



12 JUNE 2025

LONE STAR

TF INFO

Submit your content for The Pulse: ols-ict@sg.tmd.texas.gov

CHAPLAIN'S CORNER



Verse of the Day

Psalms 46:10

He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

Orders Ended? You may be eligible for [UNEMPLOYMENT BENEFITS](#) through the Texas Workforce Commission (TWC).

Your Next Mission:

Transitioning from military to civilian life can be a major shift, but you're not alone. A variety of resources are available to support your next steps—whether you're exploring a new career, going back to school, or focusing on personal well-being.

From career counseling and resume assistance to job placement services, education benefits, and mental wellness programs, help is available when and where you need it. Connect with your local Transition Assistance Office to get started.

<https://tmd.texas.gov/next-mission>



PULSE

NEWS [ArmyTimes](#) [MilitaryTimes](#) [AirForceTimes](#)

[Hey Army, the Air Force got relaxation cubes.](#)

[Gas-gun sniper rifle.](#)

[Military deployments to Los Angeles.](#)



DON'T BE AFRAID TO STAND ALONE IF IT MEANS PROTECTING YOUR FLOCK FROM THE STORM.



PEER SUPPORT SERVICES



DID YOU SERVE IN THE ARMED FORCES?

WE ARE HERE TO SERVE YOU
AND YOUR FAMILY
REGARDLESS OF DISCHARGE STATUS!

Every Wednesday
1pm - 5pm
H.E.A.R.T.S. Veterans Museum
463 TX-75, Huntsville, TX 77320

Counseling
Peer support/mentoring
Assistance with resources
(food, housing, employment, VA benefits, etc.)

Come
see
Us!





STATE TUITION ASSISTANCE



TEXAS MILITARY DEPARTMENT ★★★★★ STATE TUITION ASSISTANCE

Need Money for College?

Apply Now for the 2025 Fall Semester!



Fall Application
opened 01 Jun 2025
closes 03 Aug 2025



ABOUT US

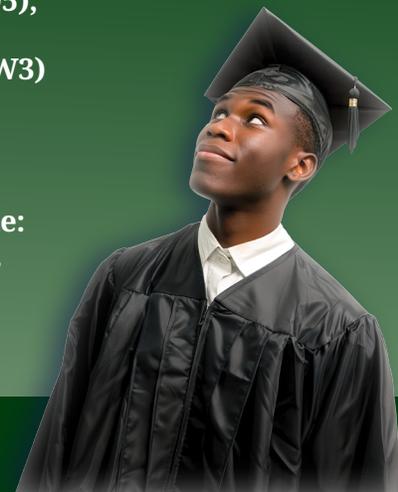
State Tuition Assistance (STA) is an education benefit for Texas Service Members (TXARNG, TXANG, TXSG), funded by Texas for Texans. We believe in the power of education to transform lives and aim to support resourceful minds committed to making a positive impact through learning.

WHY STATE TUITION ASSISTANCE?

- Awards up to \$10,000 per Fall & Spring semesters.
- STA is no longer a reimbursement program; you can register for your classes without paying up front.
- Available for up to 10 semesters or five years.
- Provides up to 12 semester hours of tuition and mandatory fees.
- For use exclusively at Texas colleges and universities, public and private.
- Ability to combine with other education grants, scholarships, and benefits.
- Applicable for undergraduate, graduate, and professional degrees, as well as vocational, technical & academic certificates, and credentials.

ELIGIBILITY

- Active member in good standing with the TXARNG, TXANG, TXSG
- Enlisted (E1-E9), Officers (O1-O5), and Warrant Officers (W1-W3)
- AGRs
- Must have completed one: Basic training, Basic camp or OCS



Contact us & find out how we can help fulfill your educational goals: (512) 782-5270



MODERN STATES CLEP ASSISTANCE

MODERN STATES YOUR PATHWAY TO FREE COLLEGE CREDIT

Pass the Modern States free online class and get a voucher to take CLEP courses towards core college requirements.



WHAT IS CLEP?

The College Level Examination Program (CLEP) lets you earn college credit by passing exams in subjects you already know—saving you money and accelerating your path to a degree. Over 2,900 colleges and universities accept CLEP credits!



MODERN STATES - FREE COLLEGE CREDITS ONLINE

- **Free Online Courses:** Modern States offers 32+ self-paced, online CLEP prep courses taught by college professors. All materials, textbooks, and resources are included—completely free!
- **Exam Fee Vouchers:** Complete a Modern States course and receive a voucher to cover your CLEP exam fee. Modern States will also reimburse your test center fee!
- **Flexible Learning:** Study on your schedule, at your pace, from anywhere.
- **Support for All:** Open to high school students, college students, adult learners, and anyone seeking affordable college credit.



