

CHAPLAIN'S CORNER

Submit your content for The Pulse: ols-ict@sg.tmd.texas.gov

NE STA

Matthew 5:20-26

**TF INFO** 

Troops, in today's Gospel Jesus teaches that **IF A BROTHER HAS SOMETHING AGAINST US,** we must be reconciled with him before we offer our gift at the altar. This reconciling requires a

change of heart and mind.

The word often misleadingly translated as "repent" is metanoeite. This Greek term is based upon two words, meta (beyond) and nous (mind or spirit), and thus, in its most basic form, it means something like "go beyond the mind that you have."

The English word "repent" has a moralizing overtone, suggesting a change in behavior or action, whereas Jesus' term seems to be hinting at a change at a far more fundamental level of one's being. Jesus urges his listeners to change their way of knowing, their way of perceiving and grasping reality, their mode of seeing.

What Jesus implies is this: a new state of affairs has arrived, the divine and human have met, but the way you customarily see is going to blind you to this novelty. Minds, eyes, ears, senses, perceptions—all have to be opened up, turned around, revitalized. Metanoia, mind transformation, is Jesus' first recommendation. By CH Buchanan

#### NEWS ArmyTimes MilitaryTimes AirForceTimes

Pentagon shifts Greenland to US Northern Command in shakeup.

Army expanding 'Transformation in Contact' initiative to Army Guard.

Air Force News: Retirement snafu affects thousands of <u>Reserve, Guard members.</u>

New program gives nondeployable sailors more opportunities to serve.

FBI Bulletin: Understanding the Progression of Criminal Action.

# **Orders Ended?** You may be eligible for **UNEMPLOYMENT BENEFITS** through the Texas Workforce Commission (TWC).

### <u>Your Next Mission:</u>

Transitioning from military to civilian life can be a major shift, but you're not alone. A variety of resources are available to support your next steps—whether you're exploring a new career, going back to school, or focusing on personal well-being.

From career counseling and resume assistance to job placement services, education benefits, and mental wellness programs, help is available when and where you need it. Connect with your local Transition Assistance Office to get started.

# https://tmd.texas.gov/next-mission







# DID YOU SERVE IN THE ARMED FORCES?

### WE ARE HERE TO SERVE YOU AND YOUR FAMILY

**REGARDLESS OF DISCHARGE STATUS!** 

Every Wednesday 1pm - 5pm H.E.A.R.T.S. Veterans Museum 463 TX-75, Huntsville, TX 77320

Counseling Peer support/mentoring Assistance with resources (food, housing, employment, VA benefits, etc.)





Healthy Minds. Meaningful Lives.







# TRAININGS

# ALL TRAININGS ARE FREE!

# Military Culture Competency

Learn the explicit culture that expands from military service. This basic course provides insight into the military, actions, and injuries associated with service members and their families. This is the first step in participation with the Military Veteran Peer Network. This is a discussion oriented course which lasts about 2 hours.

# Mental Health First Aid - Veterans

Mental Health First Aid provides insight to common mental health issues within our community. It addresses symptoms as well as how to connect with individuals that are needing support. The Veteran's module focuses on military related mental health issues as well as building rapport with the military connected population. This is an 8-hour course.

# AS+K

Suicide Prevention gatekeeper training. Understanding statistics, the state approach to suicide as well as the way to connect others to resources. This is an introductory class with resources.

# CALM

Learn about securing access to lethal means and it's importance in suicide prevention. This is a clinical type of training, detailing field-like conversation and how to address them in the most effective way.

