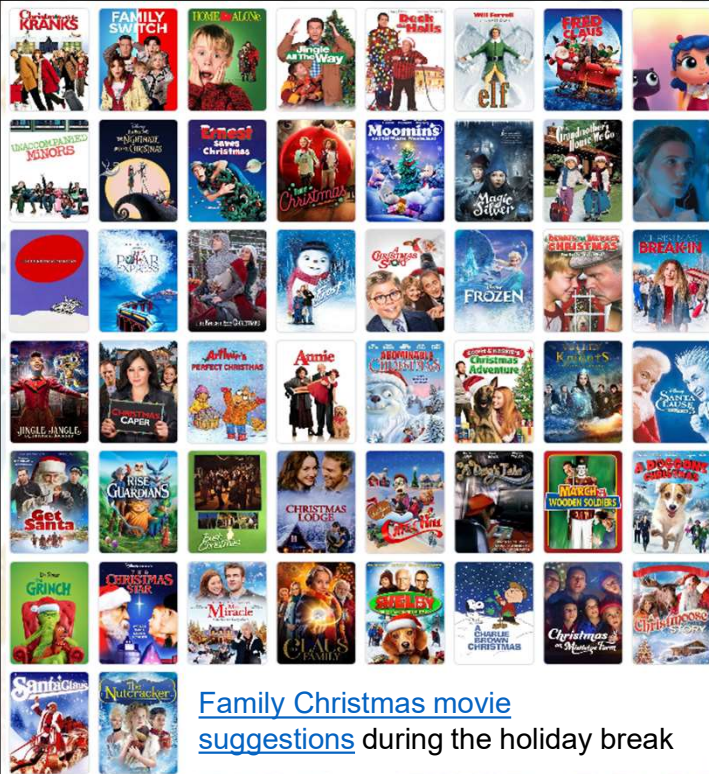


★ LONE STAR PULSE ★

TF BDE CENTER



21 DEC 2023



[Family Christmas movie suggestions](#) during the holiday break

The holiday season can be difficult. Maybe the holiday expectations are overwhelming. Maybe we feel isolated and alone. Maybe it's been a hard year and it feels like there's nothing worth celebrating. It is up to each of us to reach out and help those who may be struggling with this time of year. It starts with the people we see every day—our colleagues, our family, and our friends. There's never a better time to reach out and say "You matter to me." If you find yourself struggling, or know someone who is, don't be afraid or ashamed to ask for help—there are many people who want to help. You can find countless resources at [Military OneSource](#).

Preventing Tick-borne Illness from Tick Vectors

[Click here](#) for a surviving tick bites video on YouTube. Symptoms of Tick-borne Diseases poster information and additional preventive actions [Click here](#).



Christmas Eve 5K

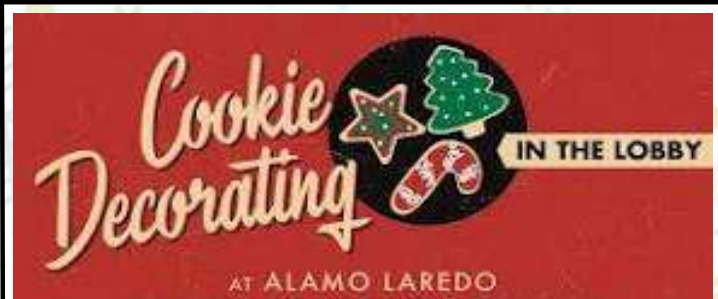
Go run with Santa right through the historical downtown district of Laredo. Donate to the toy drive to spread cheer and bring joy to children and receive a discount for the race.

Date: Sun, Dec 24, 8 AM

Location: 1300 Matamoros Laredo, TX

Cost: \$25 or \$15 with toy donation.

[Click here to register](#)



Join us for a festive Cookie Decorating event.

Date: Sat, Dec 23, 10 AM - 2 PM

Location: Alamo Draffthouse, 11210 East Point Dr, Laredo TX

Cost: \$15 (includes the ingredients to decorate 3 cookies)

[Click here for more info...](#)



Support & Shop at Kendra Scott! 20% of your purchases go toward the Laredo International Fair and Exposition.