HOW IT WORKS

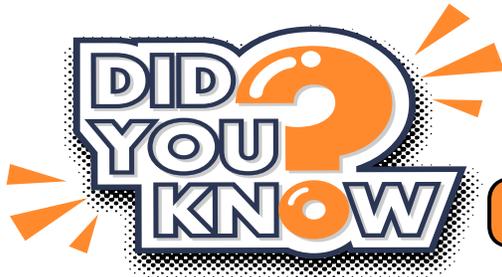
1. **Check CLEP Credit Policies:** Confirm your college accepts CLEP credits.
2. **Sign Up:** Create a free account at modernstates.org.
3. **Enroll & Learn:** Choose your CLEP course and complete the lessons and practice questions.
4. **Get Your Voucher:** Finish the course to receive your free CLEP exam voucher.
5. **Register for CLEP:** Sign up for your exam at clep.collegeboard.org and use your voucher to pay.
6. **Take the Exam:** Schedule and complete your CLEP test at a local center.
7. **Modern States pay for CLEP exam:** Modern States provides a CLEP exam voucher, which covers the cost of the CLEP exam, for students who pass a Modern States course.
8. **Earn College Credit:** Send your CLEP scores to your college and get closer to your degree!



Visit modernstates.org or clep.collegeboard.org/practice



COLLEGE CREDIT FOR FEMA COURSES



You can convert FEMA Courses to official college credits



Mid-Atlantic Center for
Emergency Management
& Public Safety

CREDIT CONVERSION: YOUR EDUCATIONAL BRIDGE TO THE ACADEMY

WHAT IS CREDIT CONVERSION?

The Mid-Atlantic Center for Emergency Management & Public Safety at Frederick Community College (MACEM&PS|FCC) awards college credit for eligible FEMA course completions. This process is called credit conversion.

WHY CHOOSE FREDERICK COMMUNITY COLLEGE?

- Affordable at \$90/credit (60 credits = \$5,400)
- 3 easy steps to complete and convert eligible FEMA courses to college credit
- Official transcripts are readily available upon completion
- Relevant coursework in public safety
- Personal support Monday - Friday at 301.624.2854 or creditconversion@frederick.edu
- Credits awarded as quickly as 2 weeks

	MACEM&PS FCC	Comparable Services
Processing Time After Receiving Official Course Record	1-2 Business Days	5-10 Business Days
Transcript Services Cost	\$0	\$495
Transcript Service Renewal Fee	\$0	\$295
Cost Per Credit	\$90	\$75
Official Transcript Fee (per transcript)	\$8-\$10.50 plus sales tax	\$20



LEARN MORE:

FEMA Credit Conversion Program
Earn college credits for completion of eligible FEMA Courses

frederick.edu/femacc

creditconversion@frederick.edu

3 EASY STEPS TO EARN COLLEGE CREDIT



Step 1

Register for a FEMA Student ID.



cdp.dhs.gov/femasid



Step 2

Complete FEMA courses that are eligible for college credit.



macem.org/downloads/fcc_ourselist.aspx



Step 3

Request your eligible FEMA courses be converted to college credit at Frederick Community College.



macem.org/femais.aspx



TRAININGS AVAILABLE

ALL TRAININGS ARE FREE!

Military Culture Competency

Learn the explicit culture that expands from military service. This basic course provides insight into the military, actions, and injuries associated with service members and their families. This is the first step in participation with the Military Veteran Peer Network. This is a discussion oriented course which lasts about 2 hours.

Mental Health First Aid - Veterans

Mental Health First Aid provides insight to common mental health issues within our community. It addresses symptoms as well as how to connect with individuals that are needing support. The Veteran's module focuses on military related mental health issues as well as building rapport with the military connected population. This is an 8-hour course.

AS+K

Suicide Prevention gatekeeper training. Understanding statistics, the state approach to suicide as well as the way to connect others to resources. This is an introductory class with resources.

CALM

Learn about securing access to lethal means and it's importance in suicide prevention. This is a clinical type of training, detailing field-like conversation and how to address them in the most effective way.

POINT OF CONTACT:

Nicole Dillion
Tri-County-Veteran Services Liaison
(936) 521-6132
NicoleD@tcbhc.org





FOB EAGLE ANNOUNCEMENTS



We are committed to fostering the growth and future of Operation Lone Star and the FOB Eagle community. If you have an item too big to return or any barriers utilizing the amnesty box send an anonymous email to: ols-ict@sg.tmd.texas.gov

if you accidentally found...
N V G s 5 5 " T V
W e a p o n s
A "prohibited" item

then you can return it using the amnesty box...

