

# LONE STAR PULSE

TF WEST

5 SEP 2024



**Sponsored by**

**Meridian Medical & Associates LLC**  
Health Expo

**WCS**  
WOUND CARE SPECIALTIES

**Honoring our Veterans**

Meet our Local Veteran Primary care provider, also specializing in C&P examinations.

**September 7, 2024**  
Meridian Medical & Associates LLC  
1900 N Mesa Suite B El Paso TX  
**9am-1pm**

Raffles  
entertainment  
giveaways  
food

Support our local Veterans by

**Women Veterans Program**

**Thursday, September 12, 2024**  
1:30-2:30PM CST

**Veteran Resource Meeting**

**Topic:**  
Veteran Taxes, Homestead Tax Exemptions, & Car Registrations

**Guest Speakers:**  
Dinah Kilgore, CPA, Taxpayer Advocate  
Wendy Burgess, PCC, CDFP, PFC&CSTA, Tax Account Collector, Tarrant County

**EP CAD**  
**DRIVEN TO SERVE**

Join us every 2nd Thursday of the month at 1:30PM CST

www.ttc.texas.gov 800-252-VETS (837) | tvcowen@ttc.texas.gov

**KIWINOS WINE TASTING FUNDRAISER FOR THE STRIVE NOW MENTOR PROGRAM**

**Venue:** El Paso Zoo  
**Admission:** \$50 includes 4 wine tastings and finger food courtesy of Chef Diego

**SEPTEMBER 6, 2024**  
6:30 PM - 8:30 PM

4001 E Paisano Dr, El Paso, TX 79905

**Click here for info**

**Family Assistance Centers - Texas Army National Guard**

"We Understand the Unique Challenges and Needs of Our Service Members and their Families"

Family Assistance Centers (FACs) provides information, resources, and Referral Assistance in (8) Essential Service Areas, plus Unit Volunteer Support:

- Crisis Intervention
- DEERS
- Financial
- Legal
- TRICARE
- Community Resources & Family Outreach
- Emergency Family Assistance Center (EFAC)
- Exceptional Family Member Program (EFMP)

FACs are located throughout the state, and are organized to provide regional support for geographically dispersed Service Members and Families, and Veterans. FACs are the responsibility of J9 Resiliency Directorate - State Family Program Director (SFPD)

There are currently (24) FAC locations

Austin - Camp Mabey (DFW) (2018) 341  
Austin - Camp Mabey (DFW) (2018) 715  
Austin - Camp Mabey (DFW) (2018) 9-1002  
Austin - Del Valle (DFW) (2018) C&B (2018)  
Brownsville (DFW) - Camp Bowie  
Copperopolis (DFW)  
Fort Worth (DFW) (2018) 102  
Fort Worth (DFW) (2018) 102  
Fort Worth - White Settlement (DFW) Grand  
Hialeah (DFW)  
San Antonio - Lackland Army  
Houston - Elgin (DFW) Army  
Houston - Westheimer Army (DFW) (2018) 402  
Houston - Bayou (DFW) Army  
Tulsa (DFW)  
Waco Army  
Wichita Army

FACs in the Texas National Guard are structured as centers staffed by J9 Resiliency Directorate - State Family Program (State Employee Personnel)

Contact Us  
800-252-8032

**State Family Readiness Program Events**

Academy Offerings:

- Financial Literacy** - Learn how to manage your money, understand credit, and make smart financial decisions.
- Entrepreneurship** - Discover opportunities for military and civilian entrepreneurs.
- Small Business** - Gain insights into starting and growing a business.
- Real Estate** - Explore the benefits of home ownership and investment.
- Investment** - Learn about various investment options and strategies.
- Retirement** - Understand the importance of long-term financial planning.
- College Planning** - Get advice on financing higher education.
- Life Insurance** - Learn how to choose the right life insurance policy.
- Disability** - Understand the different types of disability benefits.
- Health Insurance** - Compare different health insurance plans.
- Auto Insurance** - Learn how to choose the right auto insurance policy.
- Life Skills** - Develop essential skills for everyday life.
- Financial Planning** - Create a comprehensive financial plan.
- Business Law** - Understand legal aspects of business operations.
- Marketing** - Learn effective marketing strategies.
- Customer Service** - Improve your skills in interacting with customers.
- Public Speaking** - Gain confidence in presenting and speaking in public.
- Networking** - Build professional relationships and expand your network.
- Time Management** - Learn how to prioritize tasks and manage your time effectively.
- Stress Management** - Discover techniques to reduce stress and improve mental health.
- Emotional Intelligence** - Develop skills to understand and manage emotions.
- Conflict Resolution** - Learn how to resolve conflicts peacefully and effectively.
- Leadership** - Gain insights into becoming an effective leader.
- Project Management** - Understand the principles of managing projects.
- Decision Making** - Learn how to make informed and rational decisions.
- Problem Solving** - Develop creative solutions to complex problems.
- Communication** - Improve your verbal and written communication skills.
- Teamwork** - Learn the importance of working well with others.
- Customer Retention** - Discover strategies to keep your customers happy and loyal.
- Product Development** - Gain insights into creating new products or services.
- Supply Chain Management** - Understand the flow of goods and services from suppliers to customers.
- Inventory Management** - Learn how to track and manage your inventory effectively.
- Quality Control** - Discover methods to ensure high-quality products and services.
- Customer Feedback** - Learn how to gather and act on customer feedback.
- Brand Management** - Understand the importance of a strong brand identity.
- Marketing Strategy** - Develop a clear and actionable marketing plan.
- Sales Techniques** - Learn effective sales strategies and techniques.
- Business Development** - Discover ways to grow your business and attract new clients.
- Financial Analysis** - Gain skills in analyzing financial statements and trends.
- Business Plan** - Learn how to write a comprehensive business plan.
- Legal Compliance** - Understand the legal requirements for running a business.
- Insurance** - Learn about different types of business insurance and their benefits.
- Human Resources** - Discover best practices for hiring, managing, and retaining talent.
- Operations Management** - Gain insights into optimizing business operations for efficiency.
- Customer Experience** - Learn how to create exceptional customer experiences.
- Business Ethics** - Understand the importance of ethical behavior in business.
- Industry Trends** - Stay up-to-date on the latest developments in your industry.
- Business Writing** - Improve your skills in writing business documents and reports.
- Public Relations** - Learn how to manage your company's public image and reputation.
- Business Negotiation** - Discover effective negotiation techniques for business deals.
- Contract Management** - Understand the importance of clear and enforceable contracts.
- Business Analytics** - Learn how to use data to make informed business decisions.
- Business Innovation** - Discover ways to foster a culture of innovation and creativity.
- Business Growth** - Learn strategies for scaling your business and increasing revenue.
- Business Sustainability** - Understand the importance of sustainable business practices.
- Business Resilience** - Discover how to build a business that can withstand economic challenges.
- Business Success** - Gain insights into the mindset and habits of successful business owners.

