



13 FEBRUARY 2025

# LONE STAR

## TF INFO

The Pulse uses your TF input.

Send content submissions and requests to: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil)

## CHAPLAIN'S CORNER

**The Wisdom of the Ant - Reflection:** What is one small step you can take today toward your goals?

*"Go to the ant, you sluggard; consider its ways and be wise! It has no commander, no overseer or ruler, yet it stores its provisions in summer and gathers its food at harvest." – Proverbs 6:6-8*

Ants are small creatures, often overlooked, yet they demonstrate incredible diligence, teamwork, and foresight. Without anyone standing over them, they work tirelessly, preparing for the future with persistence and discipline. They don't wait for the perfect conditions or an easy path—they simply do what needs to be done, step by step, day by day.

There is something deeply inspiring about their work ethic. In a world that often seeks shortcuts or instant gratification, the ant reminds us of the power of consistency. Success, whether in our careers, relationships, or personal growth, is rarely built overnight. It comes from steady effort, small choices, and a commitment to keep going even when no one is watching.

Perhaps today you're facing a task that feels too big or a goal that seems distant. Instead of focusing on how far you must go, take a lesson from the ant—just start. Take one step. Do the work. Stay consistent. Over time, those small efforts add up to something great.

Diligence is not about exhausting ourselves but about moving forward with purpose. When we commit to the process, growth happens, and before we know it, the harvest comes.

### TMD Counseling Program

Promoting Emotional Wellness, Resiliency and Readiness of our Military Community.  
The Texas Military Department Counseling Program can be reached via the counseling line.

**512-782-5069**

The Texas Military Department (TMD) Counseling Program was created to provide free and confidential counseling to Texas Military Service Members, thereby promoting overall wellness. We are located in various cities across the state and are available to meet via telephone, video or in person.  
What services do our counselors provide?

- Individual counseling
- Counseling Line support
- Traumatic Event Management
- Collaboration with Unit Leadership to promote wellness



Suicide Prevention Lifeline  
**1-800-273-8255**



DOD Safe Helpline  
**1-877-995-5247**



Domestic Violence Hotline  
**1-800-799-7233**



Military One Source  
**1-800-342-9647**

\*\*Military OneSource does not apply to TXSG.

# PULSE



## NEWS UPDATES



[Two charged in gruesome murder of 101st Airborne soldier in home near Fort Campbell.](#)

[Oculus founder wants to help troops surpass the limits of human form.](#)

[Airman uses military training to rescue skier during trip to the Alps.](#)

[House military personnel panel eyes reforms to recruiting efforts.](#)

### Behavioral Health Resources

[Click here](#)

Jobs Opps!  
[Click Here](#)

Service Member Support,  
[Click Here](#)

Education Info!  
[Click Here](#)

THIS Valentine's DAY...  
practice safe SECS



O P S E C  
I N F O S E C  
C O M S E C  
P E R S E C  
keep it under wraps

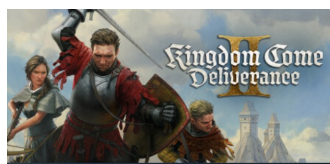
g a m e



z o n e

AVAILABLE NOW FEB 2025

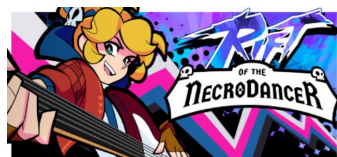
COMING SOON FEB 2025



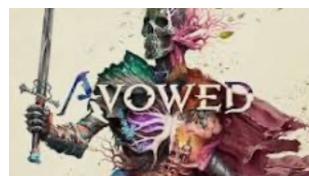
**KINGDOM COME DELIVERANCE II**  
PS5, Xbox Series X/S, PC  
Genre: Historical RPG



**DETECTIVE VR**  
Meta Quest  
Genre: Mystery VR  
Release: 27FEB2025



**RIFT OF THE NECRODANCER**  
PC  
Genre: Rhythm



**AVOWED**  
PC, Xbox Series X/S  
Genre: Action RPG  
Release: 18FEB2025



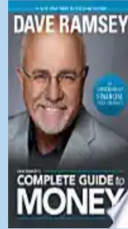
TF BDE

### Building Strong & Ready Teams



INSTRUCTOR FINANCIAL BSRT:  
SFC JOHN BARKLE

WHO: TF EAGLE AND FOB  
EAGLE SOLDIERS  
WHAT: FINANCIAL BSRT  
WHEN: 27 FEB 2025  
TIME: 0900-1300  
WHERE: MWR



LOOKING FORWARD TO SEEING EVERYONE THERE

CIVILIAN ATTIRE ONLY

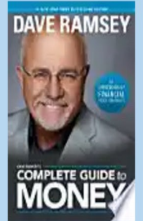
Build Strong & Ready Teams with financial advice to eliminate debt, budget effectively, and build wealth. Two sessions available: Thursday, 27 FEB and Friday, 28 FEB at FOB Eagle.