How to use the amnesty box:

- ✓ Wrap/conceal the item for transport.
- ✓ Go to the FOB Eagle pavilion.
- ✓ Put the item into the blue box.



P r o t i p s

DID YOU SEE SOMEONE PUT SOMETHING IN THE AMNESTY BOX?

✓ **No, you didn't.**

DO YOU WANT TO PLAY A PRANK, PUT TRASH IN, OR DAMAGE THE AMNESTY BOX?

✓ **No, you don't.**

7 DAY FORECAST FOR EAGLE PASS

Thu	Fri	Sat	Sun	Mon	Tue	Wed
96° 76°	99° 77°	101° 77°	97° 75°	101° 78°	97° 78°	96° 78°



OLS Rally Point

PAY DATES: EAGLE, LONE STAR, TXSG							
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid	
TF EAGLE/LONE STAR	30 APR - 29 MAY 25	30	5-6 JUN	30 MAY - 29 JUN 25	31	7-8 JUL	
TXSG	01 MAY - 30 MAY 25	30		31 MAY - 30 JUN 25	31		



NETWORKING OPPORTUNITIES



HOT JOB OF THE DAY



POSITION OPEN TO: VETERANS,
TRANSITIONING MILITARY, NATIONAL
GUARD, RESERVES, MILITARY SPOUSES
& CAREGIVERS OF WAR WOUNDED

**Leading Security & Executive Protection
Company is seeking**

Unarmed Security Officer – San Antonio, TX

Basic Position Qualifications:

- High school education or equivalent (GED).
- Must have or be able to obtain a Security License.
- Must have up to date identification.
- Must be able to work a standing post for 8 hour shifts or longer.
- Ability to interact with the public in a direct and professional manner, strong interpersonal skills.
- Must be willing to participate in the company's pre-employment screening process.

Positions open until filled. Visit www.vetjobs.org, access the **Job Seekers**

Dropdown and **Search For Jobs..** Search for Req# **446134BR**

Send questions to Mike Del Rio at mdelrio@vetjobs.org



MILITARY COMMUNITY HIRING EVENT

Local, Statewide, National, and Remote Opportunities Available

THURSDAY, JUNE 12, 2025 | 11AM - 3PM CT

HOUSTON

Wyndham Houston | 8686 Kirby Drive, Houston, TX 77054

CAREER OPPORTUNITIES

Project Management | Human Resources
 Transportation / Logistics | Healthcare
 Management / Supervision | Information
 Technology | Government & more....



For more details, visit rmvets.com/HOU0625



[recruit_military](#)



[recruitmilitary](#)



[recruitmilitary](#)



[recruitmilitary](#)

No Federal or DoD endorsement implied

7 DAY FORECAST FOR MC ALLEN

Thu



97° 81°

Fri



97° 81°

Sat



98° 81°

Sun



97° 79°

Mon



97° 79°

Tue



97° 80°

Wed



95° 80°



OLS Rally Point

PAY DATES: EAST, TXSG, WEST

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF WEST/EAST	29 APR - 28 MAY	30	5-6 JUN	29 MAY - 28 JUN 25	31	7-8 JUL
TXSG	01 MAY - 30 MAY	30		31 MAY - 30 JUN 25	31	



READ BOOKS. DRINK WATER. BE COOL.

12 JUNE 2025



7 DAY FORECAST FOR EL PASO

Thu	Fri	Sat	Sun	Mon	Tue	Wed
102° 75°	103° 76°	106° 78°	107° 80°	107° 79°	104° 76°	101° 77°



OLS Rally Point

PAY DATES: EAST, TXSG, WEST							
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid	
TF WEST/EAST	29 APR - 28 MAY	30	5-6 JUN	29 MAY - 28 JUN 25	31	7-8 JUL	
TXSG	01 MAY - 30 MAY	30		31 MAY - 30 JUN 25	31		



OLS CLASSES

July 15th-17th, 2025

**Single Soldier:
Register Here**

MARRYING A

**Register for Single Soldier
ID: OLS-FY25-July-SS
How to Avoid Falling in Love with a**

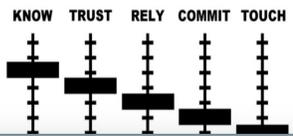
JERK *Jerkette*

July 15th-17th, 2025

We are honored to have the privilege of providing a BSRT events for you. Please fill out the following information to attend this Single Soldier event.
The Fearful Way to Renew Your Heart Without Losing Your Mind
Previously published in hardcover as *How to Avoid Marrying a Jerk*
JOHN VAN EPP, Ph.D.

