



10 APRIL 2025

LONE STAR

TF INFO

The Pulse uses your TF input.

Send content submissions and requests to: ols-ict@sg.tmd.texas.gov

PULSE



CHAPLAIN'S CORNER

Faith vs. Fear

Scripture: "For God has not given us a spirit of fear, but of power and of love and of a sound mind." (2 Timothy 1:7 (NKJV)).

Sermon: Fear is a liar. Life is full of moments that challenge our faith, such as uncertainty, trials, and obstacles that make fear feel like our natural human response. Fear whispers lies: What if you fail? What if God doesn't come through? What if you're not good enough? But faith speaks a different truth: God is with you. He is in control. He will never leave you. "Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, 'I will never leave you nor forsake you.'" (Hebrews 13:3; Deuteronomy 31:6).

Faith and fear cannot occupy the same space in our hearts. Fear paralyzes us, while faith moves us forward. Fear makes us focus on the storm, but faith keeps our eyes on Jesus, just like Peter when he walked on water (Matthew 14:28-31). When Peter looked at the waves, fear overtook him, and he began to sink. But when his focus was on Jesus, he walked in the impossible.

Application: So, how do we replace fear with faith?

1. Know God's Promises – His Word is filled with reassurances like **Isaiah 41:10**: "Fear not, for I am with you."
2. Pray and Surrender – Lay your fears before God. **Philippians 4:6-7** reminds us that when we pray, His peace will guard our hearts.
3. Take Small Steps of Faith – Trust God and move forward even when afraid. He honors even the most minor steps of obedience.

Last Thought:

Faith isn't the absence of fear; it's choosing to trust God despite it. What is your foundation made of, from sand or a rock? Today, will you allow fear to hold you back, or will you choose to walk by faith?

Prayer: Lord, I choose faith over fear today. Remind me of Your promises, strengthen my trust in You, and help me keep my eyes on You. No matter what I face, I know You are greater. In Your Name, we pray, Amen.

NEWS UPDATES



[DPS Launches Annual Distracted Driving Campaign APRIL 7-14, 2025](#)

[U.S. Attorney's Office Charges Over 200 Individuals for Immigration-Related Criminal Conduct in Arizona This Week](#)

[AR 350-1 updates](#)

[Army to recode 20,000 parachutist jobs in major airborne restructuring](#)

MILITARY ONE SOURCE

Tax Consultants are available

Monday – Sunday: 0700-1100 (ET) / 1600-2000 (ET)-during tax season

FREE TAX SOFTWARE*

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HERE

*Services are good for Active Duty, Army and Air Guard, or reserve that are activated or drilling monthly, their direct DEERS dependents, and those who have separated within 365 days. Does not apply to a Texas State Guardsman who does not meet the above requirements.



**DEADLINE IS TODAY!
SUMMER UNIFORM ROSTER**

[Click here or Scan QR](#)

All OLS TFs, all ranks, all branches eligible.



OLS MARRIAGE EVENT 8-10 MAY 2025 San Antonio

**Only 10 seats, for 10 couples first
come first serve sign up asap**

Back by popular request CH (MAJ) Hutto will be leading the marriage event:

Curriculum for session: **5 Love Languages**

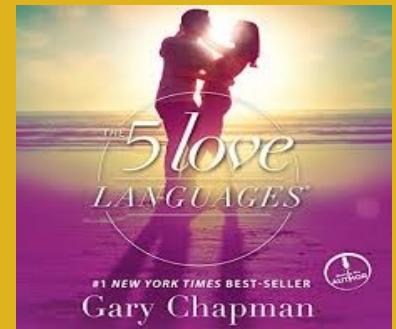
Married in DEERS- Questions get with your TF Chaplain team.

The promise: A time to reflect, reconnect, learn and grow.

The Intent: Focus on thoroughly evaluating one character and role in their marriage. Taking time to get to know each other at a deeper level, paying attention to their thoughts, words and behavior. Setting clear boundaries, not ignoring red flags like consistent disrespect, manipulation, or a lack of accountability. Essentially, prioritizing healthy communication and mutual respect throughout one's marriage.

Free registration, curriculum and room. You are responsible for your meals.