#### **POINT OF CONTACT:**

Nicole Dillion Tri-County-Veteran Services Liaison (936) 521-6132 NicoleD@tcbhc.org







### TEXAS MILITARY DEPARTMENT $\star \star \star \star$ STATE TUITION ASSISTANCE

# **Need Money for College?**

# Apply Now for the 2025 Fall Semester!



Fall Application opened 01 Jun 2025 closes 03 Aug 2025



# **ABOUT US**

State Tuition Assistance (STA) is an education benefit for Texas Service Members (TXARNG, TXANG, TXSG), **funded by Texas for Texans.** We believe in the power of education to transform lives and aim to **support resourceful minds committed to making a positive impact through learning.** 

Application packet available at: https://tmd.texas.gov/state-tuition-assistance-program

# **WHY STATE TUITION ASSISTANCE?**

- Awards up to **\$10,000** per Fall & Spring semesters.
- STA is no longer a reimbursement program; you can register for your classes without paying up front.
- Available for up to **10 semesters** or five years.
- Provides up to **12 semester hours of tuition and mandatory fees**.
- For use exclusively at **Texas colleges and universities**, **public and private**.
- Ability to **combine** with other education grants, scholarships, and benefits.
- Applicable for undergraduate, graduate, and professional degrees, as well as vocational, technical & academic certificates, and credentials.

Contact us & find out how we can help fulfill your educational goals: (512) 782-5270

# ELIGIBILITY

- Active member in good standing with the TXARNG, TXANG, TXSG
- Enlisted (E1-E9), Officers (O1-O5), and Warrant Officers (W1-W3)
- AGRs
- Must have completed one: Basic training, Basic camp or OCS



# MODERN STATES YOUR PATHWAY TO FREE COLLEGE CREDIT

Pass the Modern States free online class and get a voucher to take CLEP courses towards core college requirements.

# WHAT IS CLEP?

The College Level Examination Program (CLEP) lets you earn college credit by passing exams in subjects you already know saving you money and accelerating your path to a degree. Over 2,900 colleges and universities accept CLEP credits!

# MODERN STATES -Free College Credits Online

• Free Online Courses: Modern States offers 32+ self-paced, online CLEP prep courses taught by college professors. All materials, textbooks, and mesources are included—completely free!

• Exam Fee Vouchers: Complete a Modern States course and receive a voucher to cover your CLEP exam fee. Modern States will also reimburse your test center fee!

• Flexible Learning: Study on your schedule, at your pace, from anywhere.

• **Support for All:** Open to high school students, college students, adult learners, and anyone seeking affordable college credit.

# HOW IT WORKS

1. **Check CLEP Credit Policies:** Confirm your college accepts CLEP credits.

2. Sign Up: Create a free account at modernstates.org.

3. Enroll & Learn: Choose your CLEP course and complete the lessons and practice questions.

4. Get Your Voucher: Finish the course to receive your free CLEP exam voucher.

5. **Register for CLEP:** Sign up for your exam at clep.collegeboard.org and use your voucher to pay.

6. **Take the Exam:** Schedule and complete your CLEP test at a local center.

7. **Modern States pay for CLEP exam:** Modern States provides a CLEP exam voucher, which covers the cost of the CLEP exam, for students who pass a Modern States course.

8. Earn College Credit: Send your CLEP scores to your college and get closer to your degree!

Visit modernstates.org or clep.collegeboard.org/practice





# CREDIT CONVERSION: YOUR EDUCATIONAL BRIDGE TO THE ACADEMY

#### WHAT IS CREDIT CONVERSION?

The Mid-Atlantic Center for Emergency Management & Public Safety at Frederick Community College (MACEM&PS|FCC) awards college credit for eligible FEMA course completions. This process is called credit conversion.

#### WHY CHOOSE FREDERICK COMMUNITY COLLEGE?

- Affordable at \$90/credit (60 credits = \$5,400)
- 3 easy steps to complete and convert eligible FEMA courses to college credit
- Official transcripts are readily available upon completion
- Relevant coursework in public safety
- Personal support Monday Friday at 301.624.2854 or creditconversion@frederick.edu
- Credits awarded as quickly as 2 weeks

	MACEM&PS FCC	Comparable Services
Processing Time After Receiving Official Course Record	1-2 Business Days	5-10 Business Days
Transcript Services Cost	\$0	\$495
Transcript Service Renewal Fee	\$0	\$295
Cost Per Credit	\$90	\$75
Official Transcript Fee (per transcript)	<b>\$8-\$10.50</b> plus sales tax	\$20



#### **LEARN MORE:**

FEMA Credit Conversion Program *Earn college credits for completion of eligible FEMA Courses* frederick.edu/femacc • creditconversion@frederick.edu

**COLLEGE CREDIT** Step 1 Register for a FEMA Student ID. cdp.dhs.gov/femasid / Step 2 **Complete FEMA courses** that are eligible for college credit. macem.org/downloads/fccc ourselist.aspx/ Step 3 Request your eligible FEMA courses be converted to college credit at Frederick Community College.

