1600-2000 (ET)-during tax season

## FREE TAX SOFTWARE\*

## "Get 'em Done"

<https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>

\*Services are good for Active Duty, Army and Air Guard, or reserve that are activated or drilling monthly, their direct DEERS dependents, and those who have separated within 365 days. Does not apply to a Texas State Guardsman who does not meet the above requirements.

### Quick guidance & answers



800-342-9647



Live Chat



Call Us OCONUS



Call us TTY/TDD

g a m e     z o n e



### [The Last of Us Part 2](#)

Console: Windows

Genre: Action Adventure

Release: April 3, 2025

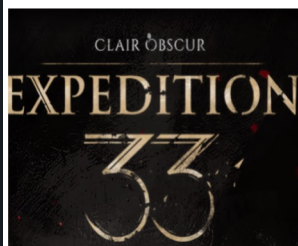


### [Fatal Fury: City of the Wolves](#)

Console: PC, PS4, PS5, Xbox Series X/S

Genre: Fighting

Release: April 24, 2025



### [Clair Obscur: Expedition 33](#)

Console: PC, PS5, Xbox Series X/S

Genre: JRPG

Release: April 24, 2025



### [MotoGP25](#)

Console: PC, PS4, PS5, Xbox

One, Xbox Series X/S, Switch

Genre: Racing

Release: April 30, 2025



[Click here to get help for yourself or a buddy](#)

## B U D D Y C H E C K ! ! PICK A BUDDY TO CHECK ON TODAY.

Some warning signs may help you determine if a battle buddy is at risk for suicide, especially if their behavior is new, has increased, or seems related to a painful event, loss, or change:

- Talking about wanting to die or to kill themselves
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

[Click here to get help for yourself or a buddy](#)

# 988

## SUICIDE & CRISIS LIFELINE

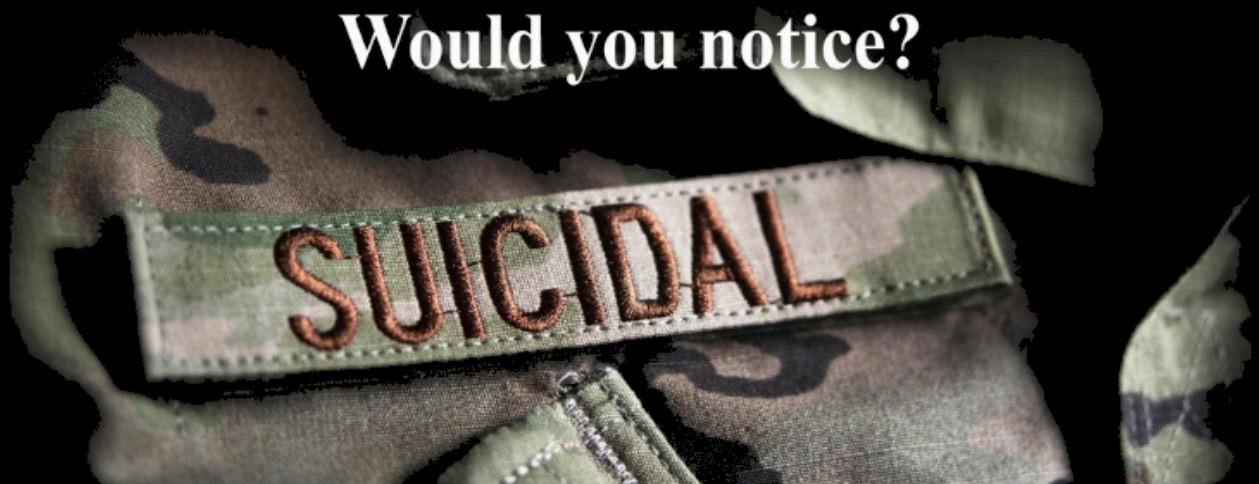
[Click here to get help for yourself or a buddy](#)

### Get in Touch

The 988 Lifeline is for everyone. Through the 988 Lifeline, you have access to free, quality, one-on-one assistance. Our skilled, judgment-free counselors are here to provide compassionate support. You deserve to feel heard and cared about anytime, anywhere, 24/7/365.

