

# ★ LONE STAR PULSE ★

TF BDE CENTER



28 MAR 2024

## OLS "On The Line" Survey

If you have not completed the survey below, ensure you complete it **Before March 31, 2024.**

This Survey is anonymous and will allow your Task Force Leadership know what you think about your current work schedule(s). Access the survey by clicking the hyperlink above or by scanning the QR code below.

OLS "On The Line" Survey



SCAN HERE

Take this quick survey to improve the mission! NOTE: Intended audience are SMs serving "on the line" (e.g. static points, brush ops, boat ops, etc).



## FORREST GUMP BRUNCH



**Date:** Mar 30, 2024  
**Time:** 12:45 PM - 3:40 PM  
**Location(s):**  
 11210 EastPoint Dr  
 Laredo, TX 78045

Order from our tasty brunch menu – Egg BLT, French Toast, or Breakfast Tacos – and pair with a brunch cocktail classic like Desert Spring Water or the Italian

•<https://drafthouse.com/laredo/event/special-event-forrest-gump-brunch>

## Linkin Park Nu Metal Tribute Night



**Date:** Mar 30, 2024  
**Time:** 9:30 PM  
**Location(s):**  
 920 Iturbide St Laredo, TX 78040  
 NO COVER all night, Music will start at 9:30, 21+ Only.

We're paying tribute to one of the best Nu Metal bands out there; Linkin Park! We can't wait for this awesome night. We'll be playing all their albums. We'll also be playing your favorite metal artists as well.

## DEKA STRONG Hosted by Triumphfit Training

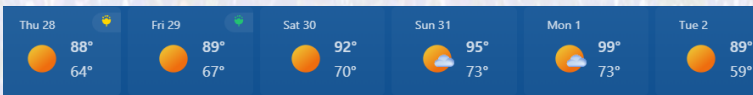


**Date & Time**  
 Sat Mar 30 2024 at 08:00 am  
**Location**  
 3910 E Del Mar Blvd #307  
 Laredo, TX 78045  
[Click here for details](#)

Attention Laredo! Spartan DEKA & Triumphfit Training are excited to introduce our new challenge designed to test, gamify and celebrate your fitness. Spartan DEKA STRONG consists of (10) functional training zones with zero running.

## Heat Illness Prevention Tips!

[This Guide](#) will help us to ensure proper fluid replacement as temps continue to rise as well as signs and symptoms of heat illnesses.



**7 day forecast**  
**in your area**

### PAY DATES FY24

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF CENTER	28 Feb – 28 Mar	30	4-5 Apr	29 Mar – 28 Apr	31	6-7 May
TF EAGLE	29 Feb – 29 Mar	30		30 Mar – 29 Apr	31	
TXSG	01 Mar – 30 Mar	30		31 Mar – 30 Apr	31	

OLS Rally Point



# ★ LONE STAR PULSE ★

TF BDE EAST



28 MAR 2024



**Date:** Sat Mar 30 @ 6 PM

**Location:** Teddy's BBQ, 2807 N Texas Blvd, Weslaco, TX

It's time for [Little Teddy's 2nd Annual Easter Egg Hunt!](#) Plenty of fun, food, and prizes for the kids!

## Country Jam



**Location:** Green Gate Grove

**Address:** 2135 South Bentsen Palm Drive, Mission, TX 78572, United States

**Date:** 30 March

[Click here for details](#)

Country Jam is scheduled for 30 March at Green Gate Grove. Event address is 2135 South Bentsen Palm Drive, Mission, TX 78572, United States.



**Date:** Sat Mar 30 @ 1-5 PM

**Location:** Riverside Club, 214 E. Chimney Rd, Mission, TX

Come see the [Jolly Huntsmen Polka Band](#) this weekend at Riverside Club!