Start now

Relationship Attachment Model



SPEED

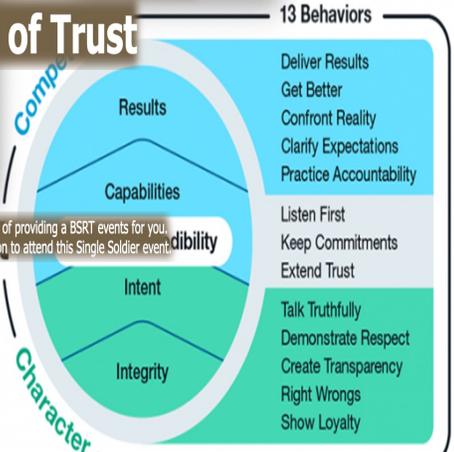
**Register for Married Soldier
ID: OLS-FY25-July-MS**

The Speed of Trust

STEPHEN M. R. COVEY
July 15th-17th, 2025

We are honored to have the privilege of providing a BSRT events for you. Please fill out the following information to attend this Single Soldier event.

Start now



July 15th-17th, 2025

**Married Soldier:
Register Here**

ALL MILITARY AND VETERAN COUPLES

**YOU ARE INVITED TO A ONE-DAY
COUPLE TUNE-UP**

FREE

**STRENGTHEN COMMUNICATION, TRUST,
RELIANCE, COMMITMENT AND ROMANCE**

LED BY A VETERAN COUPLE

HEALTHY, PRACTICAL RELATIONSHIP TOOLS FOR LIFE



ROWLETT

SATURDAY 9AM - 4 PM

JUNE 14, 2025

**VETERANS RESOURCE & OUTREACH CENTER, BLDG. 100
4210 INDUSTRIAL ST. ROWLETT, TX 75088**

LUNCH INCLUDED!



*"I LIKE THAT IT WASN'T LIKE COUNSELING, IT WAS VERY WARM AND INVITING. WE REALLY KNOW HOW TO SOLVE OUR PROBLEMS NOW! I'M EXCITED TO USE THESE SKILLS AT HOME."
"MARRIAGE IS A BIG ISSUE. MILITARY COUPLES FACE AND THIS PROGRAM HELPS BREAK THROUGH THOSE CHALLENGES"
"EXCEPTIONALLY IMPORTANT; BEST COURSE IN MY 16 YEARS IN THE MILITARY."
"PROVIDES SERVICE MEMBERS & VETERANS RESOURCES FOR A HEALTHY MARRIAGE."
"THIS PROGRAM SAVED OUR MARRIAGE!"*

REGISTER ONLINE AT: MARRIAGEMANAGEMENT.ORG

OR CALL 682-730-1818

OR USE THE QR CODE:



HOSTED BY:
Veterans Resource & Outreach Center

This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families.





REDEPLOYMENT RESOURCES: For Your Family Members & Loved Ones



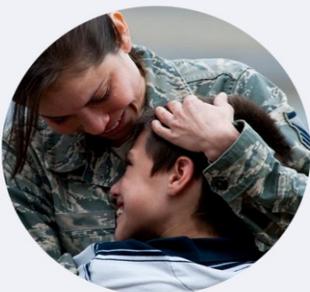
[Mental Health After Deployment: What to Know and Where to Get Help](#)

Returning home from deployment can be challenging in a variety of ways for service members. Not only will they be adjusting to a new routine, but they may also be wrestling with strong feelings of fear, sadness or helplessness from their experiences while deployed. While some combat and operational stress reactions are common and heal with time, others may require professional attention. By recognizing the warning signs and knowing how to get help, you and your service member can become more resilient in the face of reintegration challenges.



[What to Expect: An Overview of Reunion and Reintegration](#)

Deployment is coming to an end, and service members are finally heading home. Next comes the reunion and reintegration phase. There are five key stages within reunion and reintegration. Learn about the timeline and what you may expect during each stage.



[Creating a New Normal as a Family](#)

Even if your family has experienced deployment before, this time things may be different. Things may have changed, and it's okay if you're not able to go back to how things used to be, before the deployment. Focus on how you can make things comfortable and normal for the family.



[Five Tips to Support Children During Reintegration](#)

Returning home after deployment is exciting, but it can also be an adjustment for you and your loved ones. For children in particular, it may be emotional or confusing. To help your children with the transition, it's important to develop a plan that's personalized for their age, level of understanding and development stage.