## The signs aren't always this obvious.

## Would you notice?







[Click here to access the Joint Task Force Lone Star Standards Book](#)

### JOINT TASK FORCE LONE STAR



#### STANDARDS BOOK

**"Discipline is not instinctive.  
It must be taught, reinforced, and required!"**  
*Author Unknown*

## OLS Workers Comp Injury Report

[Click here  
or scan QR  
to submit  
report](#)



If you believe you sustained a work-related injury, submit your Worker's Compensation Injury Report through this official intake form.

## TMD Counseling Program

Promoting Emotional Wellness, Resiliency and Readiness of our Military Community.

The Texas Military Department Counseling Program can be reached via the counseling line.

**512-782-5069**

The Texas Military Department (TMD) Counseling Program was created to provide free and confidential counseling to Texas Military Service Members, thereby promoting overall wellness. We are located in various cities across the state and are available to meet via telephone, video or in person. What services do our counselors provide?

- Individual counseling
- Counseling Line support
- Traumatic Event Management
- Collaboration with Unit Leadership to promote wellness



Suicide Prevention Lifeline  
**1-800-273-8255**



DOD Safe Helpline  
**1-877-995-5247**



Domestic Violence Hotline  
**1-800-799-7233**



Military One Source  
**1-800-342-9647**

\*\*Military OneSource does not apply to TXSG.

[BEHAVIORAL HEALTH](#)

[JOB OPPORTUNITIES](#)

[SERVICE MEMBER  
SUPPORT](#)

[EDUCATION INFO](#)

[OLS POLICIES](#)



### TF WEST

**5TH ANNUAL**  
**SUN CITY CAR, TRUCK & BIKE SHOW**

**SAT MAR 29 @12PM-4PM**

FOR INFO TEXT  
915-640-0794

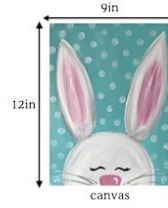
PRIZES  
♦ COOL RIDES  
♦ MODEL CARS  
♦ FOOD TRUCKS  
♦ LOCAL VENDORS  
♦ AND SO MUCH MORE!

VFW Post 10354  
9170 Cananea El Paso TX

#### SUN CITY CAR TRUCK AND BIKE SHOW

MARCH 29, 2025  
12:00 PM - 4:35 PM  
9170 CANANEA EL PASO TX 79907  
[CLICK HERE FOR DETAILS](#)

March 21, 29  
April 17, 18, 19  
11.30am-1pm



#### Bunny Paint Party

~~\$25~~ **20**

BOOK NOW

[www.DIYworkshopEP.com](http://www.DIYworkshopEP.com)

- all supplies included
- add personal touch
- adults and kids (1+yo)

Artspace Gallery  
601 N Oregon St.  
Downtown El Paso  
@diyworkshop.ep

#### Bunny Paint Party

Time: 11:30 AM – 1:00 PM  
Location: 601 N Oregon St, Downtown El Paso  
[Click here for details](#)



\* AMAZING BBQ \* GREAT MUSIC \* AWESOME CAUSE \*

Benefiting Every Little Shining Preschool  
a project of the Down Syndrome Coalition for El Paso,  
Supporting organization of the El Paso Community Foundation.

#### The Whole Hog BBQ Fundraiser

Saturday, March 29, 2025 • 3:00 PM - 8:00 PM MDT  
Grace Gardens  
**El Paso Special Needs Education Center**

[Click here for details](#)



El Paso Chihuahuas  
MARCH 28, 2025  
6:35 PM - 10:00 PM  
1 Ballpark Plaza, El Paso, Texas, 79901

Venue: Southwest University Park  
[Click here for details](#)



#### EPSo PRESENTS THE MUSIC OF JOURNEY

MARCH 29, 2025  
8:00 PM  
125 W MILLS AVE, EL PASO, TX

[CLICK HERE FOR DETAILS](#)



#### CASINO NIGHT 2025

MARCH 29, 2025  
7:00 PM  
2519 N. STANTON  
GET READY TO PLACE YOUR BETS AND RAISE THE STAKES FOR A NIGHT OF FUN, ENTERTAINMENT, AND HIGH-ROLLING EXCITEMENT!

[CLICK HERE FOR DETAILS](#)

### 7 DAY FORECAST FOR YOUR AREA



OLS Rally Point

PAY DATES FY25							
TASK FORCE	Period	Days	Date Paid	1	Period	Days	Date Paid
TF WEST	1 Feb - 26 Feb 25	26	6-7 Mar		27 Feb – 28 Mar	30	4-7 Apr
TXSG	1 Feb - 28 Feb 25	27			1 Mar – 30 Mar	30	