



WHO: All Tricare Beneficiaries that live in Texas

[Home | TRICARE](#)

WHAT: January 1st 2025, Texas, Illinois, Louisiana, Oklahoma, and Wisconsin will transition from TRICARE East to TRICARE West.

To ensure you receive the most up to date and current information and prevent lapses in your current TRICARE coverage:

1. Log in to ID Card Office Online (osd.mil) to update your Profile and update Dependent Profiles.

[ID Card Office Online](#)

<p>ID Card Office Locator & Appointments</p> <p>Find a RAPIDS ID Card Office</p> <p>Make an Appointment</p> <p>More Info</p> <p>CONTINUE</p>	<p>Common Access Card</p> <p>Update Email Address</p> <p>Add Joint Data Model Applet</p> <p>Extend Academy Student Certificate</p> <p>More Info</p> <p>For CAC Issuance/Renewal select ID Card Office Locator & Appointments</p> <p>CONTINUE</p>	<p>Family ID Cards</p> <p>View Sponsor/Family ID Card</p> <p>Nominate Family Member</p> <p>Request Family Member ID Card</p> <p>Online USID Card Renewal</p> <p>Print Family List</p> <p>More Info</p> <p>CONTINUE</p>	<p>My Profile</p> <p>Update Contact Information</p> <p>Update GAL Information</p> <p>Opt-In TSA PreCheck (DoD Civilians Only)</p> <p>More Info</p> <p>CONTINUE</p>
--	--	--	--

[DS Logon – DMDC](#)

2. Log into the Beneficiary Web Enrollment (BWE) milConnect - BWE (osd.mil) to ensure healthcare coverage is correct.

[milConnect - FAQ](#)

[Find a TRICARE Plan | TRICARE](#)

3. Starting in early November you should create an account on the TriWest patient portal.

4. To ensure you can make your payments to TriWest (if applicable), update your payment information (Note: If you pay by allotment, you do not need to do this. Allotment payments will transfer automatically).

5. Search for providers in the new TriWest provider network directory on the patient portal.



TEXAS MILITARY DEPARTMENT ★★ ★ STATE TUITION ASSISTANCE

Need Money for College?

Plan for the 2025 Spring Semester!



**Spring Application
opens 01 Nov 2024
closes 03 Jan 2025**



<https://tmd.texas.gov/state-tuition-assistance-program>

ABOUT US

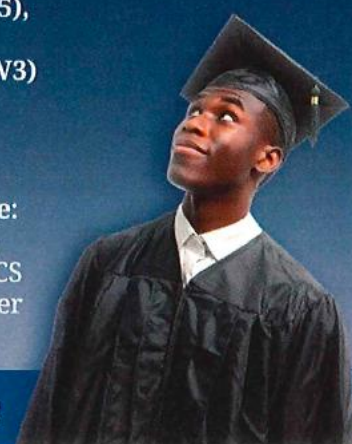
State Tuition Assistance (STA) is an education benefit for Texas Service Members (TXARNG, TXANG, TXSG), funded by Texas for Texans. We believe in the power of education to transform lives and aim to support resourceful minds committed to making a positive impact through learning.

WHY STATE TUITION ASSISTANCE?

- Awards up to \$10,000 per semester for Fall & Spring.
- Tuition paid up front.
- Covers 10 semesters or five years.
- Provides up to 12 semester hours of tuition and mandatory fees.
- For use exclusively at Texas colleges and universities.
- Ability to combine with other education grants, scholarships, and benefits.
- Applicable for undergraduate, graduate, and professional degrees, as well as vocational, technical & academic certificates, and credentials.

ELIGIBILITY

- Active member in good standing with the TXARNG, TXANG, TXSG
- Enlisted (E1-E9), Officers (O1-O5), and Warrant Officers (W1-W3)
- AGRs
- Must have completed one: Basic training, Basic camp, OCS or first semester of MS1



Contact us & find out how we can help fulfill your educational goals: (512) 782-5515 Option 2

★ LONE STAR PULSE ★

TF INFO



28 November 2024

CHAPLAIN'S CORNER

NEWS UPDATE

A Resilient Life

Resilience doesn't stem from having fewer problems; resilient people often face significant challenges. What defines them is their ability to confront adversity and grow from it. They understand setbacks are part of life and tackle difficulties with strength, learning from each experience.

