

# ★ LONE STAR PULSE ★

TF BDE Center



8 AUG 2024

## Building Strong & Ready Teams

We recently asked OLS Service Members what Building Strong and Ready Teams (BSRT) events you would like to see in the coming year. The most popular responses across OLS were Financial Readiness and Caregiver Reset.

	Family Wellnes	Marriage	Single Soldier	Leadership	Financial	Caregiver
BDE	13.5%	14.6%	14.6%	13.5%	20.8%	22.9%
Eagle	12.4%	16.8%	14.5%	15.8%	22.0%	18.4%
West	12.7%	11.3%	14.7%	20.0%	22.3%	20.7%
East	14.4%	14.4%	10.8%	14.4%	22.3%	28.8%

BSRT plans and supports multiple events across the state throughout the year. We appreciate the input from everyone who participated in the survey. For more info, visit the [BSRT website](#) or contact Ms. Alexandria Linares @ alexandria.n.linares.civ@army.mil.

**Upcoming Event:** [TXARNG Single Soldier Event](#) in San Antonio, TX 20-22 September 2024 open for registration. Venue is TBD. Deadline for registration is 9/4/2024.

Program covers 5 meals, lodging, and parking. This event is a MUTA 6 for anyone that has approval to attend ILO Drill. The SM will need to cover incidental fees, and Saturday Dinner. There will not be childcare at this event.

Postponed for August 10 due to rain  
Mark your calendars

### MIDSUMMER MEDITATION RAVE

BY CASA ORTIZ | 27 JUL | 7PM-11PM | 915 ZARAGOZA ST. LAREDO, TX 78040

[Click here for details](#)

Alamo Draft House – Special Brunch

## INDIANA JONES and the TEMPLE OF DOOM

[Click here for details](#)

The Sparkling Emeralds Booster Club

### 1ST ANNUAL 5K RUN & WALK

AUGUST 10 @ 8 AM NORTH CENTRAL PARK

\$25 Registration  
1st 50 Registered Get a FREE SHIRT  
No Shoes Are Guaranteed (FIRST COME FIRST SERVED)

CHILDREN UNDER 5 FREE  
Came In! Us & Have Fun Before Going BACK TO SCHOOL  
MAYRA MORALES  
RHMS  
Chantel of Honor  
gigi\_lyvette  
TikTok

## 5K Run & Walk

Date: Sat • Aug 10 • 8:00 AM  
Location: North Central Park, Laredo, TX

[More Details Here](#)



Day	High	Low
Thu 8	108°	80°
Fri 9	105°	81°
Sat 10	104°	80°
Sun 11	102°	79°
Mon 12	102°	81°
Tue 13	102°	81°
Wed 14	100°	81°

## 7 day forecast in your area

### PAY DATES FY24

TASK FORCE	Period	Days	Date Paid
TF CENTER	28 Jun – 29 Jul	31	6-7 Aug
TF EAGLE	29 Jun – 30 Jul	31	
TXSG	30 Jun – 31 Jul	31	
	30 Jul – 31 Aug	33	6-9 Sep
	31 Jul – 31 Aug	32	
	1 Aug – 31 Aug	31	



# ★ LONE STAR PULSE ★

**TF BDE EAST**



**8 AUG 2024**

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**Costume Contest, Car Shows, Food & More**  
[Click here for details](#)



**Canvas & Coffee**  
[Click here for details](#)



**Boys Don't Cry – A Cure Experience**

**Date:** Sat, Aug 10 @ 8 pm  
**Location:** Cine El Rey, McAllen, TX

[Click here for details](#)



Thu 8	Fri 9	Sat 10	Sun 11	Mon 12	Tue 13	Wed 14
102° 80°	100° 79°	100° 77°	100° 80°	98° 80°	98° 80°	99° 80°

**7 day forecast in your area**

**PAY DATES FY24**

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF EAST	28 Jun – 29 Jul	31	6-7 Aug	30 Jul – 31 Aug	33	6-9 Sep
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TXSG	30 Jun – 31 Jul	31		1 Aug – 31 Aug	31	

OLS Rally Point



# ★ LONE STAR PULSE ★

TF INFO



8 AUG 2024

## CHAPLAIN'S CORNER



[Click here for full article](#)

**Resiliency Resources**  
TMD Counseling 512-782-5069  
One Source 800-342-9647  
Suicide Lifeline 988  
TXMF Sexual Assault Support 512-565-4410  
DoD Safe Helpline 877-955-5247  
Substance Abuse 512-782-6091  
EO/EEO 512-782-5118  
Soldier Family Readiness Specialist 512-782-1472  
Financial Assistance 800-252-8032  
Financial Planning 512-595-9138  
**YOUR UNIT CHAPLAIN TXMF**  
Chaplain 512-782-5522  
36 ID DIV Chaplain 903-714-5519

“There are three truths I hope you always remember when going through tough times. You’re loved ... You’re never alone ... You have a home.” CH(LTC) Pat Maae – 36 ID DIV CH

## NEWS UPDATE

### The 2024 Olympics



26 July – 11 August

[Click here for schedules, results, and more](#)

### Upcoming Releases



**SteamWorld Heist II**  
**Platform:** PlayStation 4|5, Switch, PC, Xbox Series X/S & Xbox One  
**Genre:** RPG  
**Release Date:** August 8, 2024



**Stormgate**  
**Platform:** PC  
**Genre:** RTS, Adventure  
**Release Date:** August 13, 2024

**Hunt: Showdown**  
**Platform:** Playstation 5, Xbox Series X/S  
**Genre:** FPS & Survival Horror  
**Release Date:** August 15, 2024



**Creatures of Ava**  
**Platform:** Xbox Series X/S & PC  
**Genre:** Action  
**Release date:** August 7, 2024



**The Crush House**  
**Platform:** PC  
**Genre:** Adventure Simulation  
**Release Date:** August 9, 2024

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil) - Thank you, - ICT Representatives