### Building Strong & Ready Teams



INSTRUCTOR FINANCIAL BSRT:  
SFC JOHN BARKLE

WHO: TF EAGLE AND FOB  
EAGLE SOLDIERS  
WHAT: FINANCIAL BSRT  
WHEN: 28 FEB 2025  
TIME: 0900-1300  
WHERE: C-05



LOOKING FORWARD TO SEEING EVERYONE THERE

CIVILIAN ATTIRE ONLY

**FREE TICKETS!! FREE TICKETS!! FREE TICKETS!!**



**Saturday, March 1, 2025**  
**EchoPark Automotive Grand Prix**  
And/or  
**Sunday, March 2, 2025**  
**Focused Health 250: Xfinity Series**

Circuit of the Americas wants to bring Veterans and their Families FREE Tickets to NASCAR!

Race fans will experience another unforgettable weekend of NASCAR in Austin, Texas, March 1/2, 2025. Race fans will see three different series taking on the 17 turns of Circuit of The Americas on Saturday, March 1, 2025. The NASCAR Cup Series will take on the world-class Circuit of The Americas Sunday, March 2 for the fifth running of the EchoPark Automotive Grand Prix!

Tickets include Free **GRANDSTAND** Admission at the event.

Event is for Veterans and their Families.

When requesting, please include:  
Name and Rank  
Unit  
Personal Email and Phone Number  
# of tickets requesting  
Last deployment date  
Which race day you want to attend

For information or to request tickets, please email:  
Danielle Sanders - Soldier and Family Readiness Specialist  
Danielle.R.Sanders4.nfg@army.mil



**REMINDER**  
**GO TO B-05 TO LOOK THROUGH THE MWR BOOK PILE**

ROGER THAT! GOOD COPY.



### 7 DAY FORECAST FOR YOUR AREA



OLS Rally Point

PAY DATES FY25							
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid
TF EAGLE/LS	1 Jan - 31 Jan 25	31	6-7 Feb	1	1 Feb - 27 Feb 25	27	6-7 Mar
TXSG	1 Jan - 31 Jan 25	30			1 Feb - 28 Feb 25	27	



### TF EAGLE

#### Super Bowl Sunday at FOB Eagle, Eagle Pass, Texas

Super Bowl Sunday is a time of celebration for many across the United States, and that includes the soldiers stationed at FOB Eagle in Eagle Pass, Texas. As with any Super Bowl gathering, food plays a central role in the festivities. With the warm South Texas weather, soldiers took advantage of the opportunity to cook out on the grill, while others helped in the kitchen, preparing a variety of delicious game day snacks.

The celebration wouldn't have been complete without the USO games and giveaways. Soldiers enjoyed spending time watching the game, savoring great food, and participating in the fun. The event became an unofficial holiday of sorts, offering a day of camaraderie, and shared memories of their deployment along the Texas border.



#### NOT Valentines Day Event

Guess how many kisses are in the jar? **A: 613**; Thank you for your participation and for adopting a Fuggler!



#### CHAPLAIN'S OFFICE

TF OLS ASG FOB EAGLE



Chaplain (MAJ) GARCIA, M.  
(832) 726-5888  
Chaplain Assistant  
CPL Liberona, M.  
(617) 774-7798

Call the numbers above, any time of the day or night.

Good day,  
This is a friendly reminder that we will be celebrating Protestant Sunday Morning Bible Study  
Every SUNDAY at 0900 in the Chaplains Offices (B-18)  
Everyone is welcome to join us, regardless of denominational background.  
We look forward to seeing you there!  
Blessings,  
Chaplain Team



### 7 DAY FORECAST FOR YOUR AREA

Thu	Fri	Sat	Sun	Mon	Tue	Wed
56° 44°	65° 46°	79° 42°	67° 37°	69° 50°	79° 35°	53° 27°



OLS Rally Point

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# \*\* CAMP IN A BOX IS BACK!



CAMP IS COMING TO YOU THIS  
SPRING 2025

## STEM DISSECTION KITS

### OPEN TO TXARNG DEPENDENTS AGES 6-18



#### WHAT IS INCLUDED IN THE BOX?

- PRESERVED ANIMAL OR GUMMY RAINBOW/CLOUDS
- DISSECTION SCISSORS
- FOAM DISSECTION TRAY
- DISSECTION GUIDE
- PLASTIC FORCEPS
- SCALPEL

PLEASE BE ADVISED  
THAT ADULT  
SUPERVISION IS  
REQUIRED FOR ALL  
DISSECTION KITS.

**REGISTRATION FOR DISSECTION KITS OPENS FEBUARY 14TH  
2025 AND CLOSSES FEBUARY 28TH, 2025**

**THIS EVENT IS FULLY FUNDED BY THE TEXAS CHILD AND  
YOUTH PROGRAM**

**POC: HANNAH.A.WALKER8.CTR@ARMY.MIL OR 512-364-5005**

**[HTTPS://FORMS.GLE/CTQ6UNIRCKAMY9T68T](https://forms.gle/CTQ6UNIRCKAMY9T68T)**

\*\*Program does not apply to TXSG.