**3 EASY STEPS TO EARN** 

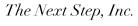
LONE STAR D

macem.org/femais.aspx/

Frederick Community College (FCC) prohibits discrimination against any person on the basis of age, ancestry, citizenship status, color, creed, ethnicity, gender identity and expression, genetic information, marital status, mental or physical disability, national origin, race, religious affiliation, sex, sexual orientation, or veteran status in its activities, admissions, educational programs, and employment. • Under the ADA and Section 504, FCC makes every effort to accommodate individuals with disabilities for College-sponsored events and programs. For FCC employees needing accommodations, including interpreting, please email humanresources@frederick.edu. • For students and others with accommodation needs or questions, please call 301.846/2408, or to request sign language interpreter services, please email interpreting@frederick.edu. Sign language interpreters will not be automatically provided for College-sponsored events without a request for services. Requests must be made at least five workdays before a scheduled event to guarantee accommodations. • If your request partains to accessible transportation for a College-sponsored tip, please submity your request at least 21 calendar days in advance. Requests made less than 21 calendar days in advance may not be able to be guaranteed.

ROSOFT OFFICE SKILLS PROGRAM





# MICROSOFT OFFICE BASICS PROGRAM

FREE 10-Day Online Training For Active Duty, Veterans, and Their Families

#### MS Word and Excel

Learn by creating job search tools: resumé and job tracking spreadsheet



#### Strengthen Soft Skills

Learn to apply selfawareness, self-regulation, and empathy in the workplace



#### Live Support

Get feedback from instructors and support from coaches



#### Grow with Google

Qualify to receive a Google Career Certificate Scholarship

#### **ELIGIBILITY**

 Active duty, Reserves, National Guard, Veterans, Dependents, and Surviving Spouses

LONE STAR PUI

- Current residential address in Bexar, Brazos, Fort Bend, Harris, Liberty, Montgomery, Polk, San Jacinto, Tarrant, Trinity, Waller, and Walker County
- 18+ years with basic computer skills

#### **SIGN UP**

Visit thenextsteptx.org/veterans





This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families. For more information, visit www.tvc.texas.gov.

### REDEPLOYMENT RESOURCES: For Your Family Members & Loved Ones



### <u>Mental Health After Deployment: What to Know</u> <u>and Where to Get Help</u>

Returning home from deployment can be challenging in a variety of ways for service members. Not only will they be adjusting to a new routine, but they may also be wrestling with strong feelings of fear, sadness or helplessness from their experiences while deployed. While some combat and operational stress reactions are common and heal with time, others may require professional attention. By recognizing the warning signs and knowing how to get help, you and your service member can become more resilient in the face of reintegration challenges.



## <u>What to Expect: An Overview of Reunion and</u> <u>Reintegration</u>

Deployment is coming to an end, and service members are finally heading home. Next comes the reunion and reintegration phase. There are five key stages within reunion and reintegration. Learn about the timeline and what you may expect during each stage.



# **Creating a New Normal as a Family**

Even if your family has experienced deployment before, this time things may be different. Things may have changed, and it's okay if you're not able to go back to how things used to be, before the deployment. Focus on how you can make things comfortable and normal for the family.



# Five Tips to Support Children During Reintegration

Returning home after deployment is exciting, but it can also be an adjustment for you and your loved ones. For children in particular, it may be emotional or confusing. To help your children with the transition, it's important to develop a plan that's personalized for their age, level of understanding and development stage.



