



# LONE STAR PULSE

Tricare



19 December 2024



**WHO: All Tricare Beneficiaries that live in Texas**

[Home | TRICARE](#)

**WHAT: January 1st 2025, Texas, Illinois, Louisiana, Oklahoma, and Wisconsin will transition from TRICARE East to TRICARE West.**

To ensure you receive the most up to date and current information and prevent lapses in your current TRICARE coverage:

1. Log in to ID Card Office Online (osd.mil) to update your Profile and update Dependent Profiles.

[ID Card Office Online](#)

<p><b>ID Card Office Locator &amp; Appointments</b></p> <p>Find a RAPIDS ID Card Office</p> <p>Make an Appointment</p> <p><a href="#">More Info</a></p> <p><b>CONTINUE</b></p>	<p><b>Common Access Card</b></p> <p>Update Email Address</p> <p>Add Joint Data Model Applet</p> <p>Extend Academy Student Certificate</p> <p><a href="#">More Info</a></p> <p>For CAC Issuance/Renewal select ID Card Office Locator &amp; Appointments</p> <p><b>CONTINUE</b></p>	<p><b>Family ID Cards</b></p> <p>View Sponsor/Family ID Card</p> <p>Nominate Family Member</p> <p>Request Family Member ID Card</p> <p>Online USID Card Renewal</p> <p>Print Family List</p> <p><a href="#">More Info</a></p> <p><b>CONTINUE</b></p>	<p><b>My Profile</b></p> <p>Update Contact Information</p> <p>Update GAL Information</p> <p>Opt-In TSA PreCheck (DoD Civilians Only)</p> <p><a href="#">More Info</a></p> <p><b>CONTINUE</b></p>
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[DS Logon – DMDC](#)

2. Log into the Beneficiary Web Enrollment (BWE) milConnect - BWE (osd.mil) to ensure healthcare coverage is correct.

[milConnect - FAQ](#)

[Find a TRICARE Plan | TRICARE](#)

3. Starting in early November you should create an account on the TriWest patient portal.

4. To ensure you can make your payments to TriWest (if applicable), update your payment information (Note: If you pay by allotment, you do not need to do this. Allotment payments will transfer automatically).

5. Search for providers in the new TriWest provider network directory on the patient portal.



TEXAS MILITARY DEPARTMENT \*\*\* STATE TUITION ASSISTANCE



# Need Money for College?

## Plan for the 2025 Spring Semester!

**Spring Application  
opens 01 Nov 2024  
closes 03 Jan 2025**



<https://tmd.texas.gov/state-tuition-assistance-program>

### ABOUT US

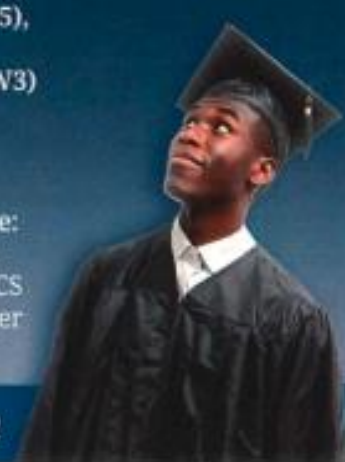
State Tuition Assistance (STA) is an education benefit for Texas Service Members (TXARNG, TXANG, TXSG), funded by Texas for Texans. We believe in the power of education to transform lives and aim to support resourceful minds committed to making a positive impact through learning.

### WHY STATE TUITION ASSISTANCE?

- Awards up to **\$10,000** per semester for Fall & Spring.
- Tuition paid **up front**.
- Covers **10 semesters** or five years.
- Provides up to **12 semester hours of tuition and mandatory fees**.
- For use exclusively at **Texas colleges and universities**.
- Ability to **combine** with other education grants, scholarships, and benefits.
- Applicable for undergraduate, graduate, and **professional degrees**, as well as vocational, technical & academic certificates, and credentials.

### ELIGIBILITY

- **Active member in good standing** with the TXARNG, TXANG, TXSG
- Enlisted (E1-E9), Officers (O1-O5), and Warrant Officers (W1-W3)
- AGRs
- **Must have completed one:** Basic training, Basic camp, OCS or first semester of MS1



Contact us & find out how we can help fulfill your educational goals: (512) 782-5515 Option 2

# LONE STAR PULSE

TF INFO



19 December 2024

## CHAPLAIN'S CORNER

## NEWS UPDATE

### Christmas Dinner Prayer

We are especially grateful for the gift of family and the love that surrounds this table. Thank You for the relationships that bring us joy and connection. May our time together be filled with laughter, warmth, and cherished memories. We also lift up those in need today. Surround them with Your love and care, and guide us to show compassion and generosity to others, just as You have shown to us. As we gather, let Your spirit of giving and kindness shine through us.

In Jesus' name, Amen.

