







10 APRIL 2025

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TF INFO

The Pulse uses your TF input.

Send content submissions and requests to: ols-ict@sg.tmd.texas.gov

CHAPLAIN'S CORNER

Scripture: "For God has not given us a spirit of fear, but of power and of love and of a sound mind." (2 Timothy 1:7 (NKJV).

Sermon: Fear is a liar. Life is full of moments that challenge our faith, such as uncertainty, trials, and obstacles that make fear feel like our natural human response. Fear whispers lies: What if you fail? What if God doesn't come through? What if you're not good enough? But faith speaks a different truth: God is with you. He is in control. He will never leave you. "Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, 'I will never leave you nor forsake you." (Hebrews 13:3; Deuteronomy 31:6). Faith and fear cannot occupy the same space in our hearts. Fear paralyzes us, while faith moves us forward. Fear makes us focus on the storm, but faith keeps our eyes on Jesus, just like Peter when he walked on water (Matthew 14:28-31). When Peter looked at the waves, fear overtook him, and he began to sink. But when his focus was on Jesus, he walked in the impossible.

Application: So, how do we replace fear with faith?

- Know God's Promises His Word is filled with reassurances like Isaiah 41:10: "Fear not, for I am with you."
- Pray and Surrender Lay your fears before God. Philippians 4:6-7 reminds us that when we pray, His peace will guard our hearts.
- Take Small Steps of Faith Trust God and move forward even when afraid. He honors even the most minor steps of obedience.

Faith isn't the absence of fear; it's choosing to trust God despite it. What is your foundation made of, from sand or a rock? Today, will you allow fear to hold you back, or will you choose to walk by faith?

Prayer: Lord, I choose faith over fear today. Remind me of Your promises, strengthen my trust in You, and help me keep my eyes on You. No matter what I face, I know You are greater. In Your Name, we pray, Amen.

NEWS UPDATES ArmyTimes MilitaryTimes

STARS STRIPES

DPS Launches Annual Distracted Driving Campaign APRIL 7-14, 2025

U.S. Attorney's Office Charges Over 200 **Individuals for Immigration-Related Criminal Conduct in Arizona This Week**

AR 350-1 updates

Army to recode 20,000 parachutist jobs in major airborne restructuring

MILITARY

ONSOURCE

Tax Consultants are available

Monday - Sunday: 0700-1100 (ET) / 1600-2000 (ET)-during tax season

"Get 'em Done"

Quick guidance & answers **Call Us OCONUS** Call us TTY/TDD



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*Services are good for Active Duty, Army and Air Guard, or reserve that are activated or drilling monthly, their direct DEERS dependents, and those who have separated within 365 days. Does not apply to a Texas State Guardsman who does not meet the above requirements.



DEADLINE IS TODAY! SUMMER UNIFORM ROSTER

Click here or Scan QR

All OLS TFs, all ranks, all branches eligible.









LONE STAR PULS

10 APRIL 2025

OLS MARRIAGE EVENT 8-10 MAY 2025 San Antonio San Antonio

Back by popular request CH (MAJ) Hutto will be leading the marriage event:

Curriculum for session: 5 Love Languages

Married in DEERS- Questions get with your TF Chaplain team.

The promise: A time to reflect, reconnect, learn and grow.

The Intent: Focus on thoroughly evaluating one character and role in their marriage. Taking time to get to know each other at a deeper level, paying attention to their thoughts, words and behavior. Setting clear boundaries, not ignoring red flags like consistent disrespect, manipulation, or a lack of accountability. Essentially, prioritizing healthy communication and mutual respect throughout one's marriage.

Free registration, curriculum and room. You are responsible for your meals.

Hotel Indigo San Antonio Riverwalk 830 N. St. Mary's St. San Antonio, Texas 78205 210-527-1900 ☺



Register For OLS Marriage Enrichment Event: ARNG-FY25-06549/06521/06512



OLS SINGLE SOLDIER EVENT 8-10 MAY 2025 San Antonio

Only 30 seats, for 30 singles first come first serve sign up asap

Instructors for Event: CH Gerber, SSG Dreher Curriculum for session: Got Your Back

The promise: A time to reflect, learn and grow. How to find your equal.

