

# ★ LONE STAR PULSE ★

**TF CENTER**



**30 NOV 2023**

**Who:** All TMD personnel

**What:** The current Help Desk ticketing system (ITSM/Remedy) is being replaced by AESMP (ServiceNow)

**When:** Beginning December 8, 2023

**Where:** NGB wide (All 54 states and territories)

**Why:** To align all of Army under NETCOMs ticketing systems, AESMP (Army Enterprise Service Desk)

**Effect:** Beginning on Friday the 8th of December, legacy ITSM (Remedy) will no longer accept new tickets and will direct all users to the new AESMP (ServiceNow) portal. AESMP will be the new program of record for customer issues going forward per NETCOM OPORD 230328-10G3.

The TMD Service Desk will continue to work any existing unresolved tickets in ITSM in the order they were received. Our IT team will ensure that all ongoing issues and concerns are addressed promptly until their resolution. The link to ServiceNow will be located

at: [https://portal.tx.ng.mil/J6/SitePages/service\\_desk.aspx](https://portal.tx.ng.mil/J6/SitePages/service_desk.aspx)

For questions or concerns regarding this transition, please contact our IT department at 512 782-5678. or email us at [ng.tx.txarnng.mbx.service-desk@army.mil](mailto:ng.tx.txarnng.mbx.service-desk@army.mil). We are committed to making this transition as seamless as possible and will be happy to address any questions or concerns you may have.

## Behavioral Health Program Flyer

Attached is the TMD BH Program Flyer. Feel free to share it with others and post in public spaces.

[Click here for the Office of the State Surgeon Behavioral Health Program Flyer](#)



## Winter Wonderland

Come visit the Laredo Winter Wonderland with performances, train rides, food vendors, music, a tree lighting and more.

**Date:** Thur, Nov 30, 6:30 PM  
**Location:** Jovita Idar Park, 6002 Thomas Ave.

**Cost:** Free  
[Click here for more info...](#)

## Breakfast with Santa



Get ready for a jolly time as Main Event host **Pancakes at the North Pole** with Santa. Take memorable photos with Santa and enjoy festive activities.

**Date:** Sun, December 3, 11AM – 2 PM

**Location:** Main Event, 5300 San Dario Ave, Laredo, TX

**Cost:** \$18-\$35 [Click here for more info...](#)

## Holiday Concert



**Date:** Sun, December 3, 3PM

**Location:** West End Washington Street, Laredo TX

**Cost:** \$30 [Click here for tickets and more info...](#)



Fri 1	Sat 2	Sun 3	Mon 4	Tue 5	Wed 6	Thu 7	Fri 8
73° 58°	72° 53°	74° 52°	75° 54°	72° 53°	66° 53°	71° 54°	77° 61°

**7 day forecast in your area**

### PAY DATES FY23

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF CENTER	29 Sep – 29 Oct	31	6-7 Nov	30 Oct – 28 Nov	30	6-7 Dec
TF EAGLE	30 Sep – 30 Oct	31		31 Oct – 29 Nov	30	
TXSG	01 Oct – 31 Oct	31		01 Nov – 30 Nov	30	

OLS Rally Point



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TF INFO



30 NOV 2023

## CHAPLAIN'S CORNER

### You Are What You Eat

You have likely heard the saying, "It is not what you're eating; it's what is eating you." Long before science proved that negative emotions such as envy would devastate your health, Solomon summed this truth up in his proverb.

True contentment is a source of inner peace that nurtures us, while envy corrodes and destroys the well-being of our soul and physical health. Envy is that discontent emotion you feel when you focus on the possessions or qualities of others. If this stressful, negative emotion is stored in your body, it will always override even the healthiest diet. Envy can produce stress, disrupt sleep, distort thinking, and upset digestion. By contrast, the inward peace that comes from accepting what God has given may actually improve your physical condition.

In this era of social media, envy has found fertile ground with the various platforms that showcase carefully curated highlight reels of people's lives. This constant exposure to seemingly perfect lifestyles can fuel your feelings of envy and breed discontentment.

If you measure your worth and identity on possessions or qualities of others, envy will soon fester as your focus shifts from God's blessing to what others possess. If you leave these thoughts and emotions unchecked, envy, like a cancer, will soon compromise your physical and mental health.

To stay content in a world of comparison and greed, be vigilant about the influences that trigger envy in your life. This can vary depending on your circumstances. The antidote for envy is to start by thanking God for what He has given you. Then, strive to support others in their unique journey and have a heart of genuine happiness for those who may enjoy things you don't have. By doing so, the blinders will be lifted for you to enjoy the unique gifts God has given you and the specific purpose He has designed you for. By: David Koop

### Upcoming Releases



### Turok 3: Shadow of Oblivion Remastered

**Platform:** Playstation 4|5, Xbox Series X/S, Xbox One, Switch & PC  
**Genre:** Action  
**Release Date:** November 30, 2023



### The Lord of the Rings: Return to

#### Moria

**Platform:** PlayStation 5, & PC  
**Genre:** Action  
**Release Date:** December 05, 2023

**GAMEINFORMER**  
[2023 release dates](#)

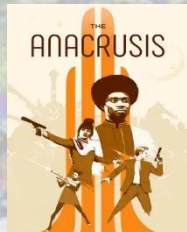
### Batman: Arkham Trilogy

**Platform:** Switch  
**Genre:** Action  
**Release Date:** December 01, 2023



### The Anacrusis

**Platform:** Xbox Series X/S, Xbox One & PC  
**Genre:** Shooter  
**Release date:** December 05, 2023



### Skater XL

**Platform:** Switch  
**Genre:** Sports Action  
**Release Date:** December 5, 2023

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: [ng.tx.txarng.list.ols-info@army.mil](mailto:ng.tx.txarng.list.ols-info@army.mil) - Thank you, - ICT Representatives

ArmyTimes STARS AND STRIPES