[Guardsmen Charged in Fatal Shooting at GA Base](#)

[Acknowledging Rising Costs: Service Will Boost TA Program](#)

[Real or Imagined? Younger Gen's Barriers to Enlistment](#)

[Our Strength is in Our Diversity](#)

STARS AND STRIPES  
ArmyTimes MilitaryTimes

### Upcoming Releases



### New video game releases for 2024

Here's a look at what the year has in store for upcoming games coming to Nintendo Switch, PlayStation 5, Windows PC, Xbox Series X, and other current gaming platforms. [Click here](#)

 **Polygon**  
[2024 Release Dates](#)

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarnq.list.ols-info@army.mil](mailto:ng.tx.txarnq.list.ols-info@army.mil)



# LONE STAR PULSE

TF EAGLE



19 December 2024

First  
Christmas tree  
of the  
FOB Eagle community



Thank you  
Team Housing  
for making our  
holidays beautiful



**UGLY SWEATER**  
*Holiday Contest*  
Friday, December 20th

1200 AT THE DFAC

**TEAM HOUSING SOLUTIONS**

## FOB EAGLE'S MERRY CHRISTMAS



COL Kemp gathered  
with his troops to  
light the tree



## HAPPY BIRTHDAY

LTC Kain hosted a  
cake-cutting ceremony  
to celebrate the  
388th birthday of the  
United States National Guard.



Thu	Fri	Sat	Sun	Mon	Tue	Wed
68° 48°	69° 49°	66° 52°	72° 62°	75° 62°	76° 55°	79° 61°

7 day forecast in  
your area

PAY DATES FY25						
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF EAGLE/LS	31 OCT - 29 NOV 24	30	5-6 Dec	30 NOV - 30 DEC 24	31	6-7 Jan
TXSG	1 NOV - 30 NOV 24	30		1 DEC - 31 DEC 24	31	

OLS Rally Point



# LONE STAR PULSE

TF BDE



19 December 2024

## Tuition Assistance (TA) and Credentialing Assistance (CA) Policy Updates Effective 11 December 2024



ALARACT 099/2024 contains Important Policy Changes Regarding CA and TA. View the ALARACT at <https://usg01.safelinks.protection.office365.us/?url=https%3A%2F%2Farmypubs.army.mil%2FProductMaps%2FPubForm%2FALARACT.aspx&data=05%7C02%7Cjames.m.nelson1.mil%40army.mil%7C6455d64d1ef84d82cf0908dd1a79c575%7Cfae6d70f954b481192b60530d6f84c43%7C0%7C0%7C638695832490156263%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOilwLjAuMDAwMCIslAIiXaW4zMilslkFOLjoiTWfPbClslldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=TrazOI%2BM6zQpGWeM%2FiV7sdBIFSBKv3kihuYzdGT9HA%3D&reserved=0>.

For CA assistance, Soldiers should contact the CA Virtual Counseling Cell ([https://usg01.safelinks.protection.office365.us/?url=https%3A%2F%2Fwww.cool.osd.mil%2Farmy%2Fcosts\\_and\\_funding%2Findex.html%3Fcredentialingassistance&data=05%7C02%7Cjames.m.nelson1.mil%40army.mil%7C6455d64d1ef84d82cf0908dd1a79c575%7Cfae6d70f954b481192b60530d6f84c43%7C0%7C0%7C638695832490170770%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOilwLjAuMDAwMCIslAIiXaW4zMilslkFOLjoiTWfPbClslldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=faToNHR%2BCE5mEoWfnq%2FmB3jg3IFqg10doRavNPYi7Ao%3D&reserved=0](https://usg01.safelinks.protection.office365.us/?url=https%3A%2F%2Fwww.cool.osd.mil%2Farmy%2Fcosts_and_funding%2Findex.html%3Fcredentialingassistance&data=05%7C02%7Cjames.m.nelson1.mil%40army.mil%7C6455d64d1ef84d82cf0908dd1a79c575%7Cfae6d70f954b481192b60530d6f84c43%7C0%7C0%7C638695832490170770%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOilwLjAuMDAwMCIslAIiXaW4zMilslkFOLjoiTWfPbClslldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=faToNHR%2BCE5mEoWfnq%2FmB3jg3IFqg10doRavNPYi7Ao%3D&reserved=0)) or visit their local Army Education Center.

[Click here for the full list for assistances with TA, ACT, etc...](#)

**Holiday Market**  
DECEMBER  
6TH | 20TH | 27TH  
6:00 P.M. - 10 P.M.  
SAN JUAN PLAZA  
600 MADISON ST.

For more information, please contact the Parks and Recreation Office at (830)773-4343.

[Holiday Market at San Juan Plaza!](#)

December 20, 2024, 6:00 PM - 10:00 PM

**UGLY SWEATER**  
*Holiday Contest*  
Friday, December 20th  
1200 AT THE DFAC  
TEAM HOUSING SOLUTIONS

**Christmas MOVIE NIGHT**  
7th: HOME ALONE  
14th: GRINCH  
21st: NO! NO! NO!  
28th: THE NIGHT BEFORE CHRISTMAS



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[7 day forecast in your area](#)

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