Date: Fri, Dec 22, 4 PM- 6 PM

Location: Kendra Scott, 7603 San Dario Ave.

[Click here for more info...](#)



Day	High	Low
Fri 22	76°	62°
Sat 23	75°	61°
Sun 24	77°	51°
Mon 25	69°	50°
Tue 26	63°	43°
Wed 27	67°	44°
Thu 28	66°	46°
Fri 29	67°	43°

7 day forecast in your area

PAY DATES FY24

TASK FORCE	Period	Days	Date Paid
TF CENTER	29 Nov – 27 Dec	29	4-5 Jan
TF EAGLE	30 Nov – 28 Dec	29	
TXSG	01 Dec – 29 Dec	29	
	28 Dec – 28 Jan	32	6-7 Feb
	29 Dec – 29 Jan	32	
	30 Dec – 30 Jan	32	

OLS Rally Point

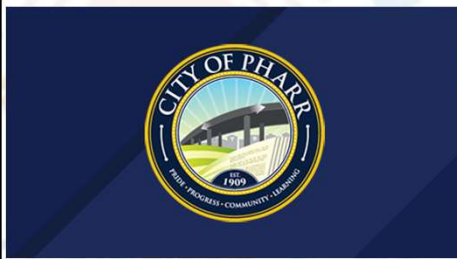


★ LONE STAR PULSE ★

TF BDE EAST



21 DEC 2023



Pharr American Legion Post 101 Dance

Date: Sat, Dec 23, 6:30 – 10:40 PM
Location: Jose "Pepe" Salinas Memorial Recreation Center 1011 W Kelly Ave, Pharr, TX

[Click here for this event and a few other events before the end of the year.](#)



Date: Fri, Dec 22, 9pm
Location: The White Rhino, 322 S 17th St, McAllen, TX
Cost: \$15 at the Door

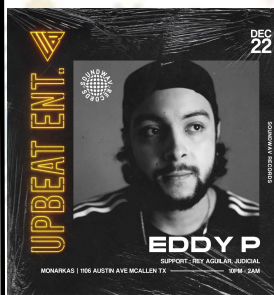
First McAllen Music Festival featuring artists from Texas and Louisiana. Headliner will be Highway Yella.

[More info here](#)

Electric Tram Tour Join us on a narrated ranger-driven, two-hour tour of the park in a quiet electric tram. Reservations required: (956) 565-3919.

Especially for those that are less mobile (but open to everyone!), we offer the opportunity to tour the park in electric open Bird Buses. **Estero Llano Grande** was designed as a walking park, but hiking the trails have often been a hardship or impossible for some park guests. Now you can ride to most areas to see the birds, butterflies, dragonflies, alligators, frogs (and maybe even a bobcat) as well as the lakes, and the wonderful array of trees and shrubs that occur in the park. [Click here for additional details](#)

Regular park admission applies (\$5/adults, children 12-and-under free) - Reservations required: 956-565-3919



Upbeat presents: Eddy P

Date: Fri, Dec 22, 9 PM – Sat, Dec 23, 2 AM
Location: Monarkas 1106 Austin Ave, McAllen, TX

Eddy P. Los Angeles based DJ/Producer and label boss has mastered his bass lines and groovy drums through Tech-house. A lot of his early influences come from early house, Hip-hop, Disco and Jazz...[Read more on Resident Advisor](#)



The Met Series - Art is "Still Life with Apples and a Pot of Primroses"
 The Met Series - Art is... Painting Class for Kids ages 6 to 12 Saturday, Dec 23rd from 6pm to 8pm. \$38 per class. Painting is inspired by Paul Cezanne [Click here](#)



Holiday Bakers Market
 December 23, 2023 10 A.M. TILL 1 P.M.