REDEPLOYMENT RESOURCES: Housing Services



Homeless & Housing Assistance

Texas Veterans Commission – Homeless Veterans Program

Works to reduce and prevent veteran homelessness by connecting individuals to essential services.

Phone: 512-962-4681

Website: veteransmentalhealth.texas.gov/homelessness

VA Homeless Programs

Supports Veterans who are homeless or at risk. A few questions connect you to a local VA staff member for help. Available for low-income and very low-income Veterans and their families.

Phone: 877-424-3838

Website: va.gov/homeless/nationalcallcenter.asp

2-1-1 Texas

A statewide service offering information on affordable housing, shelters, accessibility modifications, and subsidized housing options.

Phone: Dial 2-1-1

Website: www.211texas.org

Homes for Our Troops

Builds and donates specially adapted custom homes for severely injured post-9/11 Veterans to help them rebuild their lives.

Website: www.hfotusa.org



Home Financing Resources

Personal Financial Counselors (PFCs)

Free, one-on-one support to help you manage your finances and create a personalized home-buying or budgeting plan.

Flyer: https://tmd.texas.gov/Data/Sites/1/media/next-mission/2025/pfc-flyer_june24.pdf

Military OneSource – Home Financing Assistance (Not available to non-veteran TXSG.)

Offers guidance on saving, home buying, refinancing, and navigating VA loan benefits.

Phone: 800-342-9647

Website: militaryonesourceconnect.org

VA Home Loans

Benefit program offering low interest rates, limited closing costs, and no private mortgage insurance (PMI) required.

Website: benefits.va.gov/homeloans

Texas Veterans Land Board

Provides home, land, and home improvement loans for Texas Veterans.

Phone: 800-252-8387

Website: glo.texas.gov/veterans



NETWORKING OPPORTUNITIES

MEGA CAREER FAIR SUMMER 2025



TUESDAY JUNE 17TH

Lone Star Convention Center on Fort Cavazos
10:00 am - 3:00 pm

Meet with LOCAL, STATE NATIONAL & INTERNATIONAL EMPLOYERS!



SUPPORTED BY:
III CORPS AND FORT CAVAZOS, TEXAS VETERANS COMMISSION AND WORKFORCE SOLUTIONS OF CENTRAL TEXAS

For more information go to Facebook for: Transition Assistance Program

Looking for a Job? Register here:



The Fort Cavazos Sentinel, as sponsor of the Mega Career Fair, is proud to help employers and transitioning service members connect.

Advertise your business in the MEGA Career Fair tabloid for MAXIMUM RESULTS!

Publishes: June 12, 2025
Tabloid Deadline: June 5, 2025



254-634-6666

SOMETIMES SHARING IS NOT CARING. GIVING INFORMATION TO PEOPLE WHO DON'T NEED IT MAY IMPACT YOU OR YOUR FAMILY'S FUTURE.



Time for a New Motto: Help Us Choose!

For over 80 years, the Texas State Guard has proudly stood by its motto: "Equal to the Task." This phrase has reflected our unwavering commitment to serve and protect the people of Texas through every challenge.

As we move forward into a new era of service, our mission continues to evolve—adapting to new responsibilities, technologies, and the ever-changing needs of our great state. To reflect this transformation, it's time for a fresh motto that honors our legacy while inspiring our future.

We want your voice to be part of this historic change. Cast your vote and help shape the next chapter of the Texas State Guard!

[CLICK HERE TO VOTE](#)

CRDAMC Summer Safety Fair 2025

Everyone is Welcome!

Tips to



June 13, 2025 from 11:00a-1:30p

Hospital Main Lobby Atrium



Information and Awareness Items will be presented by multiple departments and organizations.

Contact the CRDAMC SHARP Office at 254-535-0686 or lisa.a.lerma2.civ@health.mil for more information.



NETWORKING OPPORTUNITIES

SERVING
West, Central &
South Texas



U.S. SMALL BUSINESS ADMINISTRATION

VBOC

VETERANS BUSINESS OUTREACH CENTERS

Starting or Growing A VETERAN-OWNED BUSINESS

Sign up for Boots to Business Reboot, an entrepreneurship training program for Veterans and their spouses.

OWNING A VETERAN-OWNED SMALL BUSINESS

Veterans have the character, discipline and skills needed to succeed as small business owners and entrepreneurs. Wondering what it takes and how you can prepare? Enroll in Boots to Business Reboot.

ABOUT BOOTS TO BUSINESS REBOOT

Boots to Business Reboot is a two-step training program that provides participants an overview of business ownership as a career vocation, an outline and knowledge on the components of a business plan, a practical exercise in opportunity recognition, and an introduction to available public and private sector resources.

