# LONE STAR PULSE

**TF INFO** 







**26 December 2024** 

### CHAPLAIN'S CORNER

How 'Merry Christmas' and 'Happy Holidays' reflect US military values By Chaplain (Maj.) Jordan Henricks The seasonal greeting "Merry Christmas" is made possible by the reality captured in the greeting "Happy Holidays." This duality underscores a uniquely American commitment to the freedom of religious expression enshrined in the First Amendment to the Constitution. It is a reminder of the

Amendment to the Constitution. It is a reminder of the delicate balance between our secular status as a nation-state and the religious freedom that typifies our legal and cultural framework.

In the United States, the First Amendment protects both the free exercise of religion and guards against government establishment of religion. These twin protections ensure that citizens can freely express their beliefs — or choose not to — without fear of coercion or marginalization.

This commitment is not merely theoretical; it is the foundation of the Department of Defense's approach to religious accommodation within the armed forces...

Read the full article here: How 'Merry Christmas' and 'Happy Holidays' reflect US military values

## NEWS UPDATE

NORAD Santa tracker started in the Cold War. Now it's a holiday staple

How 'Merry Christmas' and 'Happy Holidays' reflect US military values

Tabasco's new buddy: Pentagon urged to add creatine to MREs

Important TA/CA Policy Changes
(Information Sheet Download Link)

STARS STRIPES. **ArmyTimes Military**Times





The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: <a href="mailto:ng.tx.txarng.list.ols-info@army.mil">ng.tx.txarng.list.ols-info@army.mil</a> -



WHO: All Tricare Beneficiaries that live in Texas Home | TRICARE

WHAT: January 1st 2025, Texas, Illinois, Louisiana, Oklahoma, and Wisconsin will transition from TRICARE East to TRICARE West.

To ensure you receive the most up to date and current information and prevent lapses in your current TRICARE coverage:

1. Log in to ID Card Office Online (osd.mil) to update your Profile and update Dependent Profiles.

#### **ID Card Office Online**









#### DS Logon - DMDC

2. Log into the Beneficiary Web Enrollment (BWE) milConnect - BWE (osd.mil) to ensure healthcare coverage is correct.

### milConnect - FAQ Find a TRICARE Plan | TRICARE

- 3. Starting in early November you should create an account on the TriWest patient portal.
- 4. To ensure you can make your payments to TriWest (if applicable), update your payment information (Note: If you pay by allotment, you do not need to do this. Allotment payments will transfer automatically).
- 5. Search for providers in the new TriWest provider network directory on the patient portal.

TF EAGLE | BDE







**26 December 2024** 



Special thanks to the Eagle Pass Fire Dept. for visiting the troops!







The holiday season can be a challenging time for service members stationed far from home. Knowing this, the dedicated morale teams at FOB Eagle went the extra mile to ensure a festive and memorable Christmas for all.

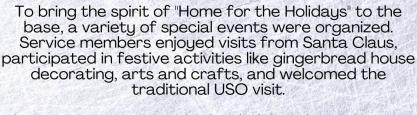


Photo opportunities and other holiday-themed events further enhanced the festive atmosphere, creating lasting memories for service members who were away from their loved ones during the holiday season.











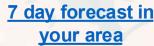












PAY DATES FY25							
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid
TF EAGLE/LS	31 OCT - 29 NOV 24	30	5-6 Dec		30 NOV - 30 DEC 24	31	6-7 Jan
TXSG	1 NOV - 30 NOV 24	30			1 DEC - 31 DEC 24	31	

