# LONE STAR PULSE

TF ZULU

21 DEC 2023

[Family Christmas movie suggestions](#) during the holiday break

The holiday season can be difficult. Maybe the holiday expectations are overwhelming. Maybe we feel isolated and alone. Maybe it's been a hard year and if feels like there's nothing worth celbrating. It is up to each of us to reach out and help those who may be struggling with this time of year. It starts with the people we see every day-our colleagues, our family, and our friends. There's never a better time to reach out and say "You matter to me." If you find yourself struggling, or know someone who is, don't be afraid or ashamed to ask for help—there are many peolple who want to thelp. You can find countless resources at Military OneSource,

## Preventing Tick-borne Illness from Tick Vectors

Click here for a surviving tick bites video on YouTube. Symptoms of Tick-borne Diseases poster information and additional preventive actions Click here.

Stop by the Best Friends For Life Shelter located at 2500 Gonzalez St, Laredo, TX this Sat, Dec 23 from 1-5PM and take a picture with Santa and the Grinch! All proceeds help our organizations continue to rescue animals in need.

More info here

**Christmas Eve 5K**

Go run with Santa right through the historical downtown district of Laredo Donate to the toy drive to spread cheer and bring joy to children and receive a discount for the race.

**Date:** Sun, Dec 24, 8 AM

**Location:** 1300 Matamoros Laredo, TX\

**Cost:** $25 or $15 with toy donation.

**Click here to register**

Join us Sat, Dec 23 from 10am – 2pm at Alamo Draft House Laredo for a fun and festive cookie decorating events. For $15 per person, get all the ingredients to decorate 3 delightful sugar cookies and bring your creativity to life!

More info here

**7 day forecast in your area**

| PAY DATES FY24 | | | | | | | |
|---|---|---|---|---|---|---|---|
| TASK FORCE | Period | Days | Date Paid | | Period | Days | Date Paid |
| TF ZULU | 29 Nov – 27 Dec | 29 | 4-5 Jan | | 28 Dec – 28 Jan | 32 | 6-7 Feb |
| TF EAGLE | 30 Nov – 28 Dec | 29 | | | 29 Dec – 29 Jan | 32 | |
| TXSG | 01 Dec – 29 Dec | 29 | | | 30 Dec – 30 Jan | 32 | |

OLS Rally Point

# LONE STAR PULSE

TF INFO

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## CHAPLAIN'S CORNER

**PROMISE** Trust is a key ingredient in the foundation of any society. Individuals, institutions, and governments who nurture trust, produce success. In order to build trust, it's helpful to adhere to the old adages of "what you see is what you get" or "what you say is what you deliver". Transparency and avoiding the perception of ulterior motives is vital. There is power in a promise kept. As we prepare to face potential adversaries, I can't help but wonder what sort of trust they have with their Service Members. Do they have wellness/resiliency programs? Do they offer the amount of counseling we have access to? Are their medical staff as highly trained and facilities as technologically advanced as ours? When the battle is over, do they see casualties as numbers to be processed and discarded, or are they dedicated to do all they can to provide care and honor for a brother/sister in need? The past track-record of the Eastern adversaries we may face definitely highlights contempt for the individual and fosters a view of Service Members as disposable property. You know, there's something humbling about the words, "We won't leave you behind." --- something stirring about the declaration, "We're coming to get you." It's comforting and assuring to hear the promise, "We're going to bring you home." Our system may not be perfect. We may not have always had the right "There are three truths I hope you always remember when going through tough times. You're loved … You're never alone … You have a home." CH(LTC) Pat Maae – 36 ID DIV CH D e c e m b e r 2 0 2 3 timing when carrying out these commitments. The type of care received may not be what was desired or expected at the time, but I'm convinced there's no other military in world that's grounded in the type of attention and care for its Service Members that we show to our own. I believe this commitment comes from being raised in a free nation blessed by the only One who gives freedom. This type of commitment can't be produced by a regime-coerced duty to perform for the "collective good". It can only be carried out by a collection of free citizens seeking to ensure good, and ready to sacrifice --- because of what they've been given. This time of year, means something different to many people around the world. To some, it's a time of dedication remembering when light was preserved in a temple many years ago. To others, it's a time to honor when light was brought into this world through the birth of a child. For many, it's just another day. For me, it's a time to rejoice in a promise kept. "I told you I'd come for you … Now trust Me to bring you home." Blessings to you and your families over the holidays. **- CH Maae**

## NEWS UPDATE

[Discipline replaces people first atop Army Leaders agendas | Armytimes.com]

[What does the 2024 election mean for troops at the Mexico border? | Armytimes.com]

[US Army to trim Black Hawk helicopter fleet | Armytimes.com]

[What does the Space Force Do? 4 years after its birth, glimpses of the Service's Mission Emerge | Military.com]

Army Times STARS AND STRIPES

## Upcoming Releases

PlayStation XBOX GAME ZONE NINTENDO SWITCH STEAM

U.S. ARMY ESPORTS

**The U.S. Army Esports (USAE) Team** is a highly successful, Department of the Army (DA) sanctioned program ran by the U.S. Army Recruiting Command & the Marketing and Engagement Brigade. The organization fields competitive teams, streaming talent, and commentators to represent the U.S. Army both online and in person at events across the nation. Our mission is simple: connect America to its Army through Soldiers' passion for gaming.

We are looking to expand its talent pool of Active Duty, Army Reserve, and National Guard Soldiers across select Esports genres and platforms to join our At-Large Team. All interested Soldiers should join the **DISCORD** server no later than **01FEB2023** to be considered for the teams and to receive additional instructions on the selection process and timelines

Join our **DISCORD** server here https://www.discord.gg/usarmyesports

GAMEINFORMER
2023 release dates

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: ng.tx.txarng.list.ols-info@army.mil - Thank you, - ICT Representatives