Step one is the Introduction to Entrepreneurship course eligible to Veterans of all eras, service members (including members of the National Guard and Reserve) and their spouses. This course is instructed by SBA and its partners, Who are skilled business advisors.

Step two is one of the online follow-on courses instructed by a consortium of professors and skilled business advisors from the SBA Network. If you've already attended an in-person Boots to Business or Reboot class, visit <https://sbavets.force.com/> to sign up for one of the online B2B follow-on courses.

Interested to know what a B2B-Reboot is?

Click here:



BOOTS to BUSINESS | REBOOT

with the U.S. Small Business Administration

1-Day B2B Reboot – Texas City

Thursday, June 12, 2025 | 8:00am - 5:00pm
Texas City La Marque Chamber of Commerce
9702 E. F. Lowry Expressway
Texas City, TX 77591

For More Information:

Email: vboc@utrgv.edu

Call: (956) 665-8931

Or Contact **Elizabeth Charles**
at elizabeth.charles@sba.gov

To Register for this Class:

<https://bit.ly/49dJ4Nt>



Note: All SBA programs and services are extended to the public on a non discriminatory basis. Reasonable arrangements for persons with disabilities will be made if requested at least two weeks in advance. Contact the Boots to Business team at 202-205-8381 or email boots-to-business@sba.gov

UTRGV.edu/VBOC

For More Information:

Ph : (956) 665-8931

Fax : (956) 665-7561

Email: vboc@utrgv.edu

POWERED BY



U.S. Small Business Administration

The University of Texas
Rio Grande Valley

Funded in part through a Cooperative Agreement with the U.S. Small Business Administration.



NETWORKING OPPORTUNITIES



OPERATION GOOD JOBS is a program dedicated to assisting veterans and their immediate family members connect to sustainable employment opportunities while exploring ways to increase their skills, continue their education or connect to other services in the community. This program provides a dedicated Success Coach equipped to work with those that have served our country to transition into civilian life, use their military experience to advance their careers, and grow a sense of purpose for their lives.

BENEFITS

In order to address the individual needs of those who have served our country and may face the challenges of transitioning into a civilian world, advance beyond their military careers, and regain a new sense of pride, dignity and purpose each individual is offered:

- Individualized Career and Financial Plan
- Skills assessments
- One-on-one career coaching
- Employment preparation courses
- And other skill building classes

Heart of Texas Goodwill is also a member of the Veterans Services Alliance of Central Texas (VSACT), which allows Operation Good Jobs participants access to a host of services including shelter and housing assistance, transportation assistance, health services, Veterans Benefits Assistance and more – all aimed at helping veterans secure meaningful and secure employment.

ELIGIBILITY

- Veterans and/or transitioning military members must be able to provide documentation of veteran/military status (i.e. DD-214, VA Card, Copy of Orders, etc.)
- Immediate family members must be able to provide documentation or military member's stats and one document showing family link (i.e. marriage certificate, birth certificate, bill with all names listed, etc.)
- Must be 16 years or older
- Must be willing to maintain constant communication with the Success Coach
- Must be willing to participate in all assigned trainings and classes



SCAN HERE
to fill out the online
application!



For more information on Operation Good Jobs or VSACT, please contact:

successcoach@hotgoodwill.org
254-753-7337 ex 456



NETWORKING OPPORTUNITIES

Texas Veterans Commission Employment Services

**We can provide employment services and resources to
qualifying veterans and transitioning service members**

Formal Employment Planning

Supportive Service Referrals

Transition Assistance

Résumé / Application Assistance

Job Searching Techniques Training

Post-Employment Follow-Up

Work Opportunity Tax Credit Pre-Certification

**Contact us to see how we can help you
find a career you'll love**

Stephanie Perez

Veterans Career Advisor

stephanie.perez@tvc.texas.gov

Steven San Agustin

Rural Veterans Career Advisor

steven.sanagustin@tvc.texas.gov



2002 W. Loop 289, Suite 117

Lubbock, TX 79407

(806) 765-5038

**TEXAS VETERANS
COMMISSION**



FOOD PANTRIES

Food Pantry SCHEDULE

Happening Monthly



<https://go.combinedarms.us/food-pantry-rsvp>

1st Monday
12:00 PM - 2:00 PM - Midtown Pop-up Grocery
 Buffalo Soldier National Museum
 3816 Carolina Street, Houston, TX 77004

10:00 AM - 2:00 PM - HQ In-House Food Pantry
 Combined Arms HQ
 2929 McKinney St Houston, TX 77003
2nd & 4th Friday

3rd Tues.
12:00 PM - 2:00 PM - Ellington Field JRB Pop-Up Grocery
 Lone Star Flight Museum (Warbird Ready room)
 11551 Aerospace Ave, Houston, TX 77034

3:30 PM - 5:30 PM - Galveston County
 The Connection Parking Lot
 9300 E.F. Lowry Expressway Texas City, TX 77591
3rd Wed.