The Intent: focus on thoroughly evaluating one's character by taking your time to get to know the people you date, deeply paying attention to their behavior towards others, setting clear boundaries, and not ignoring red flags like consistent disrespect, manipulation, or a lack of accountability, even if you are initially attracted to them; essentially, prioritizing healthy communication and mutual respect throughout the dating process.

Single in DEERS-Questions get with your TF Chaplain team.

Free registration, curriculum and room. You are responsible for your meals.

Hotel Indigo San Antonio Riverwalk 830 N. St. Mary's St. San Antonio, Texas 78205 210-527-1900 ☺



Register For OLS Single Soldier Event ARNG-FY25-06532/06527/06523







LEARN. ACT. CHANGE.







What you say matters.

Every day, your words send a message about what you value and believe. When you stand up for survivors, you send a powerful message that you believe and support them.

Lots of different things shape our beliefs about sexual abuse, assault, and harassment.

- TV shows, movies, news reporting, and other forms of media might inform your views. Recognizing that media portrayals may be inaccurate and rarely tell the whole story is important.
- Think about where you've seen sexual violence shown or talked about. How could that have impacted your views or led to assumptions?

Your words affect others.

- Whether you know it or not, each of us knows people who are survivors of sexual violence. They might not have told anyone out of fear of being blamed or judged or not told you because they were not comfortable or didn't think you would take it seriously.
- If someone in your life is considering sharing something personal with you, they are listening to your opinions or attitudes for clues on how you will respond.

• A comment or joke based on assumptions or stereotypes might not seem like a big deal, but it could make someone feel unsafe about sharing personal or difficult things with you. This is also true for the things you like or share on social media – they can be signs to others about the attitudes and beliefs you have about sexual abuse, harassment, or assault.

For example, someone might think: "I could never tell her what happened to me. She makes comments online saying if victims of sexual assault don't go to the police, then it wasn't that serious."

What can you do?

- Don't wait for a critical moment to say the right things. The things you do and say every day are telling people your values.
- When you hear comments that blame victims or make light of sexual abuse, assault, and harassment, speak up so others know you disagree. Even if you don't have a perfect response, challenging misconceptions and stereotypes sends the message that you believe survivors and you are a safe person to talk to.

For example: "That commercial made me uncomfortable. I think everyone should be treated with respect." or "I don't think that's true — I believe people when they say that someone has hurt them."

Your voice is powerful and necessary in changing attitudes and educating about sexual abuse, assault, and harassment. People listen to the things you do and speak. Your words and actions can tell people that you are safe to talk to and that you support and believe survivors.









Click here to get help for yourself or a buddy

III II Y CHECK!! PICK A BUDDY TO CHECK ON TODAY.

Some warning signs may help you determine if a battle buddy is at risk for suicide, especially if their behavior is new, has increased, or seems related to a painful event, loss, or change:

- Talking about wanting to die or to kill themselves
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings

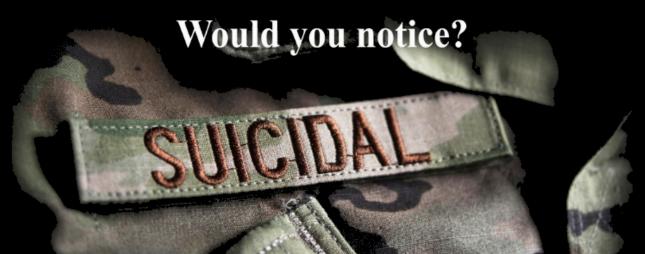
Click here to get help for yourself or a buddy

SUICIDE & CRISIS <u>.IFELINE</u>

Get in Touch

The 988 Lifeline is for everyone. Through the 988 Lifeline, you have access to free, quality, one-on-one assistance. Our skilled, judgment-free counselors are here to provide compassionate support. You deserve to feel heard and cared about anytime, anywhere, 24/7/365.

The signs aren't always this obvious.