## Eros & The Drifters @ Hillbilly's



**Date & Time**

Fri Mar 29 2024 at 09:30 pm to Sat Mar 30 2024 at 09:30 pm

**Location**

Hillbilly's, 6000 N 10th St, McAllen, TX

[Click here for details](#)

Texas country band from the RGV showing the valley some love and country music!



**Date:** Sat Mar 30 @ 5 PM

**Location:** San Juan Municipal Park, San Juan, TX

**Entry Fee:** Start at \$18 / Tickets [Here](#)

Get ready for Banda Los Recoditos & Pancho Barraza at the San Juan Park!

## MARIO MARICHALAR-LOS RINCHES



**Date:** March 30 @ 9:00 pm End: March 31 @ 2:00 am Cost:\$30

**Date:** [MK'Z NIGHTCLUB](#)

2021 Orchid Ave. Mcallen, 78504

[Click here for social media](#)

GREAT NIGHT OF DANCE WITH MARIO MARICHALAR AND THE BRAVADOS DEL NORTE NEXT TO THE TRINCHES ⚡FREE TABLES ⚡COVER \$30DLLS UNTIL 10:00 PM



Thu 28



85°  
65°

Fri 29



83°  
69°

Sat 30



87°  
71°

Sun 31



91°  
74°

Mon 1



95°  
73°

Tue 2



92°  
62°

[7 day forecast in your area](#)

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OLS Rally Point



# ★ LONE STAR PULSE ★

TF INFO



28 MAR 2024

## CHAPLAIN'S CORNER

## NEWS UPDATE

The Lord is my strength and my shield; My heart trusts in Him, and I am helped; therefore, my heart exults, And with my song I shall thank Him." Psalms 28:7 We have so much to be grateful for in this life, every single day. But reality is that sometimes constant life demands, battles, and worries give more room to defeat than to a heart of thanks. Or we forget, amid busyness and pressures, just to pause and give thanks for all that God has done and continues to do in our lives. Sometimes it really is a sacrifice to offer praise and thanks. We may not feel like it. We're struggling. We're weary. Or maybe, we feel like He let us down. We think God seems distant, like he's far away, or doesn't really care about what's troubling us. Painful life blows and losses might have recently sent us spiraling. But here's what can make a lasting difference. We have a choice, every day, to give him thanks. And with a heart of thanksgiving, we realize that no matter what we face, God doesn't just work to change our situations and help us through our problems. He does more. He changes our hearts. His power, through hearts of gratitude and focused minds on Him, releases the grip our struggles have over us. We're strengthened by His peace, refueled by His joy. No matter what our current situation, or the struggles we may be facing, give thanks to God.

[The robots are coming: US Army experiments with human-machine warfare | MilitaryTimes.com](#)

[11 pieces of movie technology the military should field | ArmyTimes.com | ArmyTimes.com](#)

[USS Eisenhower strike group locked in unrelenting fight at pace unseen in decades | Stripes.com](#)

[Ghost Army, masters of WWII deception, awarded Congressional Gold Medal | ArmyTimes.com](#)

ArmyTimes STARS AND STRIPES

### Upcoming Releases



**Turbo Golf Racing**  
**Platform:** PS 5, Xbox Series X/S, Xbox One, & PC  
**Genre:** Racing  
**Release Date:** Apr 4, 2024



**Deceit 2**  
**Platform:** PlayStation 5, Xbox Series X/S, & PC  
**Genre:** Action  
**Release Date:** Apr 3, 2024

**Freedom Planet 2**  
**Platform:** Playstation 4|5, Xbox Series X/S, Xbox One, Switch & PC  
**Genre:** Action  
**Release Date:** Apr 4, 2024



**Open Roads**  
**Platform:** PlayStation 4|5, Xbox Series X/S, Xbox One, Switch & PC  
**Genre:** Adventure  
**Release date:** Mar 28, 2024



**GAMEINFORMER**  
[2024 release dates](#)



**Outward**  
**Platform:** Switch  
**Genre:** Action  
**Release Date:** Mar 28, 2024

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil) - Thank you, - ICT Representatives