



27 MARCH 2025

LONE STAR

TF INFO

The Pulse uses your TF input.

Send content submissions and requests to: ols-ict@sg.tmd.texas.gov

PULSE



CHAPLAIN'S CORNER

Loving Others

Verse Matthew 22:39, "Love your neighbor as yourself."

As we strive to love our neighbors, we remember that we are not doing so by our strength but through God's grace and power. When we lean on Him, we are empowered to love in ways that might seem impossible.

Loving our neighbors requires us to look beyond ourselves and put others first, just as Jesus did. It means showing mercy, offering grace, and being willing to make sacrifices for others' well-being. As we reflect God's love, we become a light in the world, drawing others closer to Him.

Prayer: Dear God, Thank You for Your love and for calling us to love our neighbors as ourselves. Help us to see others through Your eyes with compassion and kindness. Teach us how to serve and care for those around us, even when it's complicated or inconvenient. Fill our hearts with Your love so that it overflows into our actions, reflecting Your goodness to the world. Give us the strength to love all people, just as You have loved us.

By Chaplain Garcia

NEWS UPDATES



[US Army wants to aggressively amass cheap rockets.](#)

[Chinese satellites rehearsing "dogfighting" maneuvers in low Earth orbit.](#)

[6 Day Op: ICE and law enforcement arrest 370 connected to transnational organized crime, gangs, and egregious illegal alien offenders.](#)

MILITARY ONESOURCE

Tax Consultants are available

Monday – Sunday: 0700-1100 (ET) / 1600-2000 (ET)-during tax season

FREE TAX SOFTWARE*

"Get 'em Done"

Quick guidance & answers

800-342-9647

Live Chat

Call Us OCONUS

Call us TTY/TDD

800-342-9647

<https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>

*Services are good for Active Duty, Army and Air Guard, or reserve that are activated or drilling monthly, their direct DEERS dependents, and those who have separated within 365 days. Does not apply to a Texas State Guardsman who does not meet the above requirements.

g a m e z o n e



The Last of Us Part 2

Console: Windows
Genre: Action Adventure
Release: April 3, 2025



Fatal Fury: City of the Wolves

Console: PC, PS4, PS5, Xbox Series X/S
Genre: Fighting
Release: April 24, 2025



Clair Obscur: Expedition 33

Console: PC, PS5, Xbox Series X/S
Genre: JRPG
Release: April 24, 2025



MotoGP25

Console: PC, PS4, PS5, Xbox One, Xbox Series X/S, Switch
Genre: Racing
Release: April 30, 2025



[Click here to get help for yourself or a buddy](#)

BUDDY CHECK !! PICK A BUDDY TO CHECK ON TODAY.

Some warning signs may help you determine if a battle buddy is at risk for suicide, especially if their behavior is new, has increased, or seems related to a painful event, loss, or change:

- Talking about wanting to die or to kill themselves
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

[Click here to get help for yourself or a buddy](#)

988

SUICIDE & CRISIS LIFELINE

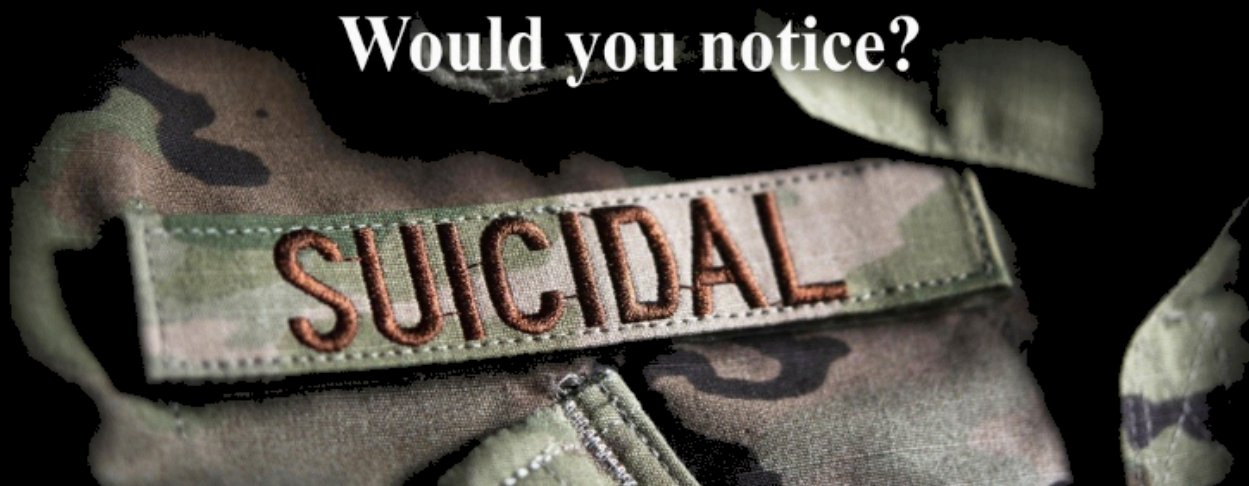
[Click here to get help for yourself or a buddy](#)