Hotel Indigo San Antonio Riverwalk
830 N. St. Mary's St.
San Antonio, Texas 78205
210-527-1900 ☺



Register For OLS Marriage
Enrichment Event: ARNG-FY25-
06549/06521/06512



OLS SINGLE SOLDIER EVENT 8-10 MAY 2025 San Antonio

**Only 30 seats, for 30 singles first
come first serve sign up asap**

Instructors for Event: CH Gerber, SSG Dreher

Curriculum for session: **Got Your Back**

The promise: A time to reflect, learn and grow. How to find your equal.

The Intent: focus on thoroughly evaluating one's character by taking your time to get to know the people you date, deeply paying attention to their behavior towards others, setting clear boundaries, and not ignoring red flags like consistent disrespect, manipulation, or a lack of accountability, even if you are initially attracted to them; essentially, prioritizing healthy communication and mutual respect throughout the dating process.

Single in DEERS-Questions get with your TF Chaplain team.

Free registration, curriculum and room. You are responsible for your meals.

Hotel Indigo San Antonio Riverwalk
830 N. St. Mary's St.
San Antonio, Texas 78205
210-527-1900 ☺



Register For OLS Single Soldier
Event ARNG-FY25-
06532/06527/06523





LEARN. ACT. CHANGE.



What you say matters.

Every day, your words send a message about what you value and believe. When you stand up for survivors, you send a powerful message that you believe and support them.

Lots of different things shape our beliefs about sexual abuse, assault, and harassment.

- TV shows, movies, news reporting, and other forms of media might inform your views. Recognizing that media portrayals may be inaccurate and rarely tell the whole story is important.
- Think about where you've seen sexual violence shown or talked about. How could that have impacted your views or led to assumptions?

Your words affect others.

- Whether you know it or not, each of us knows people who are survivors of sexual violence. They might not have told anyone out of fear of being blamed or judged or not told you because they were not comfortable or didn't think you would take it seriously.
- If someone in your life is considering sharing something personal with you, they are listening to your opinions or attitudes for clues on how you will respond.





- A comment or joke based on assumptions or stereotypes might not seem like a big deal, but it could make someone feel unsafe about sharing personal or difficult things with you. This is also true for the things you like or share on social media – they can be signs to others about the attitudes and beliefs you have about sexual abuse, harassment, or assault.

For example, someone might think: “I could never tell her what happened to me. She makes comments online saying if victims of sexual assault don’t go to the police, then it wasn’t that serious.”

What can you do?

- Don’t wait for a critical moment to say the right things. The things you do and say every day are telling people your values.
- When you hear comments that blame victims or make light of sexual abuse, assault, and harassment, speak up so others know you disagree. Even if you don’t have a perfect response, challenging misconceptions and stereotypes sends the message that you believe survivors and you are a safe person to talk to.

For example: “That commercial made me uncomfortable. I think everyone should be treated with respect.” or “I don’t think that’s true — I believe people when they say that someone has hurt them.”

Your voice is powerful and necessary in changing attitudes and educating about sexual abuse, assault, and harassment. People listen to the things you do and speak. Your words and actions can tell people that you are safe to talk to and that you support and believe survivors.





[Click here to get help for yourself or a buddy](#)

BUDDY CHECK !! PICK A BUDDY TO CHECK ON TODAY.

Some warning signs may help you determine if a battle buddy is at risk for suicide, especially if their behavior is new, has increased, or seems related to a painful event, loss, or change:

- Talking about wanting to die or to kill themselves
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

[Click here to get help for yourself or a buddy](#)

