*LONE STAR PULSE *

TF-BDE AO CENTER 🚳









21 SEPTEMBER 2023

2023 Holidays and Observances in September

•Sept. 21: International Day of Peace, World Gratitude Day, Miniature Golf Day

•Sept. 22: Hobbit Day, Dear Diary Day, Elephant Appreciation Day, American Business Women's Day, World Car-Free Day, National Ice Cream Cone Day, National Centenarian's Day, National White Chocolate Native American Day* (fourth Friday California/Nevada), National BRAVE Day* (fourth Friday)

•Sept. 23: Autumnal Equinox Day, National Checkers Day, National Great American Pot Pie Day, International Rabbit Day* (fourth Saturday), National Public Lands Day* (fourth Saturday)

•Sept. 24: National Punctuation Day, National Cherries Jubilee Day, National Gold Star Mother's and Family Day* (last Sunday), International Daughters Day* (fourth Sunday)

•Sept. 25: Math Storytelling Day, National Comic Book Day, National Cooking Day, National Family Day* (fourth Monday)

•Sept. 26: Johnny Appleseed Day, National Dumpling Day, National Pancake Day, Love Note Day, National Voter Registration Day* (fourth Tuesday)

•Sept. 27: National Crush a Can Day, National Chocolate Milk Day, National Women's Health and Fitness Day* (last Wednesday)

•Sept. 28: National Good Neighbor Day

•Sept. 29: National Veterans of Foreign Wars Day, Confucius Day, National Coffee Day

•Sept. 30: National Love People Day, National Chewing Gum Day, National Hot Mulled Cider Day, National Ghost Hunting Day* (last Saturday)





Sunset, 24 September nightfall, 25 September

Yom Kippur 'Day of Atonement') is the holiest day in Judaism and Samaritanism. It occurs annually on the 10th of Tishrei, corresponding to a secular date in September or early October. Yom Kippur is one of the two components of the "High Holy Days" of Judaism. It is also the last day of the Ten Days of Repentance.

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Join us this Saturday, Sep 23 @ 7 PM for Smiles from Heaven's 2nd Annual Glow Walk. This is a family-fun event featuring music, foam, and even more fun surprises to support kids fighting cancer. Come glow with us! More info here

Date: Sat, Sep 23 @ 9 AM Location: Uni-trade Stadium, 6320 Sinatra Dr., Laredo, TX

September is Childhood Cancer Awareness month. We are hosting a fajita cook off to benefit Smiles From Heaven. Join us for a great cause. More info here





Date: Sat, Sep 23 @ 6 PM Location: Cultura Beer Garden, 916 Salinas, Laredo,

Come join us for our 6th annual Oktoberfest. This is Laredo's biggest beer fest. Enjoy a variety of beer and fun times! More info here





7 day forecast in vour area

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PAY DATES FY23										
TASK FORCE	Period	Days	Date Paid		Period	Days	Date Paid			
TF BDE	01 Sep – 28 Sep	28	5-6 Oct		29 Sep – 29 Oct	31	6-7 Nov			
TF CENTER	01 Sep – 29 Sep	29			30 Sep – 30 Oct	31				
TXSG	01 Sep - 30 Sep	30			01 Oct = 31 Oct	31				

102°



LONE STAR PULSE

TF-BDE AO EAST









21 SEPTEMBER 2023



5K Run & Walk

We invite everyone to come support Childhood Cancer Awareness for September with a 5K walk & run.

Date: Sat, Sep 23,

Location: Municipal Park, 714 S Raul Longoria Rd,

Edinburg, TX

Cost: \$30, \$25 for teams of 10 or more

Click here to register and more info...



Have you ever wondered how forensic evidence gets tested? Come find out at the Texas DPS Crime Laboratory.

Date: Thu, Sep 21, 8:30 AM – 5 PM
Location:DPS Regional Crime Lab, 2525 N
International Blvd, Weslaco, TX





REGISTER

REMAISSANCE CANCER
FOUNDATION

8:00AM, SATURDAY, SEPTEMBER 23^{RQ} 2023

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Annual Sweat for a Cause 5K Run! Invicta Fitness and Athletic Training and the Renaissance Cancer Foundation ask you to help raise funds for the Renaissance Cancer Foundation. Race starts at 8 am on Sat, Sep 23rd @ The Eatery in Downtown Weslaco

Click here for more info



Oktoberfest has been a Fort Bliss tradition for years, so don't miss your chance to come out and celebrate with live entertainment music & more!