**EL PASO LOCOMOTIVE FC VS. DETROIT CITY FC**

Founded in 2018, El Paso Locomotive FC is El Paso's premier soccer club, competing in the USL Championship since 2019. [Click here for details](#)

**SEPTEMBER 7, 2024 7:00 PM**  
1 Ballpark Plaza, El Paso, TX 79901

**Venue:** Southwest University Park

<https://t.co/hllnYld9Ak>

**Upcoming Event: TXARNG Single Soldier Event** in San Antonio, TX 20-22 September 2024 open for registration. Venue is TBD. Deadline for registration is 9/4/2024.

Program covers 5 meals, lodging, and parking. This event is a MUTA 6 for anyone that has approval to attend ILO Drill. The SM will need to cover incidental fees, and Saturday Dinner. There will not be childcare at this event.

**MIKE SALAZAR AND JOSE LUIS ZAGAR**

Venue: Plaza Theatre  
Admission: Ages 18 and older

**SEPTEMBER 7, 2024 8:00 PM**  
125 W Mills Ave, El Paso, TX 79901

**BUY TICKETS**



PAY DATES FY24							
TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid	OLS Rally Point
TF EAST	28 Jun – 29 Jul	31	6-7 Aug	30 Jul – 31 Aug	33	6-9 Sep	
TF WEST	29 Jun – 30 Jul	31		31 Jul – 31 Aug	32		
TXSG	30 Jun – 31 Jul	31		1 Aug – 31 Aug	31		



# ★ LONE STAR PULSE ★

TF INFO



5 SEP 2024

## CHAPLAIN'S CORNER

Please Remember If you or a loved one are experiencing thoughts of suicide, you are not alone. Call the Veteran's Crisis Hotline at 9-8-8 and visit <https://www.veteranscrisisline.net/> to learn more.

THESE THREE DIGITS COULD SAVE A LIFE

CALL 988 and Press 1 to reach the Military Crisis Line

TEXT 838255

CHAT 988lifeline.org/chat



★ U.S. ARMY

## NEWS UPDATE

[15 ISIS militants killed, 7 US troops injured during Iraq raid | ArmyTimes.com](#)

[Army's blunt trauma tests on pigs, cadavers may aid body armor designs | ArmyTimes.com](#)

[Army launches cognitive screening to track new soldiers' brain health | ArmyTimes.com](#)

[How Navy chiefs conspired to get themselves illegal warship Wi-Fi | ArmyTimes.com](#)

[What lessons did the US Army learn from the Gaza aid pier mission? | ArmyTimes.com](#)

STARS AND STRIPES  
**ArmyTimes MilitaryTimes**

## Upcoming Releases



**Visions of Mana**  
**Platform:** PlayStation 4/5, Switch & PC  
**Genre:** RPG & Adventure  
**Release Date:** August 29, 2024



**Star Wars: Outlaws**  
**Platform:** PS5, Xbox Series X/S & PC  
**Genre:** Action Adventure  
**Release Date:** August 30, 2024

**Emio - The Smiling Man: Detective Club**  
**Platform:** Switch  
**Genre:** Adventure  
**Release Date:** August 29, 2024



**Pokemon Pocket**  
**Platform:** Android & iOS  
**Genre:** Card Game  
**Release date:** August 30, 2024



**Gundam Breaker 4**  
**Platform:** PlayStation 4/5, Switch & PC  
**Genre:** Action, RPG, & Fighting  
**Release Date:** August 29, 2024

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil) - Thank you, - ICT Representatives