Get in Touch

The 988 Lifeline is for everyone. Through the 988 Lifeline, you have access to free, quality, one-on-one assistance. Our skilled, judgment-free counselors are here to provide compassionate support. You deserve to feel heard and cared about anytime, anywhere, 24/7/365.

The signs aren't always this obvious.

Would you notice?





You can live at Laughlin AFB in Del Rio while serving on OLS. Families and single SMs.



Lease Today & SAVE BIG

Sign a Lease and Get
ONE MONTH FREE!
+ No Upfront Fees

Act fast! This limited-time offer is only available until April 15, 2025. Contact us now to secure your new home!

Community Amenities:

- Community Playgrounds throughout property
- Pet Friendly, some restrictions apply
- Tennis Court
- Volleyball court
- Dog Park

Housing Features:

- 24 hour Maintenance
- Multiple 2, 3, and 4 bedroom plans available
- Central AC/Heat
- Washer/Dryer hookups
- Refrigerator/dishwasher/garbage disposal
- Landscaping service provided

& SAVE \$50-\$100 OFF
on Select Laughlin Homes

Call our team for details!

(830) 313-5289

**Must sign a lease and move in by April 15, 2025. Offer valid from March 15 – April 15, 2025 on select homes. Terms and conditions apply.*



OLS RESOURCES GUIDE

[Click here to access the Joint Task Force Lone Star Standards Book](#)

JOINT TASK FORCE LONE STAR



STANDARDS BOOK

"Discipline is not instinctive. It must be taught, reinforced, and required!"
Author Unknown

OLS Workers Comp Injury Report

[Click here or scan QR to submit report](#)



If you believe you sustained a work-related injury, submit your Worker's Compensation Injury Report through this official intake form.

TMD Counseling Program

Promoting Emotional Wellness, Resiliency and Readiness of our Military Community.

The Texas Military Department Counseling Program can be reached via the counseling line.

512-782-5069

The Texas Military Department (TMD) Counseling Program was created to provide free and confidential counseling to Texas Military Service Members, thereby promoting overall wellness. We are located in various cities across the state and are available to meet via telephone, video or in person.

What services do our counselors provide?

- Individual counseling
- Counseling Line support
- Traumatic Event Management
- Collaboration with Unit Leadership to promote wellness



Suicide Prevention Lifeline
1-800-273-8255

[BEHAVIORAL HEALTH](#)



DOD Safe Helpline
1-877-995-5247

[JOB OPPORTUNITIES](#)



Domestic Violence Hotline
1-800-799-7233

[SERVICE MEMBER SUPPORT](#)



Military One Source
1-800-342-9647

[EDUCATION INFO](#)

**Military OneSource does not apply to TXSG.

[OLS POLICIES](#)