Adaptability is crucial—they shift approaches and find new solutions when things don't go as planned. Emotional regulation is also key. Resilient individuals manage negative emotions effectively, ensuring they don't hinder progress.

Strong relationships provide essential support, reminding us that no one is resilient alone. These connections offer encouragement during tough times. Optimism and hope further drive resilience, helping people believe in better outcomes and persevere through adversity.

Resilience is not an inherent trait but a skill developed over time, built through experience, emotional strength, and support from others. It's about growing stronger by facing, not avoiding, challenges.

As the Bible reminds us, "We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance" (Romans 5:3).

[VA Secretary Pushes Back on "Broken Vet" Narrative.](#)

[Women in combat are proficient: "...we should never change that."](#)

[Eligible veterans get easier access to military bases under new rules.](#)

STARS AND STRIPES
ArmyTimes MilitaryTimes

Upcoming Releases



Microsoft Flight Simulator 2024

Xbox Series X, PC
Genre: Simulator
Release Date: November 19, 2024

Genshin Impact

Xbox One, Xbox Series X
Genre: Action RPG
Release Date: November 20, 2024



Mario & Luigi: Brotherhood

Platform: Nintendo Switch
Genre: RPG & Adventure Platformer
Release date: November 7, 2024



Polygon
2024 Release Dates



Lego Horizon Adventures

Platform: PC, PS 5, Switch
Genre: Action Adventure
Release Date: November 14, 2024

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: ng.tx.txarnq.list.ols-info@army.mil

★ LONE STAR PULSE ★

TF EAST



28 November 2024

TF East,

The holidays are a special time to express our appreciation and gratitude for the many blessings in our lives.

This Thanksgiving Day, I encourage each of you to remember your fellow service members who are separated from their families due to deployment, including those involved in Operation Lone Star.

Let's also keep in mind those who must work through this holiday weekend to fulfill important State tasks. Their dedication ensures that critical operations continue, even during the holiday season.

As we gather around our dinner tables this Thanksgiving, let's reflect on the many things we are thankful for in this great country of ours. I am especially thankful for the men and women who have chosen to serve, making significant sacrifices for the well-being of others.

I truly appreciate your commitment and everything you do for our communities, state, and our country.

Wishing you all a safe and Happy Thanksgiving!



South Pole Illuminated Festival presented by H.E.B. at the McAllen Convention Center.

The South Pole Illuminated Festival will open on Friday, November 29th.

[Click here for additional details](#)



Ha*Ash - HAASHVILLE Tour USA
 Fri • Nov 29, 2024
 • 8:00 PM
 Payne Arena
 Hidalgo, TX

Ha*Ash tickets at Payne Arena in Hidalgo, TX on Nov 29, 2024 at 8:00pm. Discover the best deals on tickets on SeatGeek!

[Click here for details and additional events located on the Payne Arena.](#)

DECEMBER CHALLENGE

SO, TF EAST? DO YOU ACCEPT HIS CHALLENGE?

Tell SGM Franck that you're in.
 #69-877-9348 (text or Signal app)

3000 pushups

you begin DEC 1 @ 0001

You stop when SGM says.

Adult **MAGIC THE GATHERING**

NOVEMBER THEME: **RED DECKS**

Come play friendly games of "Magic: the Gathering" at Lark Library!
 Beginner decks and instruction on how to play will be provided for new players.

November 30, 2024
 Saturday 1:30 PM
 Lark Branch Library

Sponsored by Kaboom Games

Saturday, November 30, 1:30pm - 4:00pm

[Click here for additional details for this event](#)



1 PM	4 PM	7 PM	10 PM	1 AM	4 AM	7 AM
Thu	Fri	Sat	Sun	Mon	Tue	Wed
76° 55°	62° 56°	70° 62°	74° 65°	74° 65°	78° 67°	80° 66°

7 day forecast in your area

OLS Rally Point

PAY DATES FY25

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF EAST	30 OCT - 28 NOV 24	30	5-7 Dec	29 NOV - 29 DEC 24	31	6-7 Jan
	1 NOV - 30 NOV 24	30		1 DEC - 31 DEC 24	31	
TXSG	1 NOV - 30 NOV 24	30				



★ LONE STAR PULSE ★

TF BDE



28 NOVEMBER 2024



CALL TO **action**

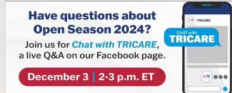
Flu vaccines available now.
Building: A-05
Hours: 0800-1600

PFC Gobble wants National Guard in IDT status to know they're eligible to get a flu vaccine at the FOB Eagle BAS.