Home baked goodies without warming up your kitchen. Let someone else bake for that Christmas Eve party or how about to gift baked goods to someone. Our home bakers can provide sweet baked goods...[Read more on AllEvents.in](#)

Date: Sat, Dec 23, 10 AM – 1 PM
Location: McAllen Farmers Market 4001 N 23rd St, McAllen, TX



7 day forecast in your area

PAY DATES FY24							
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid	
TF CENTER	29 Nov – 27 Dec	29	4-5 Jan	28 Dec – 28 Jan	32	6-7 Feb	
TF EAGLE	30 Nov – 28 Dec	29		29 Dec – 29 Jan	32		
TXSG	01 Dec – 29 Dec	29		30 Dec – 30 Jan	32		

OLS Rally Point



★ LONE STAR PULSE ★

TF INFO



21 DEC 2023

CHAPLAIN'S CORNER

PROMISE Trust is a key ingredient in the foundation of any society. Individuals, institutions, and governments who nurture trust, produce success. In order to build trust, it's helpful to adhere to the old adages of "what you see is what you get" or "what you say is what you deliver". Transparency and avoiding the perception of ulterior motives is vital. There is power in a promise kept. As we prepare to face potential adversaries, I can't help but wonder what sort of trust they have with their Service Members. Do they have wellness/resiliency programs? Do they offer the amount of counseling we have access to? Are their medical staff as highly trained and facilities as technologically advanced as ours? When the battle is over, do they see casualties as numbers to be processed and discarded, or are they dedicated to do all they can to provide care and honor for a brother/sister in need? The past track-record of the Eastern adversaries we may face definitely highlights contempt for the individual and fosters a view of Service Members as disposable property. You know, there's something humbling about the words, "We won't leave you behind." --- something stirring about the declaration, "We're coming to get you." It's comforting and assuring to hear the promise, "We're going to bring you home." Our system may not be perfect. We may not have always had the right "There are three truths I hope you always remember when going through tough times. You're loved ... You're never alone ... You have a home." CH(LTC) Pat Maae - 36 ID DIV CH D e c e m b e r 2 0 2 3 timing when carrying out these commitments. The type of care received may not be what was desired or expected at the time, but I'm convinced there's no other military in world that's grounded in the type of attention and care for its Service Members that we show to our own. I believe this commitment comes from being raised in a free nation blessed by the only One who gives freedom. This type of commitment can't be produced by a regime-coerced duty to perform for the "collective good". It can only be carried out by a collection of free citizens seeking to ensure good, and ready to sacrifice -- because of what they've been given. This time of year, means something different to many people around the world. To some, it's a time of dedication remembering when light was preserved in a temple many years ago. To others, it's a time to honor when light was brought into this world through the birth of a child. For many, it's just another day. For me, it's a time to rejoice in a promise kept. "I told you I'd come for you ... Now trust Me to bring you home." Blessings to you and your families over the holidays. - CH Maae

NEWS UPDATE

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[What does the 2024 election mean for troops at the Mexico border? | Armytimes.com](#)

[US Army to trim Black Hawk helicopter fleet | Armytimes.com](#)

[What does the Space Force Do? 4 years after its birth, glimpses of the Service's Mission Emerge | Military.com](#)

ArmyTimes STARS AND STRIPES

Upcoming Releases



The U.S. Army Esports (USAE) Team is a highly successful, Department of the Army (DA) sanctioned program ran by the U.S. Army Recruiting Command & the Marketing and Engagement Brigade. The organization fields competitive teams, streaming talent, and commentators to represent the U.S. Army both online and in person at events across the nation. Our mission is simple: connect America to its Army through Soldiers' passion for gaming.

We are looking to expand its talent pool of Active Duty, Army Reserve, and National Guard Soldiers across select Esports genres and platforms to join our At-Large Team. All interested Soldiers should join the **DISCORD** server no later than **01FEB2023** to be considered for the teams and to receive additional instructions on the selection process and timelines

Join our **DISCORD** server here <https://www.discord.gg/usarmy esports>

GAMEINFORMER
2023 release dates

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: ng.tx.txarng.list.ols-info@army.mil - Thank you, - ICT Representatives