Click here to access the Joint Task Force Lone Star Standards Book

JOINT TASK FORCE LONE STAR



STANDARDS BOOK

"Discipline is not instinctive. It must be taught, reinforced, and required!"

Author Unknown

Statement on Beaver and Roma Islands

DPS and TMD Release Joint Statement on Inaccurate Reports

AUSTIN – The Texas Department of Public Safety (DPS) and Texas Military Department (TMD) are aware of public reports that mischaracterize Beaver Island and Roma Island—two small islands along the Texas-Mexico border—as a "cartel-infested" "smuggler's paradise," "plagued by" rampant violence. These reports are inaccurate. Both DPS and TMD maintain operational control throughout the area where these islands are located. The State of Texas will never cede one square inch of its territory or allow terrorist organizations to gain a foothold to operate in the manner suggested by recent statements.

Governor Greg Abbott signed multiple Executive Orders designating dangerous cartels as foreign terrorist organizations. Also under Governor Abbott's direction, DPS and TMD have carried out operations to clear islands actually "plagued by cartel violence," like Fronton Island in October 2023. Texas continues to maintain robust law enforcement and intelligence capabilities along the border, working alongside the Trump Administration and U.S. Border Patrol to identify areas of concern and disrupt cartel activity before it proliferates.

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TMD Counseling Program

Promoting Emotional Wellness, Resiliency and Readiness of our Military Community.

The Texas Military Department Counseling Program can be reached via the counseling line.



512-782-5069

The Texas Military Department (TMD) Counseling Program was created to provide free and confidential counseling to Texas Military Service Members, thereby promoting overall wellness. We are located in various cities across the state and are available to meet via telephone, video or in person. What services do our counselors provide?

- · Individual counseling
- Counseling Line support
- Traumatic Event Management
- · Collaboration with Unit Leadership to promote wellness



Suicide Prevention Lifeline

1-800-273-8255



DOD Safe Helpline

1-877-995-

5247



Domestic Violence Hotline

1-800-799-7233



"Military OneSource does not apply to TXSG.

Military One Source

1-800-342-

9647









Redeployment Moved to FOB Eagle



Above: COL Hildebrand conducts an open floor.

Redeployment events have transitioned to Forward Operating Base (FOB) Eagle as part of the routine End of Mission (EOM) process to ensure service members are fully supported while preparing for reentry into civilian life. FOB Eagle is a fully supported community including meals, laundry, a gym facility, and private housing, all designed to provide comfort and convenience during this important phase.

This adjustment consolidates essential resources in one location, making them more accessible to personnel and streamlining the redeployment process. It also creates opportunities for Operation Lone Star (OLS) command and special staff to meet with troops in person to provide information. Resource Coordinators will be on site to assist with ongoing support services.

This transition phase is focused on ensuring every service member receives the support they and their families deserve when they return home.

As our troops conclude their service with OLS, we want to express our deepest gratitude for their dedication and unwavering commitment to the communities of the great State of Texas.

Thank you for your service.

Below: CH (LTC) Gerber discusses reintegration.



7 DAY FORECAST FOR YOUR AREA

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PAY DATES FY25									
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid		
TF EAGLE/LS	30 MAR - 29 APR	31	6-7 MAY	6-7 MAY	67 MAV		30 APR - 29 MAY 25	30	5-6 JUN
TXSG	31 MAR - 30 APR	31				01 MAY - 30 MAY 25	30	2-0 1010	









LONE STAR

10 APRIL 2025









Sat April 19, 2025 Mission, TX 78572 US Pirections





Texas National Guard Soldiers assigned to Brush Operations teams patrol the Rio Grande River and shoreline near McAllen, Texas, as part of Operation Lone Star's mission to prevent, deter and interdict transnational criminal activity, human trafficking and illegal immigration



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	TXSG	31 MAR - 30
OLS Kally Pollit	•	-

PAT DATES F125									
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid		
TF EAST	29 MAR - 28 APR	31	6-7 MAY	6-7 MAY	6-7 MAY		29 APR - 28 MAY	30	F.C. IIINI
TXSG	31 MAR - 30 APR	31				01 MAY - 30 MAY	30	5-6 JUN	