LONE STAR PL



# Homeless & Housing Assistance

#### **Texas Veterans Commission – Homeless Veterans Program**

Works to reduce and prevent veteran homelessness by connecting individuals to essential services. Phone: 512-962-4681

& Website: veteransmentalhealth.texas.gov/homelessness

#### **VA Homeless Programs**

Supports Veterans who are homeless or at risk. A few questions connect you to a local VA staff member for help. Available for low-income and very low-income Veterans and their families.

**C** Phone: 877-424-3838

Website: va.gov/homeless/nationalcallcenter.asp

#### 2-1-1 Texas

A statewide service offering information on affordable housing, shelters, accessibility modifications, and subsidized housing options.

Phone: Dial 2-1-1
Website: WWW.211texas.org

#### Homes for Our Troops

Builds and donates specially adapted custom homes for severely injured post-9/11 Veterans to help them rebuild their lives.

& Website: www.hfotusa.org



#### Personal Financial Counselors (PFCs)

Free, one-on-one support to help you manage your finances and create a personalized homebuying or budgeting plan.

Flyer: <u>https://tmd.texas.gov/Data/Sites/1/media/next-mission/2025/pfc-flyer\_june24.pdf</u>

Military OneSource – Home Financing Assistance (Not available to non-veteran TXSG.)

Offers guidance on saving, home buying, refinancing, and navigating VA loan benefits.

**S** Phone: 800-342-9647

Website: <u>militaryonesourceconnect.org</u>

#### VA Home Loans

Benefit program offering low interest rates, limited closing costs, and no private mortgage insurance (PMI) required.

Website: <u>benefits.va.gov/homeloans</u>

#### **Texas Veterans Land Board**

Provides home, land, and home improvement loans for Texas Veterans.

**Section 252-8387** 

Website: glo.texas.gov/veterans



# HOT JOB OF THE DAY

MILITARY SPOUSE JOBS **POSITION OPEN TO: VETERANS,** TRANSITIONING MILITARY, NATIONAL **GUARD, RESERVES, MILITARY SPOUSES** & CAREGIVERS OF WAR WOUNDED

### Leading Security & Executive Protection **Company is seeking**

### Unarmed Security Officer – San Antonio, TX

#### **Basic Position Qualifications:**

- High school education or equivalent (GED).
- Must have or be able to obtain a Security License.
- Must have up to date identification.
- Must be able to work a standing post for 8 hour shifts or longer.
- Ability to interact with the public in a direct and professional manner, strong interpersonal skills.
- Must be willing to participate in the company's pre-employment screening process.

Positions open until filled. Visit www.vetjobs.org, access the Job Seekers Dropdown and Search For Jobs.. Search for Reg# 446134BR Send questions to Mike Del Rio at mdelrio@vetjobs.org

# **MILITARY COMMUNITY** HIRING EVENT

Local, Statewide, National, and Remote Opportunities Available

LONE STAR

RECRUIT

19 JUNE 2025

#### THURSDAY, JUNE 12, 2025 11AM - 3PM CT

# HOUSTON

Wyndham Houston | 8686 Kirby Drive, Houston, TX 77054

#### **CAREER OPPORTUNITIES**

Project Management | Human Resources Transportation / Logistics Healthcare Management / Supervision | Information Technology Government & more....



în

#### For more details, visit rmvets.com/HOU0625



⊳ recruitmilitary recruitmilitary

Tue

No Federal or DoD endorsement implied



Thu	Fri
<b>77</b>	- 77
92° 78°	92° 7









95° 77° 93° 77°

	PAY DATES: EAST, TXSG, WEST									
	TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid		
	TF WEST/EAST	29 APR - 28 MAY	30	5 G ILINI	5.6 U.N	5-6 JUN		29 MAY - 28 JUN 25	31	70.00
OLS Rally Point	TXSG	01 MAY - 30 MAY	30	J-0 JUN		31 MAY - 30 JUN 25	31	7-8 JUL		
OLS Kally Pullic					-					









**OPERATION GOOD JOBS** is a program dedicated to assisting veterans and their immediate family members connect to sustainable employment opportunities while exploring ways to increase their skills, continue their education or connect to other services in the community. This program provides a dedicated Success Coach equipped to work with those that have served our country to transition into civilian life, use their military experience to advance their careers, and grow a sense of purpose for their lives.