3rd Thurs.
4:00 PM - 6:00 PM - Montgomery County
 The Ark Church (Secondary Parking Lot)
 450 Humble Tank Rd, Conroe, TX 77304



Food Pantry Fresh Market



Fresh produce will be available on the following dates:

SPRING 2025 | 1 - 3 P.M.*

Wednesday, January 29
Monday, February 24
Wednesday, March 26

Thursday, April 24
Monday, May 5

SUMMER 2025 | 11 A.M. - 1 P.M.*

Wednesday, June 25 Thursday, July 31

FALL 2025 | 1 - 3 P.M.*

Thursday, August 28

Must bring your own bags or carts to carry your food.

Weight of produce exceeds 35 lbs.

*Ending time subject to change.

Dining Hall SSTU 1114

Tarrant County College South

5301 Campus Drive | Fort Worth, TX 76119

For more information contact: so.foodpantry@tccd.edu | 817-515-4332

ARE YOU A VETERAN IN NEED OF RESOURCES NOW OR HAVE QUESTIONS?
CALL US! 1-844-489-8387





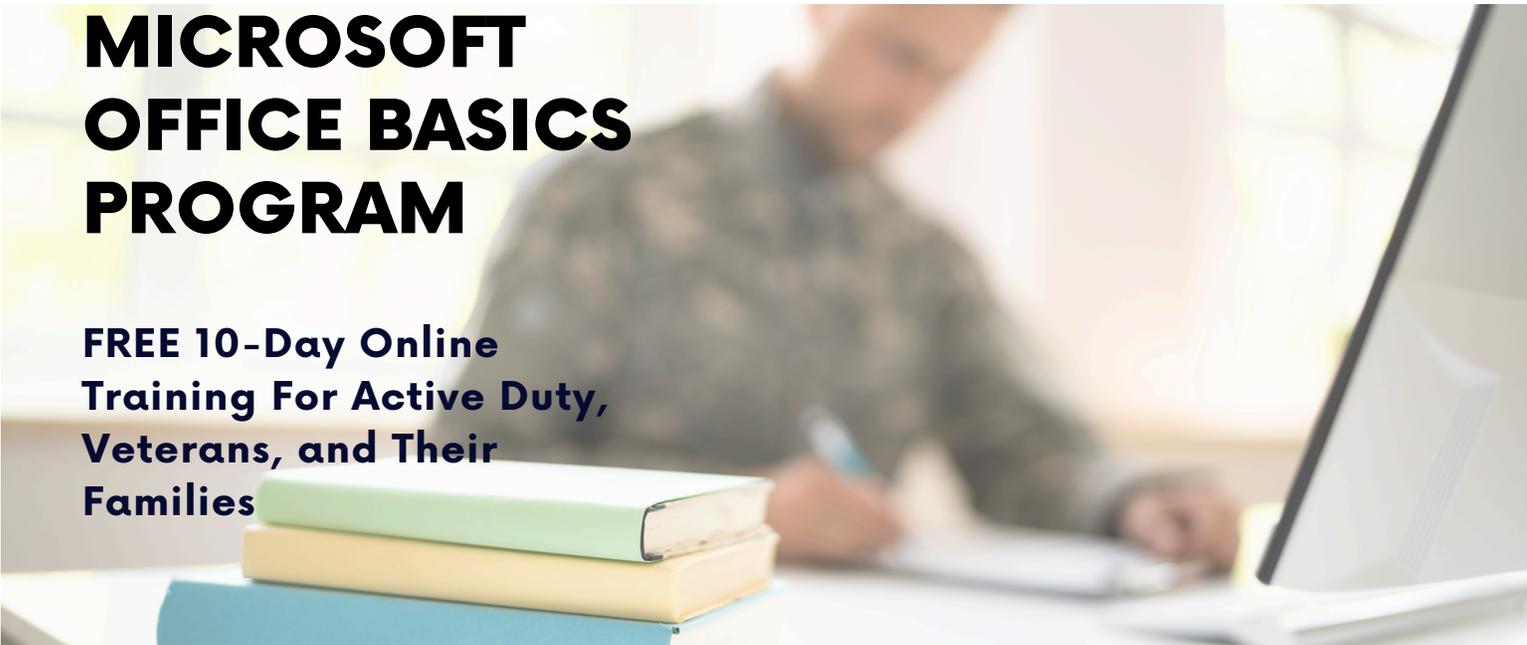
MICROSOFT OFFICE SKILLS PROGRAM



The Next Step, Inc.