988 | SUICIDE & CRISIS LIFELINE

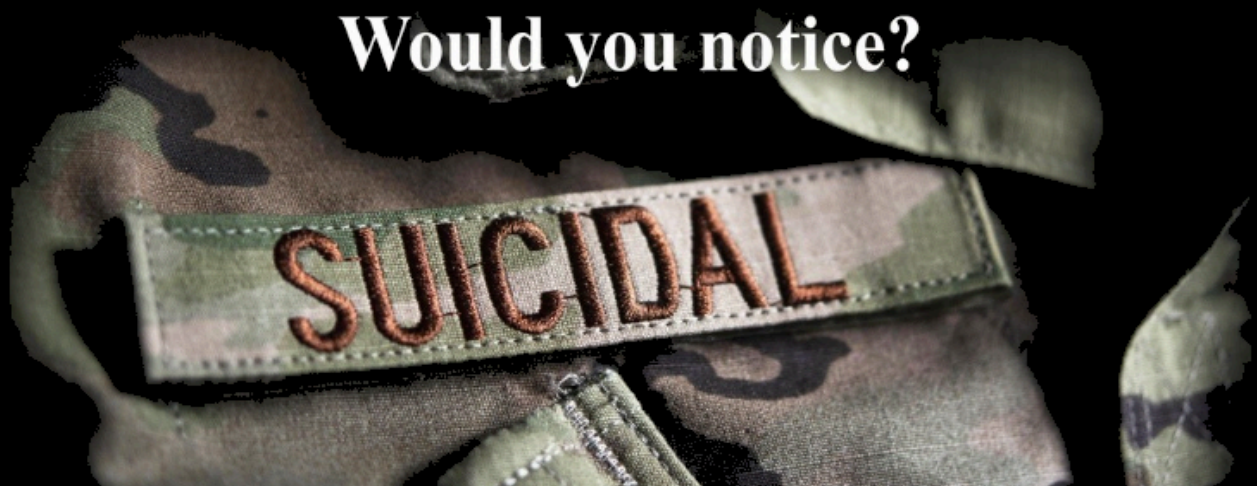
[Click here to get help for yourself or a buddy](#)

Get in Touch

The 988 Lifeline is for everyone. Through the 988 Lifeline, you have access to free, quality, one-on-one assistance. Our skilled, judgment-free counselors are here to provide compassionate support. You deserve to feel heard and cared about anytime, anywhere, 24/7/365.

The signs aren't always this obvious.

Would you notice?





[Click here to access the Joint Task Force Lone Star Standards Book](#)

JOINT TASK FORCE LONE STAR



STANDARDS BOOK

"Discipline is not instinctive. It must be taught, reinforced, and required!"
Author Unknown



Texas Department of Public Safety

Statement on Beaver and Roma Islands

DPS and TMD Release Joint Statement on Inaccurate Reports

AUSTIN – The Texas Department of Public Safety (DPS) and Texas Military Department (TMD) are aware of public reports that mischaracterize Beaver Island and Roma Island—two small islands along the Texas-Mexico border—as a “cartel-infested” “smuggler’s paradise,” “plagued by” rampant violence. These reports are inaccurate. Both DPS and TMD maintain operational control throughout the area where these islands are located. The State of Texas will never cede one square inch of its territory or allow terrorist organizations to gain a foothold to operate in the manner suggested by recent statements.

Governor Greg Abbott signed multiple Executive Orders designating dangerous cartels as foreign terrorist organizations. Also under Governor Abbott’s direction, DPS and TMD have carried out operations to clear islands actually “plagued by cartel violence,” like Fronton Island in October 2023. Texas continues to maintain robust law enforcement and intelligence capabilities along the border, working alongside the Trump Administration and U.S. Border Patrol to identify areas of concern and disrupt cartel activity before it proliferates.

###



TMD Counseling Program

Promoting Emotional Wellness, Resiliency and Readiness of our Military Community.

The Texas Military Department Counseling Program can be reached via the counseling line.

512-782-5069

The Texas Military Department (TMD) Counseling Program was created to provide free and confidential counseling to Texas Military Service Members, thereby promoting overall wellness. We are located in various cities across the state and are available to meet via telephone, video or in person.

What services do our counselors provide?

- Individual counseling
- Counseling Line support
- Traumatic Event Management
- Collaboration with Unit Leadership to promote wellness



Suicide Prevention Lifeline
1-800-273-8255



DOD Safe Helpline
1-877-995-5247



Domestic Violence Hotline
1-800-799-7233



Military One Source
1-800-342-9647

**Military OneSource does not apply to TXSG.



Redeployment Moved to FOB Eagle



Redeployment events have transitioned to Forward Operating Base (FOB) Eagle as part of the routine End of Mission (EOM) process to ensure service members are fully supported while preparing for reentry into civilian life. FOB Eagle is a fully supported community including meals, laundry, a gym facility, and private housing, all designed to provide comfort and convenience during this important phase.

