

# ★ LONE STAR PULSE ★

**TF EAGLE**



**10 OCT 2024**

**VOTETEXAS.GOV**  
POWERED BY THE TEXAS SECRETARY OF STATE

**NOV:5:**

**25 OCT**

[Mail Ballot Application Deadline](#)

**21 OCT**

[Early Voting Begins](#)

**1 NOV**

[Early Voting Ends](#)

[AM I REGISTERED?](#)

[REGISTER TO VOTE](#)

[WHAT'S ON THE BALLOT?](#)

[VOTER ID](#)

[WHERE'S MY POLLING PLACE? APPLICATION](#)

[FOR BALLOT BY MAIL](#)

[TRACK MY BALLOT](#)



Command Picture Courtesy of OLS PAO SGT Allen

**OLS LEADERSHIP CONFERENCE**  
EAGLE PASS TX  
02OCT-03OCT 2024



EAGLE PASS, TX - The JTF-LS Leadership Conference was held on October 2-3, 2024, at FOB Eagle in Eagle Pass Texas. Nearly 100 leaders from across the state gathered to engage in topics that ranged from training, changes to operations, policies, and command structures. In addition to these training topics, the conference also included time for leaders to discuss challenges and solutions that are facing the Soldiers on OLS BG Tanya R. Trout, the Director of Joint Force HQ, delivered an inspiring keynote address, encouraging leaders to focus on professional growth and the continuous improvement of operations.

**Money Mindfulness**

A FREE 4-week virtual workshop

**WHO: MILITARY IN ANY STATUS**

**WHEN: EVERY TUES 1900 CST FROM OCT 15 TO NOV 5**

**WHERE: ONLINE VIA ZOOM (NO RANKS, POSITIONS OR TITLES**

**COST: FREE**

**REGISTER: EVANSN@MAGELLANHEALTH.COM**



[CLICK HERE TO REGISTER](#)

**PREMIER MARTIAL ARTS SELF-DEFENSE GUN & KNIFE DEFENSE WORKSHOP**

**FOR MILITARY PERSONNEL**

**Premier Martial Arts**  
McAllen  
6500 N 10th St.  
CALL 956-428-5425

**FREE**

**LEARN TO DEFEND YOURSELF AGAINST VIOLENT GUN ASSAULTS!**

**Join us Saturday, October 19, 10AM**



|            |            |            |            |            |            |
|------------|------------|------------|------------|------------|------------|
| Thu 3      | Fri 4      | Sat 5      | Sun 6      | Mon 7      | Tue 8      |
| 94°<br>68° | 93°<br>67° | 94°<br>69° | 93°<br>70° | 94°<br>67° | 94°<br>68° |

**7 day forecast in your area**

**PAY DATES FY24**

| TASK FORCE | Period         | Days | Date Paid | Period          | Days | Date Paid |
|------------|----------------|------|-----------|-----------------|------|-----------|
| TF EAST    | 1 Sep – 28 Sep | 28   | 4-7 Oct   | 29 Sep – 29 Oct | 31   | 6-7 Nov   |
| TF EAGLE   | 1 Sep – 29 Sep | 29   |           | 30 Sep – 30 Oct | 31   |           |
| TXSG       | 1 Sep – 30 Sep | 30   |           | 1 Oct – 31 Oct  | 31   |           |

OLS Rally Point



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## Tate's Pumpkin Patch Market Fest

JOIN US AT TX MARKETS & BARBERSHOP 62 FOR  
**TATE'S PUMPKIN PATCH**  
Market Fest

October 12 | 5PM - 9PM

Free Entry - Family Friendly - Vendors - Food - Games - Mini Pumpkin Patch

**THE MIX PARKING LOT**  
2509 Colorado St, Mission, TX 78572

**Date & Time**  
Sat Oct 12 2024 at 05:00 pm to 09:00 pm

**Location**  
The Mix Open Air Market, Mission

[Click here](#)



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EAGLE PASS TX  
02OCT-03OCT 2024



Command Picture Courtesy of OLS PAO SGT Allen

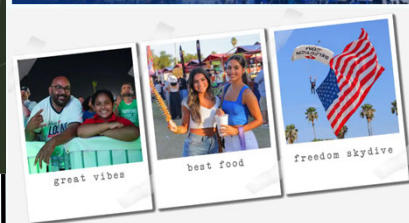
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## EDINBURG'S LARGEST INDEPENDENCE DAY CELEBRATION

Texas Cook'Em High Steaks is back and better than ever! The annual event will be held on October 12, 2024, at Ebony Hills Golf Course

**TEXAS COOK'EM**  
HIGH STEAKS IN EDINBURG

[RSVP](#) [Visit Our Facebook Page](#)



[Click here for details on this great event](#)

Mark your calendar

# Oktoberfest 2024

**Saturday October 12**

**Date & Time**  
Sat Oct 12 2024 at 04:00 pm (GMT-05:00)

**Location**  
5507 N. Ware rd, McAllen, TX

[Click here for details](#)



**7 day forecast in your area**

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TF INFO



10 OCT 2024

## CHAPLAIN'S CORNER

Reducing Anxiety In Your Life – pt.2 of 3  
Last week, I mentioned one thing you can do to address and manage the anxiety in your life is to acknowledge the source of your anxiety. Here is the second thing you can do:  
Reduce unconscious sources of anxiety. Some of the biggest culprits of anxiety are too much caffeine, information and choices. All of these individually stimulate the brain and body and when taken in large or ongoing quantities can make us feel edgy, overwhelmed, impatient and anxious. I have a friend who lived with immense aggravation and he was not aware that his 8 Mountain Dew's a day were contributing to any of it! Likewise, we love our choices and being connected, but research continues to show that our lives feel more satisfying and manageable when we choose to put limits on our choices and the information flowing to and from us. Peace to you, Ch McKay

## NEWS UPDATE

[How the Army is using AI during Hurricane Helene relief \(armytimes.com\)](https://armytimes.com)

[With US military support, Israel shifts Middle East power balance \(armytimes.com\)](https://armytimes.com)

[Oregon Army National Guardsman sets new world burpee record \(armytimes.com\)](https://armytimes.com)

[5,000 more National Guard troops mobilized ahead of Hurricane Milton \(armytimes.com\)](https://armytimes.com)

[These units are getting the Army's newest rifle and machine gun next \(armytimes.com\)](https://armytimes.com)



## Upcoming Releases

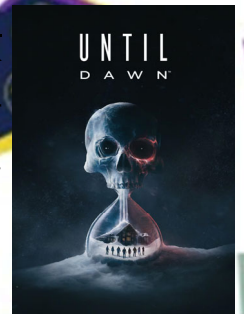


**Kill Knight**  
**Platform:** PlayStation 4/5 & Xbox Series X/S, Xbox One & PC  
**Genre:** Shooter  
**Release Date:** October 2, 2024



**MechWarrior 5: Clans**  
**Platform:** Playstation 5, Xbox Series X/S & PC  
**Genre:** Shooter, Simulation  
**Release Date:** October 3, 2024

**Until Dawn**  
**Platform:** PC & Playstation 5  
**Genre:** Horror  
**Release Date:** October 4, 2024



**Diablo 4: Vessel of Hatred**  
**Platform:** PlayStation 4/5 & Xbox Series X/S, Xbox One & PC  
**Genre:** Hack & Slash, MMO  
**Release date:** October 8, 2024



**Silent Hill 2: Remake**  
**Platform:** Playstation 5 & PC  
**Genre:** Horror  
**Release Date:** October 8, 2024

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil) -