MICROSOFT OFFICE BASICS PROGRAM

FREE 10-Day Online Training For Active Duty, Veterans, and Their Families



MS Word and Excel

Learn by creating job search tools: resumé and job tracking spreadsheet



Strengthen Soft Skills

Learn to apply self-awareness, self-regulation, and empathy in the workplace



Live Support

Get feedback from instructors and support from coaches



Grow with Google

Qualify to receive a Google Career Certificate Scholarship

ELIGIBILITY

- Active duty, Reserves, National Guard, Veterans, Dependents, and Surviving Spouses
- Current residential address in Bexar, Brazos, Fort Bend, Harris, Liberty, Montgomery, Polk, San Jacinto, Tarrant, Trinity, Waller, and Walker County
- 18+ years with basic computer skills

SIGN UP

Visit thenextsteptx.org/veterans



This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families. For more information, visit www.tvc.texas.gov.



HOUSTON AREA & VIRTUAL FINANCIAL COACHING



YOU'RE INVITED!

VETERAN & VETERAN FAMILY FINANCIAL COACHING WORKSHOP

We're excited to invite you to our Financial Coaching Workshop - designed to help veterans and veteran families take control of their finances and build a secure future. In this workshop, you'll learn how to:

1. Organize your finances to match your lifestyle
2. Understand your VA benefits
3. Set meaningful financial goals
4. Build healthier money habits
5. Save money effectively
6. Break free from debt



MONDAYS

10AM IN-PERSON

OR

6PM VIRTUAL

Simply reply to Veteran Navigator Chasity Wohlford, US Navy Veteran, at cwohlford@eastersealshouston.org with your preferred time.



FORWARD OPERATING BASE (FOB) EAGLE REFERENCE SHEET

Physical Address:

496 County Road 523
Eagle Pass, TX 78852

Mailing Address:

496 County Road 523 Suite A-01
Eagle Pass, TX 78852

SECURITY - ECP #1

MAIN ENTRY CONTROL POINT

- Open 24/7
- 100% ID Check

HOUSING & BASE CAMP OPERATIONS

A-01 MAYOR CELL

- Daily Office Hours: 0600-2000
- [MAYOR CELL WORK ORDER REQUEST](#)
- Mail pick up inside
- Phone: [512-987-8462](tel:512-987-8462)

A-03 LAUNDRY SERVICE

- Daily Full-Service: 0800-1900
 - **24-Hour Turnaround**
 - Daily Self-Service: 0800-1900
 - **Select machines only**
 - *10 lbs. per laundry bag. **TWO** bag limit.
 - **Prohibited Items:** shoes, backpacks, military equipment (TA-50), and pillows.
 - Ensure all pockets and equipment are checked for pens or other items before laundering.
- Phone: [512-987-8462](tel:512-987-8462) (Mayor Cell)

A-04 DINING FACILITY (DFAC)

Breakfast: 0700-0900; Lunch: 1100-1300;
Dinner: 1700-1900; Midnight: 2300-0100;
Snacks / Drinks: 24/7 (**TWO** per item, per person)
*100% ID Check & Dress Code in effect.
Phone: [512-987-8462](tel:512-987-8462) (Mayor Cell)

MEDICAL

A-05 BASE AID STATION

- Office Open: Mon-Fri 0800-1600
- Sat-Sun & After-Hours: On-Call
- Phone: [512-897-5234](tel:512-897-5234)

BASE CAMP RESOURCES

B-01 BEHAVIORAL HEALTH

- Office Open: Mon-Fri 0900-1700
- Daily On-Call: 0700-1900
- Phone: [512-542-4638](tel:512-542-4638)
- Crisis Line: 988

B-03 GYM

- Open 24/7
- Phone: [512-987-8462](tel:512-987-8462) (Mayor Cell)

B-05 MWR/LOUNGE

- Open Daily: 0600-0100
- Contact the Mayor Cell for reservations.
- Phone: [512-987-8462](tel:512-987-8462) (Mayor Cell)

B-08 FORCEPRO

- Office Open: Mon-Fri 0800-1600
- Phone: [512-470-3850](tel:512-470-3850) (24 Hours)

B-18 CHAPLAINS | EO

Chaplains:

- Office Open: 0800-1700

EO:

- In Office: 0800-1700
- Phone: 706-627-4395 SFC Evans

C-05 CONFERENCE ROOM

- Open 24/7
- Contact your unit S3 for reservations.