This adjustment consolidates essential resources in one location, making them more accessible to personnel and streamlining the redeployment process. It also creates opportunities for Operation Lone Star (OLS) command and special staff to meet with troops in person to provide information. Resource Coordinators will be on site to assist with ongoing support services.

This transition phase is focused on ensuring every service member receives the support they and their families deserve when they return home.

As our troops conclude their service with OLS, we want to express our deepest gratitude for their dedication and unwavering commitment to the communities of the great State of Texas.

Above: COL Hildebrand conducts an open floor.

Thank you for your service.

Below: CH (LTC) Gerber discusses reintegration.



7 DAY FORECAST FOR YOUR AREA



OLS Rally Point

PAY DATES FY25							
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid
TF EAGLE/LS	30 MAR - 29 APR	31	6-7 MAY		30 APR - 29 MAY 25	30	5-6 JUN
TXSG	31 MAR - 30 APR	31			01 MAY - 30 MAY 25	30	





USO ENTERTAINMENT PRESENTS

LIVE PERFORMANCE

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Lucas Hoge Forrie J. Smith Lance Carpenter

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April 21 @ 1800

Part of the El Paso Museums & Cultural Affairs Family.




Wednesday-Saturday: 10:00 a.m. - 6:00 p.m.
 Sunday: 11:00 a.m. - 3:00 p.m.

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 El Paso, Texas 79901


Closed City Holidays



NATIONAL ENDOWMENT FOR THE ARTS
 and **BLUE STAR FAMILIES** present
arts.gov/bluestarmuseums

BLUE STAR MUSEUMS

The El Paso Museum of History is proud to be a Blue Star Museum. The program offers complimentary museum admission to active duty military personnel and their families, including National Guard and Reserve, between Armed Forces Day and Labor Day. Although our museum is free year-round, we are proud to take part in this program as an expression of gratitude to service members and a reminder that the military community is welcome at our facility.



Mission

To promote a healthy lifestyle and improved quality of life for all the El Paso Community by encouraging physical activity, improved nutrition, and mental health education.

Vision

Create a well-rounded healthy community with exceptional health and wellness educational opportunities.

Today < > April 2025 [CLICK FOR MORE DETAILS](#) Month

6	7	8	9	10	11	12
<ul style="list-style-type: none"> • 8:30am Women Hike at L • 12pm Sound Bath 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 4 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 		<ul style="list-style-type: none"> • 6:30am Aqua Strength • 8am Running-Cycling-W 2 more
13	14	15	16	17	18	19
<ul style="list-style-type: none"> • 7:30am Peak Challenge 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 	<p style="text-align: center; margin: 0;">Tax Day</p> <ul style="list-style-type: none"> • 11:30am Vinyasa Yoga 2 more 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 		<ul style="list-style-type: none"> • 6:30am Aqua Strength • 7:30am Hike-A-Thon-Lo • 9am Cardio Blast
20	21	22	23	24	25	26
<p style="text-align: center; margin: 0;">Easter Sunday</p> <ul style="list-style-type: none"> • 8:30am Lantern-Lit Mine • 11am Prospect Mine Tour 	<p style="text-align: center; margin: 0;">Easter Monday</p> <ul style="list-style-type: none"> • 9:15am Zumba Fuzion 4 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 	<ul style="list-style-type: none"> • 9am City Nature Challen • 6:45pm City Nature Chal 	<ul style="list-style-type: none"> • 6:30am Aqua Strength • 9am Cardio Blast
27	28	29	30	May 1	2	3
<ul style="list-style-type: none"> • 9:30am Last Sunday Hike 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 	<ul style="list-style-type: none"> • 11:30am Vinyasa Yoga • 6pm Mind & Body Yoga • 6:30pm Zumba Condition 	<ul style="list-style-type: none"> • 9:15am Zumba Fuzion • 10:15am Zumba Blast 3 more 			



7 DAY FORECAST FOR YOUR AREA

Thu	Fri	Sat	Sun	Mon	Tue	Wed
						
90° 63°	91° 64°	91° 66°	87° 67°	83° 61°	79° 57°	80° 58°



PAY DATES FY25						
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF WEST	29 MAR - 28 APR	31	6-7 MAY	29 APR - 28 MAY	30	5-6 JUN
TXSG	31 MAR - 30 APR	31		01 MAY - 30 MAY	30	