Date: Sep 22-23, Fri – Sat (18+), Sep 24, Sun (all

ages)

Location: 11388 Sergeant Major Boulevard, Fort

Bliss, Texas

Cost: \$30 Fri-Sat (includes beer stein), \$5 Sun Click here for more information...



Join us at the South Texas Music Festival this Saturday in San Benito, TX. Artists feature Elida Reyna, Ricardo Castillon and more. Click here for more info

Date: Sep 23, 4 – 11 PM Location: Heavin Park, 705 N Bowie, San Benito,

TX

Cost: \$5 available at gate

Walk With Us is a journey of remembrance, hope, and support that unites communities and provides opportunities to acknowledge the ways in which suicide and mental health conditions affect those we love.



Date: Sat, Sep 23, 9 AM - 12 PM

Location: H-E-B Park, 520 E 2nd St, Mercedes, TX Cost: FREE!!! No registration fee but donations are

strongly encouraged.

Click here to register and more info...





7 day forecast in your area

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LONE STAR PULSE

TF INFO







21 SEPTEMBER 2023

CHAPLAIN'S CORNER

What the 10 Plagues Teach Us About Dealing with Difficult People (from a Jewish context): Part 3

Cattle Disease: While the Torah tells us that "all of the livestock of Egypt died," Rashi explains that only the Egyptian cattle left outside, "in the field," were killed. The Egyptians could have averted the damage simply by bringing their animals inside.

Chassidism teaches that we have two souls: one animal, and one Godly. ⁹Throughout the day, and especially in difficult situations, we must remember to "bring in" our animal souls, which react strongly. For instance, when we feel attacked, our fight-or-flight instincts may influence us to express ourselves in unpleasant or combative ways that escalate and worsen conflicts. Instead of letting our inner animal out, to "go wild," we can slow down, pause, and show restraint.

Boils: Moses put the plague of boils into motion by taking a fistful of soot from an extinguished furnace that he thrust heavenward so high that the ashes reached Gd's throne of Glory before falling back down onto every person and beast in Egypt to create bolls. ¹⁰The fact that a small amount of soot managed to spread throughout the land of Egypt was miraculous.

When trying to accomplish anything, or dealing with a frustrating person or situation, put forth your best effort, but then throw it heavenward and Gd will do the rest.

-CPL Marcello Liberona, RAS, TXSG; aka Colonel Marcello Liberona, Israeli Defense Force; Theologian in Jewish Studies

NEWS UPDATE

Active-Duty troops, some DOD employees could work without pay during government shutdown, Pentagon says | stripes.com

Newest Space Force Component to stand up at Ramstein Air Base in December | stripes.com

Abrams tanks to endter Ukraine soon, Austin says at Ramstein meeting | stripes.com

Soldier reenlists while standing on division sergeant major's desk | armytimes.com

82nd Airborne chorus prepares for next round of America's Got Talent | armytimes.com

Army Times STARS STRIPES.

<u>Upcoming Releases</u>













Payday 3 Platform:

Playstation 5, Xbox Series X/S & PC

Genre:

Shooter

Release Date:

September 21, 2023



Days Of Doom

Platform: PlayStation 4|5, Xbox Series X/S, Xbox One, Switch

& PC

Genre: Role-Playing
Release Date:

September 21, 2023



Resident Evil 4: Separate Ways

Platform:

Playstation 4|5 Xbox X/S & PC Genre: Shooter

Release date:

September 21, 2023



Cyberpunk 2077: Phantom Liberty

Platform: Playstation 5, Xbox Series X/S,

& PC

Genre: Role-Playing
Release Date: September 26, 2023

GAMEINFORMER

2023 release dates



El Paso, Elsewhere

Platform: Xbox Series X/S, Xbox One & PC Genre: Action

Release Date: September 26,

2023

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: ng.tx.txarng.list.ols-info@army.mil - Thank you, ICT Representatives