TriCare Resources Now Available
watch or chat



[Watch the webinar here.](#)



[TRICARE Facebook Page](#)



EventMania.com
NOVEMBER 30, 2024
TICKETS START AT \$30

CLICK Get Tickets **BELOW TO PURCHASE AT**
EventMania.com

Nov 30 2024 at 07:00 pm to 08:00 pm
Moonlight Ballroom, 2601 El Indio Hwy, Eagle Pass
[Click on the website for additional details](#)

DECEMBER CHALLENGE

SO, FOB EAGLE? DO YOU ACCEPT HIS CHALLENGE?

Tell SGM Franck that you're in.
469-877-9348 (text or Signal app)

3000 pushups

you begin DEC 1 @ 0001

You stop when SGM says.

FESTIVAL DE LUCES CEREMONIA
Friday, November 29 | 7:00 p.m.
San Juan Plaza
600 Madison St.
MUSIC BY MICHAEL RAMOS

For more information, please contact the Parks and Recreation Office at (830)773-4343.

Friday, November 29, 2024 Time: 7:00 p.m.
Location: San Juan Plaza
Celebrate the magic of the season as we light up San Juan Plaza! Enjoy live music by Michael Ramos and explore offerings from local vendors

2024 Festival de Luces Ceremonia!

[Click here for details](#)

INTERNATIONAL BRIDGE 1 TEMPORARY CLOSURE
The City of Eagle Pass International Bridge System would like to announce the temporary closure of Eagle Pass Bridge 1 on Sunday, December 1, 2024, between the hours of 6:00PM-10:00PM for vehicular traffic only. **DECEMBER 1ST**

CITY OF EAGLE PASS
INTERNATIONAL BRIDGE SYSTEM

FOR IMMEDIATE RELEASE
November 28, 2024

INTERNATIONAL BRIDGE 1 TEMPORARY CLOSURE

Eagle Pass, TX. The City of Eagle Pass International Bridge System would like to announce the temporary closure of Eagle Pass Bridge 1 on Sunday, December 1, 2024, between the hours of 6:00PM-10:00PM for vehicular traffic only. Pedestrian traffic will not be affected. Vehicular traffic is subject to resuming at approximately 10:00 PM.

The closure will be due to an event taking place in Pinar del Rio, Coahuila, Mexico near the Mexico Adams and Mexico Toll Plaza that will require the complete closure of Bridge 1 for all vehicular traffic involving all Mexico or United States.

We ask all vehicles attempting to cross to Mexico or to the United States utilize Camino Real International Bridge (Bridge 2) during the closure. If you have any questions, please contact our office at (830) 773-2623.

PUNTE INTERNACIONAL I CIERRE TEMPORAL

El Sistema Internacional de Puente de la Ciudad de Eagle Pass anuncia el cierre temporal del Puente 1 del Eagle Pass de domingo 1 de diciembre del 2024, entre las 6:00 p.m. y las 10:00 p.m. solo para tráfico vehicular. El tráfico peatonal no se verá afectado. El tráfico vehicular está sujeto a reanudar aproximadamente a las 10:00 p.m.

El cierre se deberá a un evento que se llevará a cabo en Pinar del Rio, Coahuila, México, cerca del Adanado de México y la Plaza de Pagar de México, que requerirá el cierre completo del Puente 1 para todo el tráfico vehicular que viaje a México o Estados Unidos.

Pedestros podrán los vehículos que intenten cruzar a México o a los Estados Unidos que utilicen el Puente Internacional Camino Real (Puente 2) durante el cierre. Si tiene alguna pregunta, comuníquese con nuestro oficina al (830) 773-2623.



1 PM	4 PM	7 PM	10 PM	1 AM	4 AM	7 AM
Thu	Fri	Sat	Sun	Mon	Tue	Wed
67° 51°	64° 50°	68° 54°	64° 55°	61° 56°	62° 56°	69° 58°

7 day forecast in your area

OLS Rally Point

PAY DATES FY25

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF EAGLE/LS	31 OCT - 29 NOV 24	30	5-6 Dec	30 NOV - 30 DEC 24	31	6-7 Jan
TXSG	1 NOV - 30 NOV 24	30		1 DEC - 31 DEC 24	31	