# **BENEFITS**

In order to address the individual needs of those who have served our country and may face the challenges of transitioning into a civilian world, advance beyond their military careers, and regain a new sense of pride, dignity and purpose each individual is offered:

- Individualized Career and Financial Plan
- Skills assessments
- One-on-one career coaching
- Employment preparation courses
- And other skill building classes

Heart of Texas Goodwill is also a member of the Veterans Services Alliance of Central Texas (VSACT), which allows Operation Good Jobs participants access to a host of services including shelter and housing assistance, transportation assistance, health services, Veterans Benefits Assistance and more – all aimed at helping veterans secure meaningful and secure employment.

# **ELIGIBILITY**

- Veterans and/or transitioning military members must be able to provide documentation of veteran/military status (i.e. DD-214,VA Card, Copy of Orders, etc.)
- Immediate family members must be able to provide documentation or military member's stats and one document showing family link (i.e. marriage certificate, birth certificate, bill with all names listed, etc.)
- Must be 16 years or older
- Must be willing to maintain constant communication with the Success Coach
- Must be willing to participate in all assigned trainings and classes

For more information on Operation Good Jobs or VSACT, please contact:

successcoach@hotgoodwill.org 254-753-7337 ex 456



SCAN HERE to fill out the online application!





	Thu	Fri	Sat	Sun	Mon	Tue	Wed
AY FORECAST DR EL PASO	102° 80°	102° 80°	100° 79°	96° 75°	88° 73°	86° 73°	89° 73°

	PAY DATES: EAST, TXSG, WEST									
	TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid		
	TF WEST/EAST	29 APR - 28 MAY	30	5-6 JUN	5-6 JUN		29 MAY - 28 JUN 25	31	70.00	
OLS Rally Point	TXSG	01 MAY - 30 MAY	30				31 MAY - 30 JUN 25	31	7-8 JUL	

7 D FO



# Texas Veterans Commission Employment Services

We can provide employment services and resources to qualifying veterans and transitioning service members

Formal Employment Planning Supportive Service Referrals Transition Assistance Résumé / Application Assistance Job Searching Techniques Training Post-Employment Follow-Up Work Opportunity Tax Credit Pre-Certification

Contact us to see how we can help you find a career you'll love

Stephanie PerezSteven San AgustinVeterans Career AdvisorRural Veterans Career Advisorstephanie.perez@tvc.texas.gov steven.sanagustin@tvc.texas.gov



2002 W. Loop 289, Suite 117 Lubbock, TX 79407 (806) 765-5038



**RESOURCES NOW OR HAVE OUESTIONS?** CALL US! 1-844-489-8387



An Equal Opportunity Institution/Equal Access to persons with disabilities. 65904.12.24.AW

South Campus

SE





# VOU'RE INVITED! VETERAN & VETERAN FAMILY FINANCIAL COACHING WORKSHOP

LONE STAR DI

We're excited to invite you to our Financial Coaching Workshop - designed to help veterans and veteran families take control of their finances and build a secure future. In this workshop, you'll learn how to:

- 1. Organize your finances to match your lifestyle
- 2. Understand your VA benefits
- 3. Set meaningful financial goals
- 4. Build healthier money habits
- 5. Save money effectively
- 6. Break free from debt

# MONDAYS 10AM IN-PERSON OR

# 6PM VIRTUAL

Simply reply to Veteran Navigator Chasity Wohlford, US Navy Veteran, at cwohlford@eastersealshouston.org with your preferred time.

Easter Seals Greater Houston | 4888 Loop Central Dr, Houston, TX 77081

# U.S. ARMY'S 250<sup>TH</sup> BIRTHDAY

7 DAY I FOR EA

**June 12, 2025** — Soldiers stationed at Forward Operating Base (FOB) Eagle came together to honor the 250th birthday of the United States Army with a spirited cake-cutting ceremony held in the dining facility.