TF BDE



OPERATION LONE STAR



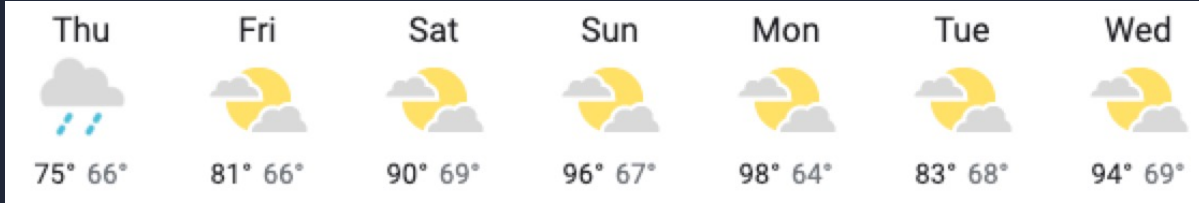
Texas State Guard and Texas Army National Guard soldiers recently conducted realistic mass-casualty training that is a part of the Combat Lifesavers Course (CLS), offered to the soldiers based at FOB Eagle.

Collaborative exercises and training classes, like this are vital for ensuring seamless cooperation between both organizations within the Texas Military Department.

The experience gained is invaluable and enhances our collective ability to respond effectively to mass casualty events.

The CLS course aims to train individuals to provide life-sustaining care to injured service members in combat until they can receive care from a medical professional.

7 DAY FORECAST FOR YOUR AREA



OLS Rally Point

PAY DATES FY25							
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid
TF EAGLE/LS	1 Feb - 27 Feb 25	27	6-7 Mar	1	28 Feb - 29 Mar 25	30	4-7Apr
TXSG	1 Feb - 28 Feb 25	28			1 Mar - 30 Mar 25	30	



TF EAGLE

**FOB Eagle & Camp Alpha:
Unit Ministry Team Needs Survey**

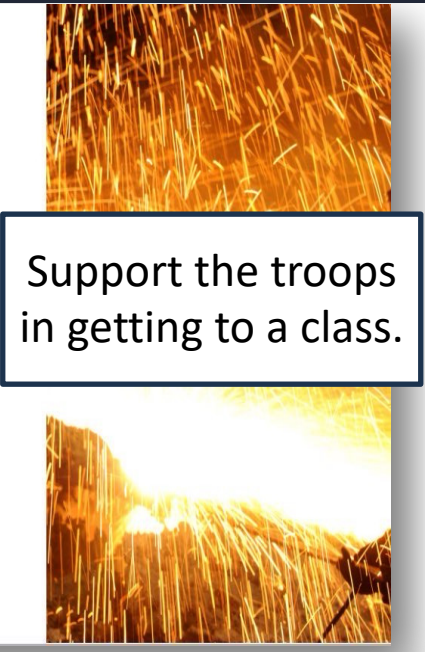
ARMY CHAPLAINS
Serving all Soldiers
regardless of faith

Tap to take the survey

**FOB Eagle Unit Ministry Teams
(UMT) Resource/Need Survey**
Let us know how to help you. Come visit us in B-18 on FOB Eagle or the UMT Trailer on Camp Alpha.

**Occupational Burnout
Prevention**

- Please join us to learn strategies to prevent burnout and techniques to minimize its effects. We will also be discussing the causes of burnout and signs that indicate its presence.
- Dates: April 1st, 11th, 15th, 25th, 29th
- Time: 0900-1000 & 1500-1600
- Location: MWR



Support the troops in getting to a class.

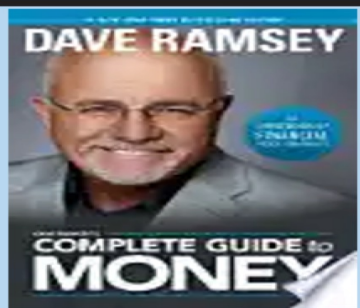
FINANCE 101
Building Strong & Ready Teams

WHO: JTF-LS Personnel (IDT in JOA)
(TF East with CoC Approval)
WHAT: FINANCIAL BSRT
WHEN: 03 April 2025
TIME: 0900-1400

WHERE: Casa Del Palmas
101 N Main St., McAllen, TX 78501
GAME Room (2nd Floor)



Scan QR Code:
To Pre Register



Tap here to pre-register

POC : SFC JOHN BARKLE
@ ng.tx.txarng.list.ols-bde-r3sp@army.mil
Include: Name, DOD ID, Section

LOOKING FORWARD TO SEEING EVERYONE THERE

CIVILIAN ATTIRE ONLY

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