

★ LONE STAR PULSE ★

TF EAGLE



7 MAR 2024

Texas Military Department Jobs

The Texas Military Department has current job openings for Active Guard Reserve (AGR), Technician, Traditional, Counterdrug, State, Instructor, and Warrant Officer positions. Search below by job type, pay grade, position, and location. There are rewarding career opportunities available across the great state of Texas!

[Click here to see all open positions that need to be filled.](#)

[Click here for the accelerated hiring authority federal positions.](#)



Date: Sat, Mar 9 at 2 pm
Location: International Center for Trade, Eagle Pass, TX

Come out to support the 2024 Miss City of Eagle Pass Scholarship Pageant participants! Presale tickets available until Fri, Mar 8. More info [here](#)

Date: Sat, Mar 9 at 10 am
Location: San Juan Plaza, 600 Madison St., Eagle Pass, TX

Experience the thrill of indoor cycling taking on the outdoors. We're excited to collaborate with Elev.8 Fit Studio for a fitness adventure like no other! More info [here](#) or contact Parks and Rec office at (830)773-4343.

SATURDAY RIDE WITH ELEV.8 FIT STUDIO
 Saturday, March 9, 2024
 10 a.m.
 San Juan Plaza
 600 Madison St.
FREE
 For more information, please contact the Parks and Recreation Office at (830)773-4343.

Crisis? Get Support Now

Crisis Lines:

- Military Crisis Line/Suicide Prevention
1-800-273-8255
- DoD Safe Helpline (Survivors of Sexual Assault)
1-877-955-5247
- Substance Abuse
1-800-662-4357

buddy-check-campaign.pptx (live.com)

As we navigate the challenges and triumphs of our service together, we recognize the immense value of the bonds we share as comrades, as friends, and as a family. Now, more than ever, it is crucial that we stand together, support one another, and reach out in times of need.

Together, let us build a culture of compassion, camaraderie, and resilience within our unit. By standing shoulder to shoulder, we can overcome any challenge that comes our way.

Remember, we are stronger together.



Together Strong : Weekly Buddy Check Starts Now

1. Connect: Take the time to reach out to your battle buddy(s) regularly. Whether it's a simple text, a phone call, or a face-to-face conversation, let them know that you are there for them, no matter what.
2. Listen: Practice active listening. Sometimes, all someone needs is a listening ear. Be present, empathetic, and non-judgmental. Your support can make a world of difference.
3. Support: Offer your support in tangible ways. Whether it's helping with tasks, providing resources, or offering emotional support, your willingness to lend a helping hand can be a lifeline for someone in need.
4. Check-in: Regularly check in on your battle buddy(s). In times of stress or uncertainty, a simple "How are you?" can go a long way in showing that you care and that you are there to support them.
5. Encourage: Encourage open communication and vulnerability. Let your battle buddy(s) know that it's okay to ask for help and that seeking support is a sign of strength, not weakness.

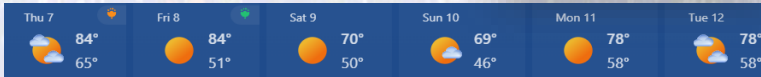
Army Suicide Prevention Program
 Army Suicide Prevention Program - I Want to Help Someone
 Do you know someone who needs help? Contact the 988 Suicide and Crisis Lifeline to learn ways you can help.
 Call: 988 and press 1 for the Military Crisis Line.
 Text: 838255
 *CHAT NOW



EXPLORE THE GALAXY
 NASA
 EXHIBITION
 7 PM
 MARCH 7, 2024

Date: Thurs, Mar 7 at 7 pm
Location: 364 Main St., Eagle Pass, TX

Prepare for an unforgettable journey as we transport you to the farthest reaches of the cosmos. Be dazzled by 24 stunning photos capturing the ever-changing surface of Earth. More info [here](#)



7 day forecast in your area

PAY DATES FY24

TASK FORCE	Period	Days	Date Paid	Period	Days	Date Paid
TF CENTER	29 Jan – 27 Feb	30	6-7 Mar	28 Feb – 28 Mar	30	4-5 Apr
TF EAGLE	30 Jan – 28 Feb	30		29 Feb – 29 Mar	30	
TXSG	31 Jan – 29 Feb	30		01 Mar – 30 Mar	30	



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TF INFO



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CHAPLAIN'S CORNER

NEWS UPDATE

But you, O LORD, are a shield around me; you are my glory, the one who holds my head high. Psalm 3:3 (NLT) Everything was going wrong that day. It seemed like hiding in a corner was the best thing for me to do. I was embarrassed, discouraged and frustrated to say the least. Event planning is rewarding when everything goes properly, but when it doesn't it can feel like the weight of the world is on your shoulders. Weights can either pull you down or make you stronger if you know how to leverage it. Most of us know how to leverage physical weight to make us stronger, but when handling spiritual and emotional weight we feel powerless. I had to ask myself, "Where does my confidence come from." Does it come from a history of achievements and success or is it in God? It is easy to hold your head high when everything is going great. However, when things go wrong, we tend to hang our heads down. Facing challenges should not send us into despair. As a result, they should deepen and activate faith, causing us to hold our heads high because God is our shield when we face difficulty.

[National Guard Temporarily Suspends Reenlistment Bonuses Due to Lack of Funding | Military.com](#)

[Why getting more female troops into Special Operations will take time | Armytimes.com](#)

[Air National Guardsman Teixeira Pleads Guilty to Leaking Classified Info, Faces Up to 16 Years in Prison | Military.com](#)

[Budget deal includes VA funding hike, firearm ownership protections | Armytimes.com](#)

ArmyTimes STARS AND STRIPES

Upcoming Releases



As Dusk Falls
Platform: PS 4|5
Genre: Action
Release Date: Mar 7, 2024



WWE 2K24
Platform: PS 4|5, Xbox, PC
Genre: Sports
Release Date: Mar 8, 2024

Akka Arrh
Platform: PS5,VR2
Genre: Action
Release Date: Feb 28, 2024



Unicorn Overlord
Platform: PS 4|5, Xbox, Switch
Genre: Action
Release date: Mar 8, 2024



Contra: Operation Galuga
Platform: PS4|5, Xbox, Switch, PC
Genre: Action
Release Date: Mar 12, 2024

GAMEINFORMER
[2024 release dates](#)

The Internal Communications Team needs your feedback. Please let us know what you would like to see. We can be reached at: ng.tx.txarng.list.ols-info@army.mil - Thank you, - ICT Representatives