LONE STAR PULSE

The event highlighted the Army's rich legacy and ongoing commitment to excellence, unity, and service. Captain Torres and Specialist Lopez were given the distinguished honor of cutting the ceremonial cake, a tradition that symbolizes the bond between generations of Soldiers—past and present.

Adding to the festive atmosphere was *Eddie the Eagle*, FOB Eagle's beloved mascot, who posed for photos with troops and handed out commemorative stickers as keepsakes.

The celebration served as a meaningful reminder of the Army's enduring values and the sacrifice of all those who have served—and continue to serve—with pride, integrity, and courage.



	Thu	Fri	Sat	Sun	Mon	Tue	Wed
FORECAST	<b>98°</b> 78°	97° 78°	94° 77°	96° 78°	97° 78°	98° 77°	<b>99°</b> 77°

	PAY DATES: EAGLE, LONE STAR, TXSG								
	TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid	
	TF EAGLE/LONE STAR	30 APR - 29 MAY 25	30	5-6 JUN	5-6 JUN		30 MAY - 29 JUN 25	31	7-8 JUL
OLS Rally Point	TXSG	01 MAY - 30 MAY 25	30				31 MAY - 30 JUN 25	31	7-8 JUL



### FORWARD OPERATING BASE (FOB) EAGLE REFERENCE SHEET

Physical Address: 496 County Road 523 Eagle Pass, TX 78852

#### SECURITY - ECP #1 MAIN ENTRY CONTROL POINT

- Open 24/7
- 100% ID Check

#### HOUSING & BASE CAMP OPERATIONS A-01 MAYOR CELL

- Daily Office Hours: 0600-2000
- MAYOR CELL WORK ORDER REQUEST
- Mail pick up inside
- Phone: <u>512-987-8462</u>

## A-03 LAUNDRY SERVICE

- Daily Full-Service: 0800-1900
   24-Hour Turnaround
- Daily Self-Service: 0800-1900
   Select machines only
- \*10 lbs. per laundry bag. TWO bag limit.
- **Prohibited Items:** shoes, backpacks, military equipment (TA-50), and pillows.
- Ensure all pockets and equipment are checked for pens or other items before laundering.
- Phone: 512-987-8462 (Mayor Cell)

# A-04 DINING FACILITY (DFAC)

Breakfast: 0700-0900; Lunch: 1100-1300; Dinner: 1700-1900; Midnight: 2300-0100; Snacks / Drinks: 24/7 (*TWO per item, per person*) \*100% ID Check & Dress Code in effect. Phone: <u>512-987-8462</u> (Mayor Cell)

#### MEDICAL A-05 BASE AID STATION

- Office Open: Mon-Fri 0800-1600
- Sat-Sun & After-Hours: On-Call
- Phone: <u>512-897-5234</u>

#### Mailing Address:

496 County Road 523 Suite A-01 Eagle Pass, TX 78852

#### BASE CAMP RESOURCES B-01 BEHAVIORAL HEALTH

- Office Open: Mon-Fri 0900-1700
- Daily On-Call: 0700-1900
- Phone: <u>512-542-4638</u>
- Crisis Line: 988

### B-03 GYM

- Open 24/7
- Phone: <u>512-987-8462</u> (Mayor Cell)

### **B-05 MWR/LOUNGE**

- Open Daily: 0600-0100
- Contact the Mayor Cell for reservations.
- Phone: <u>512-987-8462</u> (Mayor Cell)

### **B-08 FORCEPRO**

- Office Open: Mon-Fri 0800-1600
- Phone: <u>512-470-3850</u> (24 Hours)

### **B-18 CHAPLAINS | EO**

Chaplains:

• Office Open: 0800-1700

<u>EO:</u>

- In Office: 0800-1700
- Phone: 706-627-4395 SFC Evans

### C-05 CONFERENCE ROOM

- Open 24/7
- Contact your unit S3 for reservations.

